



THE UNIVERSITY OF ARIZONA

OSHER LIFELONG LEARNING INSTITUTE

Life-Enriching Education for Adults 50+

Spring 2025 Catalog



**200+ Classes,
Field Trips, and
Social Events**

**In-Person in
Tucson, Green
Valley & Online**

**12 Weeks:
Jan 27 to Apr 18**

Feed Your Curiosity

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Welcome to OLLI-UA Spring 2025!

This Spring we are excited to offer **in-person classes** at our Central Tucson and Green Valley campuses, and **online classes** hosted on Zoom, in addition to a variety of field trips & social events.

Spring Session Overview

- **Spring is 12 weeks from January 27 to April 18.**
- There are 200+ offerings across OLLI-UA including social events and more dining out options to be announced.
- Central Tucson classes run Tuesday through Friday.
- Online classes run Monday through Friday.
- Green Valley classes run Tuesday and Wednesday for 8 weeks starting February 11.

Registration

- **Priority Request Registration (PRR) ends Tuesday, December 10** and runs Wednesday, December 11.
- Registration confirmation emails will be sent after PRR runs on the 11th.
- **Open Registration begins after PRR runs on Wednesday, December 11.** During open registration you can continue to add (and drop) classes first come, first serve throughout the rest of the session.

What's Priority Request Registration (PRR)?

PRR is a stress-free pre-registration process that allows you to prioritize and request the classes you most want to attend. At the end of PRR, our registration system officially enrolls members in classes, filling each seat based on the priority of the request. This is helpful for classes with limited capacities that fill quickly. **It is important to give small capacity classes a higher priority if they are important to you.** If a class fills, a waiting list is started and ordered by the next priority assigned. More detail on this process and our registration planner materials can be found on our website: oli.arizona.edu.

Memberships

What you can register for depends on the membership you purchase. Spring session is open to our 24-25 annual members and Spring/Summer 2025 members. If you are not a current member, OLLI-UA offers two membership options for this session:

The **Spring & Summer All OLLI/Central Tucson Membership** costs \$255 and allows you to register for all classes online and in-person across OLLI-UA through 6/30/2025 and includes our Central Tucson campus.

The **Spring & Summer Green Valley/Online Membership** costs \$155 and allows you to register for online classes and take classes at our Green Valley campus through 6/30/2025. **(Central Tucson classes are not included with this membership).**

Complete membership purchase details can be found at oli.arizona.edu along with information on available financial assistance.



Central Tucson Campus



The [Central Tucson campus](#) is located at [4485 N 1st Avenue, Tucson AZ](#), on the NW corner of 1st Avenue and Wetmore Road. The facility includes three large classrooms, a member lounge with coffee service for eating or just gathering, and ample parking. The Saguaro and Ocotillo classrooms are hearing loop enabled.

Green Valley Campus



The [Green Valley campus](#) is located at the Community Learning Center at [1250 W. Continental Road, Green Valley, AZ](#), and has spacious classroom space in a former community college facility operated by Pima County. It has ample parking and a lounge area.

Online Classes



[Online classes](#) are hosted using Zoom. Online offers the convenience of taking classes from anywhere, year-round – even from the comfort of home. Online expands class offerings as instructors can also teach from anywhere.

Volunteer Opportunities

As a member-run, volunteer-led organization, OLLI-UA is dependent on our members stepping up to help in ways big and small. Please consider giving your time and expertise to OLLI-UA. It is also a great way to meet fellow members and develop lasting friendships! [Click here to explore current opportunities.](#)

Planning Tools

Keep in mind all offerings are subject to change. See our website's [Class Catalogs](#) page for the latest information and additional class registration planners.

Clicking on the class titles in this catalog will take you to the OLLI-UA registration page for each class.

Need Help?

You can always email the office at ollimail@arizona.edu or call 520-626-9039, Mon – Fri, 9 AM to 4 PM

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Central Tucson Campus: In-Person Mondays

[OLLI Talks: A World on Fire: National Security Challenges Facing the New Administration](#)

Subject Area: Civic

Engagement/Community/Government,
History/Current Events

Mondays: Single Session 1:00 PM - 2:30 PM

Start: Mon 1/27/25 **End:** Mon 1/27/25

Location: Catalyst Creative Collective at Tucson
Mall **Class Size:** 150

Course Description

Speaker: Shay Stautz, National Security
Consultant

No matter what it's called, "The Axis of Resistance" or "The Revisionist Powers", everyone seems to agree that Russia, China, Iran, and North Korea collectively seek to challenge the current international order led by the U.S. and its allies. To address these issues, and others you will no doubt raise in the Q and A that follows, Shay Stautz will be speaking to us about the national security challenges the next president will surely face. Mr. Stautz obtained his M.A. in National Security Studies and a B.A. in Government and International Relations from Georgetown University. While there he founded the Intelligence and Security Discussion Group which hosted over 80 distinguished speakers, including former Cabinet officers. More recently, as Associate Vice President for National

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Policy at Arizona State University (ASU), he created the nation's only (and ongoing) annual Congressional Conference on topics ranging from cybersecurity to space research. Presently, Mr. Stautz is President of Stautz & Stautz Consulting, specializing in higher education consulting and lobbying. This will be an informative and provocative talk. Much will be learned, and many questions will be raised. A robust and opinionated Q and A will certainly follow. For a great talk and opportunity to discuss national security issues of the day, please join us.

This class is located in-person at Catalyst Creative Collective at the Tucson Mall. Catalyst is located in the heart of the Tucson Mall, on the lower level, between the former Sears and current Dillard's spaces. It is easiest accessed by the Southwest Tucson Mall entrance on the lower level, between Sears and JC Penney's.

Instructor: Al Bergesen

Al Bergesen is an emeritus professor of sociology at UA with a wide range of interests and passions, who teaches classes and organizes field trips for OLLI.

Tuesdays

[Hablando](#)

Subject Area: Literature/Writing/Language

Tuesdays: 12 Sessions 9:00 AM - 10:30 AM

Start: Tue 1/28/25 **End:** Tue 4/15/25

Location: Palo Verde Room **Class Size:** 20

Course Description

This is a class where the students and the SGL converse in only in Spanish. This is a class for students with at least an intermediate knowledge of Spanish. Students can choose some topics for conversation and activities for our conversations. YouTube videos, Spanish language music and in-

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class situations, where we pretend to be elsewhere, are some of the ways conversation is stimulated. This class also reviews different grammatical topics, and a student inspired vocabulary list is generated each week.

Instructor: Susan Sotelo

Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving an MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

[Slavery in America From Colonialism \(1600\) Through Reconstruction \(1876\)](#)

Subject Area: History/Current Events

Tuesdays: 7 Sessions 9:00 AM - 10:30 AM

Start: Tue 1/28/25 **End:** Tue 3/11/25

Location: Ocotillo Room **Class Size:** 45

Course Description

The class will cover a brief history of slavery around the world prior to 1500 and the history of slavery in America. Topics will include the first slaves in 1619 sold by a Dutch slave ship to settlers in Jamestown, Virginia, and finish with the Civil War and Reconstruction. Discussions will include Indentured servants and Bacon's Rebellion causing the move to slave labor, Middle Passage, Underground Railroad, slave codes, slave riots, slave catchers, the Three-Fifths Compromise, King Cotton, Free Blacks,

Manifest Destiny's effect on slavery, the Compromises to keep the country from War, the Fugitive Slave Act, Uncle Tom's Cabin, Popular Sovereignty, Bleeding Kansas, John Brown, Lincoln, Secession, Reconstruction, the 13th, 14th, and 15th Amendments, and much more.

Instructor: Jerry Howell

Jerry Howell has taught OLLI classes for over 5 years. He has 46 years of teaching experience at the high school and college level. He received his B.A. from San Jose State University, M.S. from Cal Poly, San Luis Obispo, and Ph.D. from Oregon State University. His teaching experience has included graduate-level courses and Advanced Placement in U.S. History, Human Geography and World History.

[A History of American Musical Theater](#)

Subject Area: Arts/Culture

Tuesdays: 5 Sessions 11:00 AM - 12:30 PM

Start: Tue 1/28/25 **End:** Tue 2/25/25

Location: Saguaro Room **Class Size:** 55

Course Description

Musical theater is a form of theatrical performance that combines songs, spoken dialogue, acting and dance with humor, pathos, love, and anger... all communicated through words, music, and movement. American musical theater emerged in the 1870's and continued into the early 1900's with productions by Gilbert and Sullivan, Harrigan and Hart, George M. Cohan, Jerome Kern, Florenz Ziegfeld and many more.

These musicals were followed by such groundbreaking works as Show Boat, Oklahoma, My Fair Lady, Hair, A Chorus Line, Les Misérables, Rent, The Producers, Wicked, and Hamilton. Class sessions will include theater history, relevant

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background information and a very impressive array of video musical clips.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced OLLI member and has participated as a student, class tech, co-leader, as well as serving on the OLLI board.

[Levi's and Lace: Women Who Made History in Arizona](#)

Subject Area: Arizona History/Culture

Tuesdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Tue 1/28/25 **End:** Tue 2/18/25

Location: Ocotillo Room **Class Size:** 45

Course Description

While these women may not be the most famous Arizona women, all made their mark on the early history of Arizona as it became a territory and a young state. The women are recognized for their fortitude in the face of adversity, their confrontation of extraordinary and sometimes dangerous situations, their adventuresome spirit, and their dedication to improving the lives of others.

Class sessions will highlight women of the land, women who healed and saved lives, women entrepreneurs, women who educated, women of the arts, or women of the law.

Instructor: Patricia Howell

Patricia Howell has taught OLLI classes and hosted field trips for the Southeast OLLI Campus for three years. She has 40 years of teaching and education administration experience at the high school and college level. Patricia received her B.S. and M.S. from Chadron State College in Nebraska and Ed.D. from Portland State University in Oregon. She has served as a high school assistant principal and principal, assistant superintendent of curriculum and instruction, and superintendent of schools.

[Memoir Writing: You Have a Story to Tell](#)

Subject Area: Literature/Writing/Language

Tuesdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Tue 1/28/25 **End:** Tue 4/15/25

Location: Palo Verde Room **Class Size:** 10

Course Description

We all have a story to tell.

In this class, participants prepare personal essays that detail memorable life experiences. Each week, we meet, read, and discuss the essays written in advance. Each author will receive gentle, constructive, and supportive feedback related to their writing.

Participants are asked to honor an 800-word/5-minute reading time limit in order to accommodate all class participants.

Discovering one's personal writing style, voice, and effectiveness are part of the fun we enjoy in this class. All writing levels are welcome.

Instructor: Michael Marshall

Michael Marshall retired from corporate life in 2016 and relocated to Tucson from Southern California in 2022. Michael and his partner lead active lives devoted to gardening, tennis, reading, writing, and travel. They enjoy spending time with family and

friends on both coasts and worldwide. His favorite time of year is spring, when the Tucson Festival of Books takes place in our city.

Beginning Knitting

Subject Area: Crafts/Cooking

Tuesdays: 12 Sessions 1:00 PM - 2:30 PM

Start: Tue 1/28/25 **End:** Tue 4/15/25

Location: Palo Verde Room **Class Size:** 30

Course Description

In Beginning Knitting, the first half, we will learn the basic stitches: How to Cast On (putting the stitches on the needle), Knit Stitch, Purl Stitch, Bind Off (how to stop). You will also learn some "Hints and Tricks" to make a perfect garment. The second half will be devoted to making a project, a scarf, a poncho or a short-sleeved tee. I do not provide materials. For the first half bring a ball of yarn and compatible sized needles for the yarn. I strongly suggest natural fibers, not acrylic or polyester! For needles I suggest circular needles. For your project we can discuss the fiber, amount, etc., in class. My emphasis is to teach in a therapeutic manner (will explain what this is in class!) Men are also invited to join the class, after all, men invented or created knitting!

Instructor: Kathe Haskell

Kathe Haskell has been a knitter since she was 4 years old. She had a yarn shop but briefly. She designed and created custom items and loves to teach! She is fascinated to notice how beneficial knitting is for neurological stimulation, how it helps with focus and concentration, dexterity, and is known to calm hand tremors and ease arthritis.

The Master of Suspense Film Director Sir Alfred Hitchcock

Subject Area: Arts/Culture

Tuesdays: 4 Sessions 1:00 PM - 2:30 PM

Start: Tue 1/28/25 **End:** Tue 2/18/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Alfred Hitchcock was one of the most influential film directors of the 20th Century. His macabre sense of humor and his flare for the bizarre made most of his films box office hits.

He was asked what he wanted on his tombstone.... his answer "this is what they do to bad little boys".

When Hollywood thought he was all washed up in the 1960's he responded with a little film entitled "Psycho" which shocked the world. Explore this unique man in this four-week encore retrospective.

Instructor: Philip Wenstrand

Philip Wenstrand spent most of his life in the media. For 30 years he worked in commercial television news and documentary production. He is graduate of Linfield College and the Brooks Institute.

Contemporary Mexican Literature

Subject Area: Literature/Writing/Language

Tuesdays: 8 Sessions 3:00 PM - 4:30 PM

Start: Tue 1/28/25 **End:** Tue 3/18/25

Location: Saguaro Room **Class Size:** 30

Course Description

In this class, we will read three recently published books by Mexican authors: Trash by Sylvia Aguilar Zéleny, Lost Children Archive by Valeria Luiselli, and Fury by Clio Mendoza. The goal of the class is to

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exercise one's skills of reading contemporary literature while simultaneously building an understanding of the themes and styles being developed in Mexico today. Though the texts are available in English, the instructor will provide support for students interested in reading portions of the texts in Spanish. Since these are new texts, participants in the past semester of Contemporary Mexican Literature are welcome to participate.

Instructor: Caroline Tracey

Caroline Tracey is a writer whose work focuses on culture, water, and migration in the Southwestern US, Mexico, and their borderlands. She holds a PhD in Geography from the University of California–Berkeley. Her first book, *Salt Lakes*, will be published by W.W. Norton in 2026. Her reportage has appeared in the *New Yorker*, *New York Review of Books*, the *Guardian*, the *Nation*, and in Spanish in *Nexos*. She speaks Spanish and Russian and lives between Tucson, Arizona and Mexico City.

[Documentaries to Make You Think](#)

Subject Area: Social Sciences

Tuesdays: 12 Sessions 3:00 PM - 5:00 PM

Start: Tue 1/28/25 **End:** Tue 4/15/25

Location: Ocotillo Room **Class Size:** 65

Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least 5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online.

Instructor: Mallory Riegger

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

[Architecture of the Brain Game and the Neuroscience of Early Development](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 9:00 AM - 10:30 AM

Start: Tue 2/4/25 **End:** Tue 2/4/25

Location: Saguaro Room **Class Size:** 45

Course Description

An exploration using Harvard's Brain Architecture Game: While good exercise for our aging brains, this game was designed by Harvard's Center for the Developing Child to engage members of the Village in "understanding the science of early brain development – what promotes it, what derails it, and what are the consequences for society."

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Part 1: Everyone is invited to participate in building models of neural networks using pipe cleaners which may, following game rules, be strengthened years 1 - 5 by straws representing positive life circumstances based on “the luck of the draw” of Life Experience cards. A weight is added for “toxic” circumstances years 6-8.

Part 2: Early brain neuroscience or “What’s going on in there?” builds on the game. We’ll examine how experience determines brain construction after birth as it drives synaptogenesis (synapse formation) and “pruning” or specialization, especially during the “sensitive” earliest years of extraordinarily rapid brain growth. We’ll look at the cumulative impact of positive and toxic life experiences on resilience in the face of “tolerable” experiences, on the life trajectory and on society. A list of resources in Pima County will afford points of contact for Village organizations that help families raise our community’s children, both in preventing toxic stress and in ensuring the consistent availability of adult-child “serve and return” interactions that are required for optimal language and brain development throughout the first years of life - volunteers and donations always welcome. (I have no affiliation with any of them.)

Instructors: Dorothy Johnson, MD, FAAP, Susan Hopkinson

DJ, AKA Dorothy Johnson, MD, FAAP, Developmental Pediatrician, practiced in university-based and private pediatric practices and directed a multidisciplinary developmental pediatric practice in San Diego. Subsequent to working as a PCC Instructor for 10 years, she now embraces her third career as volunteer educator/consultant with The Center for Neurosciences Foundation focusing on early development. She served on the Pima First Things First Council for 16 years and sits on the Child Parent Centers’ Health and Nutrition Committee. Education: Colorado College (BA, MCL),

University of Chicago's Pritzker School of Medicine (MD, AOA), Pediatric Residency at University of Rochester, NY. Additional training: UCSD, USD, UNC and NAU.

Susan Hopkinson is the Director of Fundraising and Operations at The Center for Neurosciences Foundation. Her duties include scheduling educational events, recruiting volunteers, writing grant proposals, organizing fundraising events, and coordinating Brain Bus activities. The mission of the Foundation is to promote care of brain health through public engagement and empower everyone to optimize the development and functioning of their brain and nervous system to the peak of their potential throughout their lifetime. Susan’s background in Marketing Management enables her to wear many hats in this position.

[Immigration: A World-Historical Approach](#)

Subject Area: History/Current Events, Social Sciences

Tuesdays: 4 Sessions 1:00 PM - 2:30 PM

Start: Tue 2/4/25 **End:** Tue 2/25/25

Location: Saguaro Room **Class Size:** 55

Course Description

The narrative regarding immigration tends to be polarized between a “humanitarian obligation to receive” and “racially based restriction.” The goal of these sessions is to add global and historical context; to suggest alternatives to the debate. What were the social and economic contexts at the time of different waves of migration to the United States? How are the issues of migration confronting other countries similar or different to those of the United States?

Session One: World on the move; International Reactions: walls, crocodiles, and lions

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Session Two: Discourse versus reality

Session Three: Understanding the anti-immigrant sentiment in a world-historical context

Session Four: Conditions of forced displacement; thinking about solutions

Instructor: Kathleen Schwartzman

Kathleen Schwartzman received a PhD in Sociology from the University of Chicago and is Professor Emerita at the University of Arizona. Her interests include the economic and political consequences of globalization for less developed countries. She has written about Portugal, Cuba, South Africa, Mexico, and Brazil. In her recent book *The Chicken Trail: Following workers, migrants and corporations across the Americas* (2013), she examines the impact of globalization and NAFTA on the North American poultry industry, focusing on dual displacement: of African American workers in the southeast United States and subsequently, of rural workers in Mexico.

[A Look at the Latest Science Fiction Short Stories](#)

Subject Area: Literature/Writing/Language

Tuesdays: 6 Sessions 3:00 PM - 4:30 PM

Start: Tue 2/11/25 **End:** Tue 3/18/25

Location: Palo Verde Room **Class Size:** 30

Course Description

After leading assorted OLLI science fiction short story classes and a class on SF TV series, Stella and Susan became curious about current science fiction stories and writers and went down the rabbit hole again. "A Look at the Latest Science Fiction Short Stories" is the result. Through perusing stories from nominees/winners of several recent prestigious science fiction awards (Hugo, Locus, Nebula, etc.), and suggestions from previous speakers, they selected several stories. Some classes will have a

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speaker from the community (academics, authors, etc.) at the beginning of class, followed by author/story discussion led by the SGL. Most speakers stay for the discussion. Links to the selected stories will be made available so they can be read or listened to (many have an audio option) online.

Instructors: Stella Miles, Susan Rubin, Dave Nichols
Stella Miles has an administrative background, and her career has been in academia. She is a poet with a self-published chapbook. A desire to know what the world will be like 100, 1,000, 10,000 years or more from now fuels Stella's love of science fiction.

Susan Rubin is a retired social worker who has done training and led many groups. Vying with her dad to see who got to read the weekly Science Fiction magazine first began Susan's lifelong interest in science fiction. Susan and Stella met at OLLI and discovered their mutual interest.

Dave Nichols is a retired federal civil servant with a background in adult training, project management and logistics. He enjoys hiking and cinema; and is an avid reader across many genres, including science fiction, savoring how "Fiction reveals truth that reality obscures." (Ralph Waldo Emerson). Science fiction at its best can illuminate the past, inform the present and sow the seeds of a possible future.

[Lighthouses: Silent Sentinels of the Sea](#)

Subject Area: History/Current Events

Tuesdays: Single Session 9:00 AM - 10:30 AM

Start: Tue 2/18/25 **End:** Tue 2/18/25

Location: Saguaro Room **Class Size:** 55

Course Description

Lighthouses have guided mariners since antiquity. Arising in the earliest sea going cultures, these

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silent sentinels of the Sea have wielded a powerful influence on our history, culture, and art. This visual tour, featuring over 100 photographs of some of the most beautiful lighthouses in the world, will focus on the evolution, structure, and function of these silent sentinels of the sea. A special section will describe their use as both geopolitical tools and weapons in the modern world.

Instructor: Tom Anderson

Captain Tom Anderson is a retired Naval Flight Surgeon. During his 30-year military career, he lived and practiced medicine on, over, and sometimes even under the sea. He now devotes his time researching, writing, and speaking about ideas and events that are changing our world. His current research interests include maritime geopolitics, contemporary maritime affairs, and the future of the international maritime community. Tom's academic achievements include a BS in Applied Mathematics, an MS in physics, a PhD in Physics, a Doctor of Medicine degree, and an MPH in International Health. His hobbies include flying sailplanes, woodworking, diving, and traveling.

[Mozart. Mahler. Mendelssohn. Monteverdi. The Great M Composers.](#)

Subject Area: Arts/Culture

Tuesdays: Single Session 11:00 AM - 1:00 PM

Start: Tue 2/25/25 **End:** Tue 2/25/25

Location: Ocotillo Room **Class Size:** 65

Course Description

These four composers did it all and continue to inspire over the centuries. We will sample their best works for a greater appreciation of their remarkable contributions to the classical repertoire.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

[Love Songs](#)

Subject Area: Arts/Culture

Tuesdays: 3 Sessions 11:00 AM - 12:30 PM

Start: Tue 3/4/25 **End:** Tue 3/18/25

Location: Saguaro Room **Class Size:** 55

Course Description

"Just an old-fashioned love song. One I'm sure they wrote for you and me.

Just an old-fashioned love song, coming down in three-part harmony."

Our list of highlighted love songs will include songs of regret, best love songs, songs of apology, and songs of second chance. A short list of highlighted singers will include James Taylor, Temptations, Beach Boys, Beatles, Doris Day, Elton John, Chicago, Journey, and many more.

Some of the songs: You Are Always on My Mind, Little Things Mean a Lot. I've Got You Under My Skin, Will You Still Love Me Tomorrow, If I Could Turn Back Time, I Will Always Love You, and Something in the Way She Moves.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

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Susan is an experienced OLLI person who has worked as a student, co-leader, class tech, and serves on the OLLI board.

[iPad Tech Tips with Laura and Nemo \(March 4\)](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 11:00 AM - 12:30 PM

Start: Tue 3/4/25 **End:** Tue 3/4/25

Location: Ocotillo Room **Class Size:** 30

Course Description

Experienced iPad instructors will provide helpful hints and splendid secrets about your iPad that you never knew were possible. Bring your Apple iPad to class. All versions of the iPad are welcomed. They must be up to date with the latest iPadOS system and be fully charged. We will demonstrate and practice a mix of our favorite beginning, intermediate, and advanced features and answer as many of your general and specific questions as we can during class. We'll also include tips on how to get additional information and support on your own.

Instructors: John "Nemo" Nemerovski, Laura Couchman

Laura Couchman and John Nemo have been teaching iPad together for many years. We will bring our expertise to OLLI to help our members make the most of their amazing iPads.

[George Orwell's 1984: Just a Dystopian Novel or a Prophecy?](#)

Subject Area: History/Current Events

Tuesdays: 2 Sessions 1:00 PM - 2:30 PM **Start:**

Tue 3/4/25 **End:** Tue 3/11/25

Location: Ocotillo Room **Class Size:** 20

Course Description

Most of us have read George Orwell's novel '1984' in high school or in a freshman English class at college. In my experience, reading that novel at so young an age has not made it as critical a book as it should be taken today. It has much current relevance. It takes a progression of historical and political experience and discernment to truly understand the significance of Orwell's narrative and geopolitical setting. It is worth exploring this famous novel today.

Instructor: Zsombor Zoltan

Zsombor Zoltan is a retired computer programmer/systems analyst. He has a life-long interest in science, technology, literature, visual and performing arts, and politics. He considers himself a 'renaissance person'. Zsombor is of Hungarian descent and has been a resident of Tucson since 2015. He has enjoyed partaking in many classes offered by OLLI and values the enrichment he has received.

[Death Doula Speed Dating](#)

Subject Area: DIY/Self-Help, Health/Wellness

Tuesdays: Single Session 1:00 PM - 2:30 PM

Start: Tue 3/11/25 **End:** Tue 3/11/25

Location: Saguaro Room **Class Size:** 30

Course Description

Join us for an enlightening 90-minute in-person event introducing and discussing the role of Death Doulas. This session will provide a comprehensive overview of how Death Doulas offer emotional, spiritual, and logistical support to individuals and families during the end-of-life transition.

Participants will gain insights into the holistic services provided by these compassionate professionals, who help demystify the dying process and promote open conversations about death.

We will conclude the event with a unique "speed dating" session, allowing attendees to interact with multiple doulas. This segment is designed to help participants find a doula that resonates with their personal needs and preferences.

Instructors: Jim Schultz, Yvette Bredice

Jim graduated from the University of Denver (BS, BA & MBA.) Developing his Human Capital Management skills over a 30-year career with Walgreens, his responsibilities as Divisional Vice President - Performance Development covered training, management & executive development, productivity improvement, human factors engineering, H.R. planning, and media production. He serves on the Board of Choice and Dignity, a non-profit focused on helping people achieve their death-related goals.

In 2016 Yvette Bredice began to search for deeper meaning to her life.

After her own near-death experience/memory surfaced, she understood why the idea of death

never really scared her. Her near-death experience opened up a place of knowing and accepting that Life and Death are really ONE event.

She loves being and working as a Doula. She also volunteers for TMC Hospice here in Tucson, AZ. She has taught several classes at TMC Seniors.

[Nuclear Weapons: Swords of Damocles](#)

Subject Area: Science/Math/Technology

Tuesdays: 5 Sessions 9:00 AM - 10:30 AM

Start: Tue 3/18/25 **End:** Tue 4/15/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Nuclear weapons have existed for 80 years and, since WW2, have not been used against any nation. In this course, I will explore the history, science and technology of these devices, as well as proliferation, defense, and geopolitical dynamics. The goal is to understand how they work, how they are made, and delivered. I will show the current global status and how to think about risk in this inescapable global environment. We investigate strategic and 'tactical' uses and look at the effects and after-effects of nuclear weapon detonations. We will present possible future scenarios and possible paths towards reducing risks to humanity. Along the way, we will meet heroes and villains, depending on your point of view.

This class will be challenging for all of us, but denial or ignorance of the issues only increases the risks. Note: some of the materials, data, and videos, could be disturbing.

Instructor: Lockwood Carlson

Lockwood received his PhD in theoretical cosmology after graduate studies at Princeton University and the University of Wyoming. His research was on electromagnetic radiation in curved

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spacetimes. He was a Corporate Scientist at 3M Company and has taught courses in physics and technology at the University of Minnesota and OLLI programs there and at the University of Arizona.

[iPad Tech Tips with Laura and Nemo \(March 18\)](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 11:00 AM - 12:30 PM

Start: Tue 3/18/25 **End:** Tue 3/18/25

Location: Ocotillo Room **Class Size:** 30

Course Description

Experienced iPad instructors will provide helpful hints and splendid secrets about your iPad that you never knew were possible. Bring your Apple iPad to class. All versions of the iPad are welcomed. They must be up to date with the latest iPadOS system and be fully charged. We will demonstrate and practice a mix of our favorite beginning, intermediate, and advanced features and answer as many of your general and specific questions as we can during class. We'll also include tips on how to get additional information and support on your own.

Instructors: John "Nemo" Nemerovski, Laura Couchman

Laura Couchman and John Nemo have been teaching iPad together for many years. We will bring our expertise to OLLI to help our members make the most of their amazing iPads.

[OLLI Talks: Neuroscience Tips on Surviving Today's Culture Wars](#)

Subject Area: DIY/Self-Help, Health/Wellness, History/Current Events, Philosophy/Spirituality/Religion

Tuesdays: Single Session 1:00 PM - 2:30 PM

Start: Tue 3/18/25 **End:** Tue 3/18/25

Location: Ocotillo Room **Class Size:** 50

Course Description

Speaker: Al Kaszniak, Professor of Psychology Emeritus, UA

Join us for some neuroscience tips on how to better handle the stress of, and more deeply understand the dynamics of, today's Culture Wars. You know how it goes: "It's all Fake news; no, it's not! Yes, it is" and on and on. As Americans we are at war with ourselves, and the battles are often right within our family or relatives and close friends. The result: hurt feelings, ruined friendships, and wishing you had a better way to deal with all this craziness. Well, luckily you do, for Al Kaszniak, formerly professor of Psychology, Neurology, and Psychiatry at the University of Arizona, has agreed to share with us key findings from neuroscience that may help us understand and manage these differences. We are inviting you to join him and your OLLI peers to learn about, discuss, and share your own experiences with understanding, coping with, and hopefully finding a better path forward in this Age of the Culture Wars.

Instructor: Al Bergesen

Al Bergesen is an emeritus professor of sociology at UA with a wide range of interests and passions, who teaches classes and organizes field trips for OLLI.

Optimize Your Energy Systems for Better Metabolic Health

Subject Area: Health/Wellness

Tuesdays: Single Session 9:00 AM - 10:30 AM

Start: Tue 3/25/25 **End:** Tue 3/25/25

Location: Saguaro Room **Class Size:** 50

Course Description

When we hear "metabolism," we often think about burning calories and managing weight, primarily through Basal Metabolic Rate (BMR)—the calories burned at rest. However, metabolism encompasses much more, including cellular processes that convert food into energy, essential for sustaining life. A balanced intake of proteins, fats, and carbohydrates is crucial for a healthy metabolism.

This class will cover topics such as Basal Metabolism vs. Cellular Metabolism, how the body uses carbohydrates, fats, and proteins, what are Mitochondria and how do they convert food energy into cellular energy (ATP), indicators of metabolic health, tools for assessing metabolic health, and strategies to boost energy and improve metabolic health.

Instructor: Jill Jones

For the past 12 years Jill Jones has been serving as a volunteer speaker at TMC for Seniors, where she develops and delivers proactive wellness presentations. During her 33-year career at IBM, she held positions in systems engineering, marketing, education, and consulting. Her interest in hypnosis led her to start a part-time business, Inspired Motives, where, for 8 years, she trained others in self-hypnosis and visualization techniques. Jill obtained a B.S. in Mathematics and Natural Sciences from Indiana University of PA and was certified as a hypnotist by the National Guild of Hypnotists.

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A Moment in Time

Subject Area: History/Current Events

Tuesdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Tue 3/25/25 **End:** Tue 4/15/25

Location: Saguaro Room **Class Size:** 55

Course Description

Our past is replete with moments that change the course and direction of our lives. Two men on sand dunes in North Carolina build and fly an airplane and life as we know it, is dramatically changed. A small sampling of more moments would include, Hiroshima, J. Salk, Al Jolson, Sept. 11, DeWitt Clinton, C. Lindbergh, Jackie Robinson, Rosa Parks, and Thomas Edison. These discoveries, inventions, and actions make sense of our past and help define our future. Our class objectives are to "frame the moments," explore their historical significance, and with the assistance of video clips, take us back to that never forgotten time.

Instructors: Arnie Bianco, Susan Williams

Arnie is a long time retired educator as a teacher, school principal and adjunct instructor at Chapman University, NAU, Brown Mackie College, and Brookline College. Arnie is an active OLLI member. He has been a teacher for a number of years and has done relationship workshops in more than 10 states. He is a published author who has always loved to teach. His wife is presently a teacher.

Susan is an experienced OLLI student, co-leader, class tech and member of the OLLI board.

[1959. The Year Music Changed Forever. Jazz. Classical. Folk. Country. Pop.](#)

Subject Area: Arts/Culture

Tuesdays: Single Session 11:00 AM - 1:00 PM

Start: Tue 3/25/25 **End:** Tue 3/25/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Dave Brubeck. Buddy Holly. Ella Fitzgerald. Bobby Darin. Miles Davis. Roy Orbison. Joan Baez. The list goes on in the year when recording and performing greatness helped propel all genres of music in magnificent and far reaching ways. Donna only had eyes for El Paso, and Kookie combed through Kansas City doing la bamba with a worried man.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

[Live Theater in Tucson: Behind the Scenes](#)

Subject Area: Arizona History/Culture, Arts/Culture, Travel/Entertainment

Tuesdays: 3 Sessions 1:00 PM - 2:30 PM **Start:**

Tue 3/25/25 **End:** Tue 4/15/25 - **No Class April 8**

Location: Saguaro Room **Class Size:** 45

Course Description

For theater enthusiasts and those who are curious about it, get a peek behind the scenes into Tucson's vibrant live theater world. Learn about theater as an art form and get an overview of the various theaters

in town. Understand the difference between the types of theater (such as community vs. equity). Peer into the backstage workings of the theater, and get an understanding of the operations, costs, funding sources, job roles, and production challenges. You'll receive a significant discount coupon to see a live performance in Tucson. Then participate in one of our lively Talk Back discussions to share your opinions, thoughts and questions about the show you saw.

Instructors: Chad Davies, Sharon Root, Brian Handley

Chad is the Executive Director of the Winding Road Theater Ensemble. He is a retired professional trainer and computer networking/software marketing professional from Silicon Valley. Chad has 20+ years of theater experience in the San Francisco Bay Area and Tucson as an actor, director, and producer. He studied Theater Arts at San Jose State University.

Sharon is a retired professional trainer/speaker who owned a Silicon Valley training company. She is Treasurer of the Board of Directors of Winding Road Theater Ensemble and an enthusiastic supporter of theater in Tucson.

Brian studied acting at Pima Community College and is President of the Board of Directors of Winding Road Theater Ensemble. He is currently consulting on the design and build of large commercial data centers around the country.

Reducing Drama in Your Life

Subject Area: DIY/Self-Help, Health/Wellness

Tuesdays: 3 Sessions 3:00 PM - 4:30 PM

Start: Tue 3/25/25 **End:** Tue 4/8/25

Location: Palo Verde Room **Class Size:** 30

Course Description

Drama with family and friends can plague us, creating tension, stress, frustration, and resentment. Is someone else making you unhappy? Are you feeling like a victim of their bad behavior? Are you exhausted from helping needy people in troubling situations? Do complainers draw you into their dramas? Then it's time to take action to reduce the drama in your life! Learn what creates drama, the roles that we all play in it, and how to break the cycle that traps us. We will apply some principles of emotional intelligence to increase our personal awareness and open the doors to lasting emotional healing. You can achieve more peace and happiness in your life by learning how you get pulled into toxic dynamics and understanding how to resolve those dynamics to free yourself from that dreaded drama. Repeat students are encouraged to attend for deeper understanding and to practice what you've learned.

Instructor: Sharon Root

Sharon Root is a professional trainer/speaker who owned a Silicon Valley training company for 21 years. She has been teaching Emotional Intelligence and Women's Empowerment programs for over a decade. Sharon is also the Treasurer of the Board of Directors for Winding Road Theater Ensemble.

The Mexican Mural Movement: History, Politics, Legacy

Subject Area: Arts/Culture

Tuesdays: 3 Sessions 3:00 PM - 4:30 PM

Start: Tue 3/25/25 **End:** Tue 4/8/25

Location: Saguaro Room **Class Size:** 55

Course Description

Begun by government commission immediately following the Mexican Revolution early in the 20th century, Muralism is an art movement in which the government commissioned artists to make art that would educate the mostly illiterate population about the country's history and present a powerful vision of its future.

Inspired by the idealism of the Revolution, artists created epic, politically charged public murals that stressed Mexico's pre-colonial history and culture and that depicted peasants, workers, and people of mixed Indian-European heritage as the heroes who would forge its future. The murals were executed in techniques including fresco, encaustic, mosaic, and relief. José Clemente Orozco, Diego Rivera, and David Alfaro Siqueiros were considered the leaders of the Mexican Muralism.

Instructor: Isabel Aaronson

Isabel Aaronson is a former art teacher, museum buff and long time member of OLLI-UA Tucson. She has led several previous art-related study groups.

Plant Based Cooking: An Introduction

Subject Area: Crafts/Cooking, Health/Wellness

Tuesdays: 3 Sessions 9:00 AM - 10:30 AM

Start: Tue 4/1/25 **End:** Tue 4/15/25

Location: Saguaro Room **Class Size:** 20

Course Description

This 3-session class is for people who want to eat a plant-based diet but need help making the transition.

By the end of the class, you will be able to:

1. Convert your kitchen and cooking to plant-based cooking
2. Use healthy cooking techniques and tools
3. Easily plan or prepare food for travel or at home

Instructor: Andrea Edmundson

Dr. Edmundson's pre-retirement career was as a professional adult educator. She learned many disciplines by teaching them. For you, she applies her skills to her most recent passion, whole foods plant-based cooking. She simplifies what she's learned from intensive certification courses (Forks Over Knives Ultimate Cooking Course, Plants Plus) and other events (Plant Powered and Thriving, Vegan Holiday Cooking, etc.) to everyday cooking. Andrea is not a medical expert or nutritionist but shares key lessons she has learned in the past two years.

Finches, Tortoises and Moai: Islands in the Pacific Ocean

Subject Area: Travel/Entertainment

Tuesdays: 2 Sessions 11:00 AM - 12:30 PM

Start: Tue 4/1/25 **End:** Tue 4/8/25

Location: Ocotillo Room **Class Size:** 65

Course Description

The 3,000 square mile Galapagos archipelago forms the Galapagos Province of Ecuador, located 560 miles from the mainland. Rapa Nui (Easter Island) is a 63 square mile island located 2,200 miles from mainland Chile, of which it is a Special Territory.

The Galapagos are known for their rich biological diversity, including numerous bird species, giant tortoises and marine iguanas. They also are known for Charles Darwin's observations of adaptations unique to finches on individual islands, contributing to the development of his thoughts presented in his book, "On the Origin of Species by Means of Natural Selection, or the Preservation of Favoured Races in the Struggle for Life."

Rapa Nui is known for its nearly 900 giant stone Moai and the discredited contention that the island's residents committed "ecological suicide" by cutting down the island's trees. It is one of the world's most remote inhabited islands – the nearest inhabited land, Pitcairn Island, is more than 1,200 miles away.

We will explore the geography, geology, anthropology and biology of these two very different Pacific Island communities, featuring photographs from my visits.

Instructor: Lee Compton

Lee trained as a molecular biologist. He has taught and conducted research, served as Chair of the NYS Biodiversity Research Institute and led a very small biotechnology company. Born a Californian, he

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spent half his life in New York City where, as a member of Manhattan Community Board 4, he worked on rezonings leading to the creation of the High Line elevated park and Hudson Yards. He is an enthusiastic amateur photographer; in addition to photographing Virgil, his favorite local subject, and the southwest, he has photographed in Western Europe, Central and South America, Australia and Africa.

[Off-the-Beaten Path: Europe's Hidden Gems](#)

Subject Area: Travel/Entertainment

Tuesdays: 3 Sessions 1:00 PM - 2:30 PM **Start:** Tue 4/1/25 **End:** Tue 4/15/25

Location: Ocotillo Room **Class Size:** 50

Course Description

You may be a seasoned traveler and have explored much of Europe. But are you looking to dig a little deeper to find "hidden gems?" Then this class is for you!

Please join in as we explore lesser-known destinations that make for worthwhile experiences away from the crowds. We'll discuss geography, top attractions, regional food, events and much more. The class will have a discussion format so we can all learn and share ideas.

Instructor: Ben Gentile

Ben is a retired tourism professional that has lived and worked all over the world. He taught tourism for 14 years at a community college in Oregon. He is a dual citizen (Italy/US) and wants to share his travel knowledge with like-minded members.

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[iPad Tech Tips with Laura and Nemo \(April 15\)](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 11:00 AM - 12:30 PM

Start: Tue 4/15/25 **End:** Tue 4/15/25

Location: Ocotillo Room **Class Size:** 30

Course Description

Experienced iPad instructors will provide helpful hints and splendid secrets about your iPad that you never knew were possible. Bring your Apple iPad to class. All versions of the iPad are welcomed. They must be up to date with the latest iPadOS system and be fully charged. We will demonstrate and practice a mix of our favorite beginning, intermediate, and advanced features and answer as many of your general and specific questions as we can during class. We'll also include tips on how to get additional information and support on your own.

Instructors: John "Nemo" Nemerovski, Laura Couchman

Laura Couchman and John Nemo have been teaching iPad together for many years. We will bring our expertise to OLLI to help our members make the most of their amazing iPads.

[Sustainability and Our Common Future \(Central Tucson\)](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 3:00 PM - 4:30 PM

Start: Tue 4/15/25 **End:** Tue 4/15/25

Location: Saguaro Room **Class Size:** 55

Course Description

We are at an unprecedented time in the history of our planet. For the first time ever, our actions as

humans are having worldwide consequences. We are clearly at a crossroad where the actions of this generation will have a tremendous impact on all future generations. Humans are capable of great things – of tremendous advances and equally tremendous harm.

This session will showcase where we are, how we got there and our possible paths forward. It will present some sobering facts of our impact on the environment and some real reasons for hope for a sustainable common future.

Instructor: Tim Schoonhoven

Tim is a registered professional civil engineer with 40-years of experience. His work has impacted a variety of overlapping human conditions from affordable housing to trail systems to stormwater quality. His work is all about connections and sustainability. He has a BS degree in Civil Engineering from Montana State University and a Certificate in Sustainability from MIT in Cambridge, Massachusetts. Tim has been married for 37 years to his amazing wife, Kathy. He has a great son, daughter-in-law and baby granddaughter who live in Tucson, Arizona. Tim is also a triathlete and a hospice volunteer.

Wednesdays

[The Great Courses: The Skeptic's Guide to American History](#)

Subject Area: History/Current Events

Wednesdays: 12 Sessions 9:00 AM - 10:30 AM

Start: Wed 1/29/25 **End:** Wed 4/16/25

Location: Palo Verde Room **Class Size:** 30

Course Description

“The Skeptic's Guide to American History” by The Great Courses. History professor Mark A. Stoler,

Ph.D. This 24-lecture course examines many commonly held myths and half-truths about American history and prompts you to think about what really happened in the nation's past—as opposed to what many believe happened.

Kathleen Reeve will repeat this popular Great Courses series presented by Leslie Bailey some six years ago. Discussions were lively. No preparation or reading required.

This is how Stoler describes his class.

For most Americans, the history of the United States is built on a set of long-accepted beliefs about events. But what if those beliefs—however familiar—don't really tell the whole story? Our knowledge of history—or what we believe to be history—is the lens through which we view and interpret the world.

To take a skeptical approach to American history is not to dabble in imaginative conspiracy theories or doubt the essence of the American experiment; rather, it's to reframe your understanding of this great nation's past and actually strengthen your appreciation for what makes American history such a fascinating chapter in the larger story of Western civilization.

Sorting through misconceptions, myths, and half-truths about America's past is also a chance to revisit some of the country's greatest episodes, figures, and themes from a fresh perspective and an opportunity to hone the way you think about and interpret the past, the present, and even the future.

Delivered by award-winning scholar and Professor Mark A. Stoler of The University of Vermont, these lectures demonstrate how reconsidering some of the most popular notions of U.S. history can yield new (and sometimes startlingly different) interpretations of political, social, economic, and military events. For details on the 24 lectures see TheGreatCourses.com/courses.

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Instructor: Kathleen Reeve

Kathleen Reeve has taught a range of OLLI classes from book discussions, as James Shapiro's "Contested Will" to Colin Woodard's "American Nations" to Jon Meacham's "The Soul of America", to a series on the American west in the 19th century, to "Love at the Movies". She was a photojournalist for the Chicago Sun-Times and loves living in Tucson.

[Rwanda: More than Gorillas](#)

Subject Area: Travel/Entertainment

Wednesdays: Single Session 9:00 AM - 10:30 AM
Start: Wed 1/29/25 **End:** Wed 1/29/25

Location: Saguaro Room **Class Size:** 55

Course Description

After 26 years of waiting to see gorillas in the wild, number one on my travel wish list, the opportunity came in September 2024 with a trip to Rwanda. My private guide was two years old in 1994 when the genocide against the Tutsis happened and grew up in an orphanage. He was a wealth of knowledge and patient with answering many questions including some on Rwanda's complicated history and reconciliation. Along with animal tracking and game safaris, touring included visits to Roz's home (Imbabazi Orphanage), Two Fires Gallery, the Gorilla Guardian's Village, Ellen DeGeneres Gorilla Campus of the Dian Fossey Foundation, Nyamirambo Women's Center, and a city tour of Kigale. The takeaway from my two-week trip is that Rwanda has come a long way in 30 years and its people are resilient.

Instructor: Carol Hubbard

Carol loves travel and the experiences of foreign lands and people. She especially loves sharing her adventures with others and encouraging them to try something new.

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[Film Discussion Class](#)

Subject Area: Arts/Culture

Wednesdays: 12 Sessions 11:00 AM - 12:30 PM
Start: Wed 1/29/25 **End:** Wed 4/16/25

Location: Saguaro Room **Class Size:** 55

Course Description

We will meet weekly to discuss a film that has been watched by the class. The film selection will be assigned to or voted upon by class members. A class member will lead the discussion for the movie. This class has been ongoing for several years and generates lively and engrossing discussions as members dissect and compare films, frequently calling upon their own personal and professional experiences. Please consider volunteering to lead the discussion. A guide to how to lead the discussion will be given out prior to the first session. Movies will be from The Loft, local theaters as well as Netflix/Amazon.

Instructor: Rob Getlan

Rob Getlan has always been an avid film enthusiast. This class has been a great way to see and discuss the new releases from Netflix, Amazon, and The Loft.

[Howard Hughes: An Airman, His Aircraft and Great Flights](#)

Subject Area: History/Current Events

Wednesdays: 6 Sessions 11:00 AM - 12:30 PM
Start: Wed 1/29/25 **End:** Wed 3/5/25

Location: Ocotillo Room **Class Size:** 30

Course Description

Although there have been many books, magazine articles, and even a movie about Howard Hughes, few have emphasized his prowess as an airman. Yet

Howard Hughes was a visionary before his time. He built and flew the fastest airplane in the world, set transcontinental and inter-continental speed records, paved the way for the first inter-continental airline routes, pioneered the use of composites, built and flew the largest seaplane in the world, and established one of the most important aerospace companies of the 20th Century. How and why, Howard Hughes was able to accomplish these achievements will be the main theme of this course.

Instructor: Thomas Wildenberg

Thomas Wildenberg is an award-winning scholar with special interests in aviators, naval aviation, and technological innovation in the military. He is the author of a variety of naval topics as well as biographies of Joseph Mason Reeves, Billy Mitchell, Howard Hughes, and Charles Stark Draper.

[News and Views](#)

Subject Area: History/Current Events

Wednesdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Wed 1/29/25 **End:** Wed 4/16/25

Location: Palo Verde Room **Class Size:** 30

Course Description

News and Views is an exciting class with many views about issues (topics) we discuss in class.

This is a class participation format.

We learn from each other and have a bit of fun.

Instructor: Terry Coleman

Terry has been in OLLI for many years and lives in Tucson.

[Intermediate Knitting](#)

Subject Area: Crafts/Cooking

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Wed 1/29/25 **End:** Wed 3/5/25

Location: Palo Verde Room **Class Size:** 30

Course Description

Intermediate Knitting is for the knitter that knows the basics. It's the next step after the Basic Knitting class. This class will have an easy project, or the student can bring in a pattern of their choice. I will help with understanding the pattern, finishing techniques, and any other questions that may arise as it always does! Instruction in continuing aspects of knitting will also be explained. Again, I encourage men to join, continuing the necessity to enhance the brain and to ward off uncomfortable issues with hands, arms, back and neck, learned in the Basic Knitting class.

Instructor: Kathe Haskell

Kathe Haskell has been a knitter since she was 4 years old. She had a yarn shop but briefly. She designed and created custom items and loves to teach! She is fascinated to notice how beneficial knitting is for neurological stimulation, how it helps with focus and concentration, dexterity, and is known to calm hand tremors and ease arthritis.

[Take Control of Your Healthcare: Learn to Advocate for Yourself!](#)

Subject Area: Health/Wellness

Wednesdays: 8 Sessions 1:00 PM - 2:30 PM

Start: Wed 1/29/25 **End:** Wed 3/19/25

Location: Saguaro Room **Class Size:** 45

Course Description

Are you overwhelmed by the healthcare system? Learn to take control and get the best healthcare possible. You can be a patient advocate for yourself and loved ones! This course will explain the basics of how the current system works – and doesn't. Learn to prepare for a doctor visit. You will receive guidance on how to work with doctors, nurses, and other care providers to form a trusting relationship. Understand how to stay safe at the hospital. Discover techniques on how to speak up and what to say when you're worried about you or your loved one's care. The most common safety hazards for patients in health care will be provided – and how you can help prevent them. Learn how to anticipate, manage, or prevent problems and roadblocks to good care. Understand the importance of medication reconciliation and how to avoid polypharmacy. Know the importance of having Advanced Directives in place for a time when you can no longer speak for yourself.

Instructor: Nancy Keller

Dr. Keller is a seasoned healthcare professional with over 40 years of experience, and an independent board-certified patient advocate committed to helping clients navigate the complexities of the healthcare system. Her passion is understanding how the human body works. She holds a bachelor's degree in Health-Related Professions from the University of Arizona, and a PhD in Pathology from Vanderbilt University. As a Medical Science Liaison in the pharmaceutical industry, she educated

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physicians and clinical researchers in academia and private practice.

[Emotional Triggers: Learn to Identify and Manage Them](#)

Subject Area: DIY/Self-Help, Health/Wellness

Wednesdays: 3 Sessions 3:00 PM - 4:30 PM

Start: Wed 1/29/25 **End:** Wed 2/12/25

Location: Palo Verde Room **Class Size:** 30

Course Description

What really upsets you? Do you (or someone you know) react instantly or intensely to criticism, rejection, abandonment, or sarcasm? Do you have a fight or flight reaction, get tense, feel overwhelmed, or blurt out something you regret? Most everyone has triggers that set us off; it's a question of knowing what they are and learning how to manage them so we can take appropriate action, rather than immediately reacting out of anger or fear. We will apply principles of emotional intelligence, emotional courage, consciousness, mindfulness, and presence as tools to work with our triggers. Understanding our triggers can go a long way to helping us manage our reactions to external stimuli – both people and circumstances. We will openly and honestly discuss what triggers us and how we react and learn how to calm ourselves to respond in a healthy way. Note: this class is intended to discuss typical emotional triggers in relationships and is not intended to treat any medical or psychological conditions; please consult with a professional for reactions that significantly impact relationships.

Instructor: Sharon Root

Sharon Root is a professional trainer/speaker who owned a Silicon Valley training company for 21 years. She has been teaching Emotional Intelligence and Women's Empowerment programs for over a

decade. Sharon is also the Treasurer of the Board of Directors for Winding Road Theater Ensemble.

Psychology Lecture Series

Subject Area: Science/Math/Technology, Social Sciences

Wednesdays: 8 Sessions 3:00 PM - 4:30 PM

Start: Wed 1/29/25 **End:** Wed 3/19/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Come and learn about the exciting research happening in the Psychology Department! This lecture series will feature graduate students, postdoctoral fellows, faculty, and research staff in the U of A Psychology Department who are eager to share their research and ideas with you. Each presenter will provide a lecture in an area where they have specific training or expertise. This lecture series is meant to give our students and staff an opportunity to interact with the Tucson community and increase their skills at explaining their research to the public. We'll have topics on aging, sleep, emotions, and more! We hope you'll join us for this semester's Psychology Lecture Series!

Instructor: Alana Muller

Alana Muller is a PhD candidate in Psychology at the University of Arizona studying navigation, spatial memory, and aging in the Human Spatial Cognition Lab.

Radio and TV in the US and Tucson, a Cultural History

Subject Area: Arizona History/Culture, History/Current Events, Travel/Entertainment

Wednesdays: 4 Sessions 9:00 AM - 10:30 AM

Start: Wed 2/5/25 **End:** Wed 2/26/25

Location: Saguaro Room **Class Size:** 55

Course Description

This is a Four Session series of the History of Radio and TV in the US and in Tucson, culturally speaking. It is about programming, not wires, tubes and engineering.

Session One.

A very personal look at broadcasting nationally, and from a local angle starting with a kid who wanted to be on the radio, to the guy who helped change the business nationally.

Session Two.

Radio, the beginning and its Golden Age. Twenty-five glorious years until it was felled by the sword of TV. What it was like in the beginning here in Tucson.

Session Three.

Television, the offspring of radio and how it grew up. Why was Tucson so late to the party?

Session Four.

Where do we go from here? Will it be over-the-air, cable, or streaming? Will we recognize it in 20 years?

Instructor: Ray Lindstrom

Before Ray Lindstrom was recognized as a nationally known marketing expert, he was in radio and TV in Tucson in the 50's and 60's. He started as a disc jockey, TV clown and worked his way up to multiple station ownership. He is a member of the

Arizona Broadcasters Assn Hall of Fame. He knows broadcasting from the inside out.

Cutting the TV Cord: Pros and Cons and Best Options

Subject Area: Science/Math/Technology

Wednesdays: 2 Sessions 1:00 PM - 2:30 PM

Start: Wed 2/5/25 **End:** Wed 2/12/25

Location: Ocotillo Room **Class Size:** 45

Course Description

TV viewing is rapidly migrating from traditional satellite/cable TV services to an increasing reliance on internet TV streaming options. This 2-session class will candidly overview the issues, opportunities, and best options for tailoring your personal TV streaming set-up. Session 1 will overview streaming pros and cons, equipment and content options, costs, and specific decisions and actions required. Session 2 includes a demo of a typical streaming set-up and will discuss several different best practice strategies to illustrate how to tailor your set-up to your budget and viewing priorities.

Instructor: Bill Jackson

Bill Jackson, a University of Minnesota alum, has a background in sociology/psychology undergrad and industrial relations graduate studies (Carlson School). He is a retired business consultant and leads numerous classes and presentations on TV cord-cutting and related topics.

Nautical Origin of Everyday Expressions

Subject Area: History/Self-Help

Wednesdays: Single Session 3:00 PM - 4:30 PM

Start: Wed 2/12/25 **End:** Wed 2/12/25

Location: Saguaro Room **Class Size:** 55

Course Description

Many common phrases have their origins in nautical history and tradition. Colorful expression such as “fly by night”, “chew the fat”, “as the crow flies”, “spic and span”, “let the cat out of the bag”, and “the whole nine yards” provide an interesting historical insight into seafaring life.

Instructor: Tom Anderson

Captain Tom Anderson is a retired Naval Flight Surgeon. During his 30-year military career, he lived and practiced medicine on, over, and sometimes even under the sea. He now devotes his time researching, writing, and speaking about ideas and events that are changing our world. His current research interests include maritime geopolitics, contemporary maritime affairs, and the future of the international maritime community. Tom’s academic achievements include a BS in Applied Mathematics, an MS in physics, a PhD in Physics, a Doctor of Medicine degree, and an MPH in International Health. His hobbies include flying sailplanes, woodworking, diving, and traveling.

[Psychology of Successful Aging](#)

Subject Area: Social Sciences

Wednesdays: 7 Sessions 9:00 AM - 10:30 AM

Start: Wed 2/19/25 **End:** Wed 4/9/25 – **No Class March 5**

Location: Ocotillo Room **Class Size:** 50

Course Description

This is an updated version of the Spring 2022 course “Cognition and Aging.” The course begins by posing the question, “What happens as we get older?” One obvious answer is that our body changes. But another answer is that changes also occur in our brain and mind. We may not remember things as well as before, we may find it more difficult to pay attention to what’s happening on the road while driving, and social relationships such as friendships may weaken or vanish. Although changes in memory, attention, and social relationships may occur as we age, the amount of change differs for different people, and it is possible to optimize cognitive and social functioning by engaging in “critical lifestyle activities” such as eating right, getting sleep, exercising both your body and your mind, taking control of your mind, and being social. This seven-session course consists of lecture, short videos, and small-group discussions designed to (1) bring you up to date on what we know about the psychology of aging, (2) give you some perspective on the life-trip we are all taking, and (3) help optimize your own personal journey.

Instructor: Bruce Goldstein

Bruce has taught OLLI courses Your Amazing Mind, Cognition and Aging, The Social and Emotional Mind, The Mystery and Science of Shadows, The Art of Shadows and Writing for Self-Discovery. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Undergraduate Teaching Award for his teaching and

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textbook writing. He is the author of two college textbooks: "Sensation and Perception" and "Cognitive Psychology" and two books for general readers, "The Mind: Consciousness, Prediction and the Brain" (MIT Press) and "Shadows: Culture, Science, and Art" (Univ of Cambridge Press).

[Birds are Extraordinary!](#)

Subject Area: Science/Math/Technology

Wednesdays: 3 Sessions 1:00 PM - 2:30 PM

Start: Wed 2/19/25 **End:** Wed 3/5/25

Location: Ocotillo Room **Class Size:** 50

Course Description

Aren't birds beautiful and fascinating? This class is about birds, but not about bird-watching. Sit back and enjoy facts and stories about some of the most extraordinary birds from all over the world. Our focus will be on species with extreme or unusual behavior, appearance, biology, or history. Lots of photos and videos!

Instructor: Bill Couchman

Bill Couchman is a lifelong amateur birder, spotting and identifying birds for 75 years (since age 7)! Bill and his wife Laura go birding locally and wherever they travel and have lived in Tucson since 2014.

[The UNESCO World Heritage Program](#)

Subject Area: History/Current Events

Wednesdays: Single Session 3:00 PM - 4:30 PM

Start: Wed 2/19/25 **End:** Wed 2/19/25

Location: Saguaro Room **Class Size:** 55

Course Description

The UNESCO World Heritage Program chooses and protects sites that have outstanding value to the common heritage of mankind. This presentation

focuses on the history of the World Heritage Program and the process of choosing sites to be included. This history will be illustrated by over 100 photographs of some of the most beautiful World Heritage sites in the world.

Instructor: Tom Anderson

Captain Tom Anderson is a retired Naval Flight Surgeon. During his 30-year military career, he lived and practiced medicine on, over, and sometimes even under the sea. He now devotes his time researching, writing, and speaking about ideas and events that are changing our world. His current research interests include maritime geopolitics, contemporary maritime affairs, and the future of the international maritime community. Tom's academic achievements include a BS in Applied Mathematics, an MS in physics, a PhD in Physics, a Doctor of Medicine degree, and an MPH in International Health. His hobbies include flying sailplanes, woodworking, diving, and traveling.

[History of Stock Market Crashes](#)

Subject Area: DIY/Self-Help, History/Current Events

Wednesdays: 2 Sessions 9:00 AM - 10:30 AM

Start: Wed 3/5/25 **End:** Wed 3/12/25

Location: Saguaro Room **Class Size:** 55

Course Description

The dreaded stock market drop. Nobody wants to see it, but they are an inevitable part of our history... and our future. In this two-session course, we will cover notable market crashes from the Panic of 1907 through 2022, and what to keep an eye on in the future. We will discuss market crash patterns, their catalysts, and their economic impacts. Can we learn from the past to prevent them? Or are they an unavoidable part of economic cycles? We will also discuss ways that those with stock market exposure

should mentally and financially approach market volatility.

Instructors: Richard Munding, Ashlyn Tucker
Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a CFA Level III Candidate.

[American Education: Why We Lost World Leadership, How Can We Reclaim It?](#)

Subject Area: Civic Engagement/Community/Government, History/Current Events

Wednesdays: 5 Sessions 11:00 AM - 12:30 PM

Start: Wed 3/12/25 **End:** Wed 4/9/25

Location: Ocotillo Room **Class Size:** 65

Course Description

For decades, the United States was the world leader in education. We pioneered universal public schools, were the first to send most students to high school and after World War II ushered in widespread post-secondary education. Our leadership created the foundation for "the

American Century.” But in recent years, we have slipped behind many advanced countries in student test scores and attainment. Our prized post-secondary system has become mired in massive student debt and boasts the highest college drop-out rate in the world. All this means we are no longer preparing many students to lead successful lives as adults.

This class will look at what went wrong, and how we might reclaim our leadership. We will begin by looking at how the US achieved world leadership. The second session will examine how we began slipping in the 1980s and the subsequent national efforts to restore our leadership, including No Child Left Behind, which mandated testing. In the third class, we will look at why a Pathways approach to career success offers a far more promising approach to preparing all students.

The fourth class will look at the crisis in teaching, including the shortage of teachers. OLLI students who have been teachers will be invited to contribute. Finally, the fifth class will examine the challenges facing our colleges and universities.

This will be offered as a hybrid class. I expect to invite some outside experts to speak as well. Class participation will be strongly encouraged.

Instructor: William (Bill) Symonds

Bill Symonds has previously taught the “Understanding Journalism” course at OLLI. Now his American Education course will draw on his second career as national advocate for education reform. Starting in 2007, Bill spent 7 years at Harvard, where he founded and led the Pathways to Prosperity Project, and was invited to speak in many states about its seminal Pathways to Prosperity report. In 2014, he moved to Arizona as Director of the Global Pathways Institute, based at ASU. Bill believes that to prepare all children for success, we need to offer multiple pathways to careers, rather than just four-year college.

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[TMA Docents' Art Talks](#)

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Wed 3/12/25 **End:** Wed 4/16/25

Location: Ocotillo Room **Class Size:** 65

Course Description

These beautiful Art Talks by Docents from Tucson Museum of Art will once again be presented covering a wide range of art topics. We delight in offering new and interesting talks.

Instructor: Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and a SGL who has led classes in literature, drama and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

[What's Inside a Computer Chip, How Is It Made, and How Does It Work?](#)

Subject Area: Science/Math/Technology

Wednesdays: 2 Sessions 9:00 AM - 10:30 AM

Start: Wed 3/19/25 **End:** Wed 3/26/25

Location: Saguaro Room **Class Size:** 55

Course Description

Modern integrated circuit computer chips and the machines that make them are likely the most complex pieces of technology ever devised by humans. In this 2-session course we will look at how the machines work that make the chips, how the chips are manufactured, and the circuitry that's inside them. We'll then go on to see what is actually happening inside the chip when a program is run.

Instructor: Richard Shoemaker

Rick Shoemaker was Professor of Optical Sciences, Chemistry, and Radiology at the University of Arizona. While there he taught and did research in a variety of areas, including laser physics, quantum mechanics, and the design and construction of computer systems for laboratory automation and nuclear medicine data acquisition.

[Is Home Sharing the Right Choice for You?](#)

Subject Area: DIY/Self-Help

Wednesdays: Single Session 1:00 PM - 2:30 PM

Start: Wed 3/26/25 **End:** Wed 3/26/25

Location: Saguaro Room **Class Size:** 30

Course Description

This single session class is an opportunity to learn about the benefits of home sharing as an option for a safe, simple and sustainable lifestyle by sharing living expenses and combatting boredom, isolation and loneliness. It is also an opportunity to get to know yourself on deeper levels, become more aware of your “Must Haves and Can’t Live Withs” and make the right choice for aging in the right place as you approach old age and end of life. The DIY educational process espoused by Tucson Home Sharing is not an overnight decision, but a healthy one indeed.

Instructors: Lucy Read, Deb Knox

Lucy Read has a keen, compassionate entrepreneurial spirit and a varied background in healthcare, human services, business, education, consulting and non-profit program management. She has been a guest speaker, team builder, and workshop facilitator for many non-profits, government agencies and professional organizations. Her current passions address the issues of aging (in the right place), caregiver

support, loneliness and affordable housing (especially for older adults) as she serves in educational roles and as a founding member of the Board of Directors for Tucson Home Sharing, Inc.

Deb Knox is a life coach, author of "Putting Your Spirit to Work" and co-founder of Tucson Home Sharing. She is an experienced workshop facilitator and the poster child of Tucson Home Sharing, Inc. Deb and I have been working together on various community projects (Microbusiness Advancement Center, Tucson Consultants Association, United Way, PCOA, ELDER Alliance etc.) for nearly 20 years.

[To Self-Publish or Not to Self-Publish: That is the Question](#)

Subject Area: Literature/Writing/Language

Wednesdays: 2 Sessions 3:00 PM - 4:30 PM

Start: Wed 3/26/25 **End:** Wed 4/2/25

Location: Saguaro Room **Class Size:** 55

Course Description

Are you considering self-publishing your book or story, but don't know how to go about it? Then this course is for you. Self-published author, Elaine A. Powers, will guide authors through the steps of preparing a book for self-publishing, the self-publishing process, and the subsequent marketing.

Instructor: Elaine Powers

Biologist and author Elaine A. Powers has published over twenty-five science-based books through her Lyric Power Publishing, LLC, including rhyming picture books and adventure tales. She was featured on AZPM's Arizona Illustrated and in the Arizona Daily Star. She served as the Pima County Library System's Writer-in-Residence. She is involved in conservation efforts as a member of the IUCN. Several of her books are translated into other languages, including the endangered Chamoru of Guam. Elaine teaches an enrichment program for

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the Marana USD and gives talks at many schools. She has a YouTube channel featuring her characters and scientific tidbits.

Thursdays

[Actual Innocence: Wrongful Convictions in America](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events, Social Sciences

Thursdays: 8 Sessions 9:00 AM - 10:30 AM

Start: Thu 1/30/25 **End:** Thu 3/20/25

Location: Ocotillo Room **Class Size:** 65

Course Description

There is no greater injustice in any legal system than convicting an innocent person. While no criminal justice system can ever be perfect, we need to do all that we can to minimize wrongful convictions. To do that, we must understand why wrongful convictions occur in America, how to reverse those convictions and how to reduce the frequency of wrongful convictions in the future. The many causes of wrongful convictions include honest mistakes, sloppy work by police, prosecutors and defense lawyers, junk science, politics, money and flat-out lying. The procedural hurdles in getting these cases back into court are high. When an injustice has been identified and the legal issues resolved, we need to decide how to help those who have been harmed by these injustices. This course will explore these issues by drawing on actual cases of wrongful convictions as well as on the research conducted by lawyers, sociologists and others to understand and address the issues surrounding wrongful convictions in America. I will do my best to minimize the legal jargon; this course is designed

for non-lawyers. There will be 10 to 15 pages of reading for each class.

Instructor: Hugh Patrick Furman

Pat graduated from law school in 1980, practiced criminal defense for seven years, and then joined the faculty at the University of Colorado School of Law, where he taught for twenty-five years. He ran a criminal defense clinic that represented indigent criminal defendants, and taught courses in criminal law, criminal procedure, evidence, trial advocacy and wrongful convictions. He was a founding member of the Colorado Innocence Project and started a Wrongful Convictions Clinic at the Law School. He retired in 2017 and moved to Arizona, but continues to teach trial advocacy to lawyers, law students, college students and high school students.

[Aura by Carlos Fuentes](#)

Subject Area: Literature/Writing/Language

Thursdays: 4 Sessions 9:00 AM - 10:30 AM

Start: Thu 1/30/25 **End:** Thu 2/20/25

Location: Palo Verde Room **Class Size:** 20

Course Description

In 1986 Carlos Fuentes published this mini novel. This class will read the paperback edition of Aura which contains both the original Spanish and an English translation (ISBN#0374511713). We will discuss the novel in Spanish. This novel has been used as reading material for basic Spanish language classes at the university level. It is not a novel for begging Spanish learners but is accessible to those at the intermediate level. We will discuss the history and culture of Mexico which forms a backdrop for the novel. The novel is also available as an Audiobook and is highly recommended as it is read by the author.

Instructor: Susan Sotelo

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Susan Sotelo began her teaching career as a graduate student instructor (GAT) at the University of Arizona. After receiving a MA, she taught K-12 students. Then she returned to the University of Arizona and again taught in the basic language program. After receiving her PhD in Spanish Language Literature, she taught at Pima College. She also taught privately and tutored students. Then she took a job teaching for the Spanish Club in Sun City Vistoso in Oro Valley. This began her experience as a teacher of adult/senior students. She has taught Spanish at OLLI Central Tucson since 2015.

[Bird Songs, Calls, and Sounds](#)

Subject Area: Science/Math/Technology

Thursdays: 3 Sessions 9:00 AM - 10:30 AM

Start: Thu 1/30/25 **End:** Thu 2/13/25

Location: Saguaro Room **Class Size:** 50

Course Description

What's the difference between a bird's song and its call? Do birds learn their songs from their parents, or are they innate? What is the "dawn chorus"? Do birds have vocal cords?

Humans speak, but birds SING! In this course we'll take a deep dive into how, when, where, and why birds make the beautiful, striking, and amusing sounds we hear and wonder about. Learn how birds use their bodies to make sounds and to communicate with one another about what matters most in their quest to survive and reproduce.

Examples are from a wide variety of species, not limited to birds found in Arizona. Lots of videos, photos, and audio clips!

To equip you to indulge your curiosity with real birds, we'll include a few minutes for you to learn and practice using the free Merlin Bird ID app. With this easy tech tool, your phone can be your bird

guide by listening to and identifying the birds around you.

The class sessions (the same material) will be offered twice: in person at Central Tucson, and online via Zoom. Choose the learning format you prefer. No field trips accompany this course but do register separately for OLLI birding Field Trips if you'd like to go birding with Laura.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 20 years. Laura and her husband Bill go birding locally and wherever they travel and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding including sparrows, beginning birding, habitat, woodpeckers, hummingbirds, and birders' tech tools. She is a Pima County Master Naturalist and a volunteer field trip leader for OLLI and for the Tucson Audubon Society.

[A Study of Historical Bisbee from 1877 to Now](#)

Subject Area: Arizona History/Culture

Thursdays: 6 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 3/6/25

Location: Ocotillo Room **Class Size:** 30

Course Description

This class will begin with Bisbee's origins, its history of mining, architecture over the years, topography, climate, wildlife, population changes and why, famous people who frequented the town and much more. We will continue through the decades with how the town has evolved, highlighting its attractions to include art and culture, unique hotels, tours and cuisine.

To experience Bisbee up close, I plan to organize an optional field trip to stay a full day or overnight in

one of the historic hotels to take advantage of tours and enjoy restaurants and cultural events.

Instructor: Stephanie Lynam

Stephanie Lynam has taught English as a Second Language and regular English classes at the college level for 25 years in Nebraska and Iowa. Currently she is a substitute teacher at two school districts in Tucson. Originally from the copper mining town of Globe, and from a ranching family, Ms. Lynam returned to Arizona a year ago after more than 40 years away. She is a history enthusiast and embraces all of Arizona's rich history.

Outside Looking In

Subject Area: Literature/Writing/Language

Thursdays: 9 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 3/27/25

Location: Saguaro Room **Class Size:** 20

Course Description

Will be discussing the novel *The Outsiders* by SE Hinton, regarding always being on the outside but wanting to be on the inside. Students will need a copy of the *Outsiders* to follow along. Discussing certain aspects of the book. Reading by participants is greatly encouraged.

Instructor: Edwin Holliday

Edwin is a Native Tucsonan. He attended local schools and served in the Army. He lived in various states, worked in hotels and sales. He enjoys reading, cooking, traveling, and socializing with family, friends, and cats. He has a background in local theater. Come share in his adventures.

The Aspern Papers by Henry James

Subject Area: Literature/Writing/Language

Thursdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Palo Verde Room **Class Size:** 30

Course Description

The text for this class is *The Aspern Papers and Other Tales* by Henry James. I will use the Penguin Classics Edition, edited by Michael Gorra. The ISBN is 978-0-141-38979-0. The book is available on Amazon and other on-line used-book sources or from local bookstores.

From this edition we will read *The Aspern Papers* and several other selections which I will assign on the first day of class. Within these separate stories, Henry James presents inter-locking concepts regarding the effects of the act of writing on both the authors and their audiences. His ideas apply to other arts, as well.

Participants are expected to read approximately 30 pages per week to prepare for class discussion.

Instructor: Suzanne Peters

Sue Peters is an experienced study group leader.

Building Your Team: Finances, Estate, and More

Subject Area: DIY/Self-Help

Thursdays: 2 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 2/6/25

Location: Saguaro Room **Class Size:** 55

Course Description

Have you built your team? Creating a collegial relationship between your professional team is an

important part of a stress-free and organized retirement. We define your professional team as your accountant, financial advisor, estate attorney, and any other individual you consider important to your plan. This course will still be applicable to individuals who fulfill one or more of these roles and do things themselves. We will discuss things that we've seen work well and where we have seen things go wrong. The objective of this course is to equip you with tools to organize your finances, estate, and legacy planning.

Instructors: Richard Munding, Ashlyn Tucker
Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a CFA Level III Candidate.

Great Decisions 2025

Subject Area: Civic

Engagement/Community/Government, History/Current Events, Social Sciences

Thursdays: 8 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 3/20/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Great Decisions is America's largest discussion program on world affairs and foreign policy. The preliminary topics for 2025 include:

American Foreign Policy at a Crossroads

U.S. Changing Leadership of the World Economy

U.S.-China Relations Author

India: Between China, the West, and the Global South

International Cooperation on Climate Change

The Future of NATO and European Security

AI and American National Security

American Foreign Policy in the Middle East: Taking Stock and Looking Ahead

This class will be interactive and there is an expectation of class participation. We will be seeking guest speakers with expertise in these topics as well. If any members have experience or contacts related to any of these areas.

The Foreign Policy Association publishes a Great Decisions Briefing Book and DVD each year. Independent purchase of the briefing book is highly recommended. It can be ordered online from the Tucson Great Decisions Association (TGDA.org) for ~\$35. An electronic version will be available from Amazon and other e-book retailers in 2025.

Instructor: Jeri Aldridge

After teaching English, Speech, Debate and History for 32 years in Evergreen, Colorado, Jeri retired and moved to Tucson. She collects folk art (Mata Ortiz Pottery, Wood carvings and Fabric Art) has a B.A. in Speech Communications from the University of Denver and an M.A. in Education from Colorado University. Jeri has traveled widely to Europe, China, Guatemala, England and Scotland and has an interest in politics and micro finance.

[The Changing World Around Us](#)

Subject Area: Science/Math/Technology

Thursdays: 12 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Palo Verde Room **Class Size:** 30

Course Description

It is time to think about our world with 8 billion people. Where are we going, what do we do when we get there?

This course is a nontraditional science experience. Our story begins in the human dominated geological epoch of *Anthropocene*, a time with a world human population of 8 billion people that could alter the nature of planet earth. Indeed, *climate change* is imposing further complexity into the dynamics of human populations. To put this unique historical interval in perspective, we will discuss the contributions of *evolutionary biology* of Thomas Malthus, Charles Darwin, Annie Dillard and Rachel Carson along with the contributions of *chaos theory* of Henri Poincare, Stephen Smale and Edward Lorenz, and the contributions of *the songs in the musical South Pacific* that Richard Rogers and Oscar Hammerstein bring to Broadway, that reflect the diversity of thoughts on subjects important to the survival of humans. As the course moves along, we imagine that the final state of world population numbers does not increase forever, nor do numbers settle down to periodic

cycles or to a flatlining equilibrium but rather are always changing in an unpredictable way, how do we think about that? As a guide for class discussions, each student will receive a reader-friendly text (hand-out) of the weekly class topics.

Instructor: Robert Costantino

A PhD recipient from the Institute of Population Genetics at Purdue University, Robert Costantino has been involved with the experimental documentation of nonlinear population dynamics for many years at the Pennsylvania State University, the University of Rhode Island, the University of California at Davis, and research professor at the University of Arizona.

[Marcel Proust's Swann's Way, Reading a Masterpiece](#)

Subject Area: Literature/Writing/Language

Thursdays: 6 Sessions 3:00 PM - 4:30 PM

Start: Thu 1/30/25 **End:** Thu 3/6/25

Location: Palo Verde Room **Class Size:** 10

Course Description

"I may be dead from the neck up, but rack my brains as I may, I fail to understand why a man needs thirty pages to describe how he tosses and turns in his bed before falling asleep." So wrote a publisher to Marcel Proust in a 1913 letter rejecting *Swann's Way*. We will discuss why the "tosses and turns" passage may be the most famous in Proust's work. *Swann's Way*, the first of Proust's seven novel *In Search of Lost Time*, is a rich introduction to Proust's style, insight, and humor.

We will discuss approximately 60 pages of *Swann's Way* for each session. Using Lydia Davis's translation, for our first session please read to the break after the madeleine passage.

Instructor: Chris Harris

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Chris Harris earned a PhD in American Studies at Brown University, concentrating on intellectual history, art, and literature to 1861. He worked in the software industry writing manuals for software programmers, and for the last 25 years has enjoyed a career in fine art photography with gallery representation in Seattle, Portland, and Manhattan.

[The Federal Reserve](#)

Subject Area: History/Current Events

Thursdays: 2 Sessions 3:00 PM - 4:30 PM

Start: Thu 1/30/25 **End:** Thu 2/6/25

Location: Saguaro Room **Class Size:** 55

Course Description

Join us for a two-session course where we discuss the Federal Reserve throughout history and today. The class covers the formation, composition, and duties of the Federal Reserve. We will discuss monetary policy and transmission mechanisms, open market operations, and the Federal Reserve's relationship to interest rates and inflation. This course will also touch on how the Federal Reserve influences the stock and bond markets, the broader economy, and you as an individual.

Instructors: Richard Munding, Ashlyn Tucker
Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a CFA Level III Candidate.

[Judicial Supremacy and the Supreme Court](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events, Social Sciences

Thursdays: 3 Sessions 3:00 PM - 4:30 PM

Start: Thu 2/6/25 **End:** Thu 2/20/25

Location: Ocotillo Room **Class Size:** 65

Course Description

In 1803 the appointed US Supreme Court justices claimed the power to make judgements binding elected officials based on judicial review, and their authority to apply constitutional mandates as the supreme law of the land. The current challenges to judicial activist policy making by the court and proposed reforms are only the latest of many such power struggles between the court, Congress, the President and the states. University of Cincinnati Professor emeritus Howard Tolley will provide a historical overview of how those struggles have evolved as the balance of power has shifted.

Instructor: Howard Tolley

Prior to retirement in 2011, Howard Tolley served as a Professor of Political Science and Adjunct Professor of Law at the University of Cincinnati where for 27 years he taught undergraduate and graduate public law courses on the U.S. legal system, Supreme Court, civil liberties, and international human rights. As a professional neutral, he also served as a labor law fact finder and arbitrator. He offers Supreme Court classes for OLLI in Ohio, Florida, Oklahoma, and Arizona where he spends the winter.

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National Park Service and Emergency Response

Subject Area: Arizona History/Culture, Civic Engagement/Community/Government, Travel/Entertainment

Thursdays: 7 Sessions 9:00 AM - 10:30 AM

Start: Thu 2/20/25 **End:** Thu 4/3/25

Location: Saguaro Room **Class Size:** 55

Course Description

Session 1: Search and Rescue in Yosemite National Park - In 2023, nearly 4 million visitors came to Yosemite, the great majority of them returned home, safe and sound. But not all of them! In the last fifty years, there have been some 8500 search and rescue missions in the park. YOSAR "Yosemite Search and Rescue" is one of the elite rural and mountain rescue teams in the world. Using many outstanding and rare photos, Butch Farabee, a ranger in Yosemite for almost ten years, will graphically (well, not too graphically) show you and discuss many of these incidents. Butch has written five books on this subject, one winning the National Outdoor Book Award, 2017. Butch is also on the Friends of Yosemite Search and Rescue.

Session 2: Plane With 3 Tons of Marijuana - A large plane full of drugs disappeared into a high-elevation lake in an isolated part of the park in December 1976. Not discovered for six weeks, three tons of marijuana and two pilots would remain under the ice for over six months. Over the years, this plane wreck and the subsequent recovery of the dope, (one ton was removed illegally by "others," learn who) has taken on near-legendary repute in Sierra Nevada lore. Certainly tragic, much of the tale is also humorous. Several books as well as Podcasts, a documentary, and one movie, are based on this incident. Butch Farabee was there, at the very beginning, diving on the plane wreck under the ice,

as well as then recovering the two pilots, six months later.

Session 3: National Park Service 101 - Most of you love our national parks, but do you know much about how both the National Park Service and National Park System (there is a difference) work? How is each organized and what makes them different? There are over 22 different kinds of national park areas, not just national parks and national monuments. How is the agency organized geographically and how these areas come to be? How are they staffed, managed, and to what levels and with what amounts of funding? With 35 years of National Park Service experience and management, Butch Farabee will expose you to the basic inner workings of our national parks and the agency that manages them.

Session 4: Death in Yosemite National Park - Why Research / Document This Subject? There at least a dozen national park areas that have books about the deaths in them, written. Since 1855, nearly 1900 people have died in Yosemite and Butch Farabee has chronicled them, including writing a book about these. The park averages between 15 to 20 deaths per year, with 38 meeting their end in 1978 alone. From going over waterfalls, murder, planes wrecks, climbing, hiking, horse and buggy crashes, rocks and trees falling, suicides, drownings, lightning, and even a six-year-old being gored by a deer. Yosemite and Yellowstone have rangers who serve as Deputy Coroners and Butch was one of them for over seven years. He will explain why it is important to document these tragedies and what we can learn from them.

Session 5: National Park Service Dive Program - There are 85 million acres included within our national parks, 11 million of those acres are underwater. There are 80 national park units that include ocean and large lakes and at least 70 of these areas have some history of diving, including,

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of all places, Hubbell Trading Post on the Navajo Reservation. Beginning in at least 1934, parks have used divers to learn about the resources they protect, and, in 2019, the agency had 218 certified divers, making 7100 dives. They perform body recoveries, biological research, and underwater archaeology, including the USS Arizona Memorial in Hawaii. Butch Farabee, with over six decades of dive experience, 900 dives, and once overseeing the Service's national dive program, will discuss this largely unknown function of the Service. Butch has written a book on this subject. And there will be lots of pretty photos.

Session 6: El Camino del Diablo - The Devil's Highway, on the National Register of Historic Places, El Camino del Diablo, is a brutal, 200-mile long, prehistoric, and historic route from northern Sonora to Yuma, Arizona, then on to the mission areas of California. Used for at least a millennium by Native Americans, conquistadores, Father Kino, miners, undocumented aliens, and modern-day adventurers, El Camino crosses three large federal areas in the extreme desert of southern Arizona, which is the focus of this presentation. A reputed 400 to 2,000 lives have been lost traveling along our very own, isolated, and wild part of the Arizona-Mexico border, most from heat, exposure, and a desperate lack of water. Join Butch Farabee, who has driven this remote, four-wheel drive road six times, for a part history, part travelogue, and part informational overview of this fascinating but humbling area.

Session 7: Southern Arizona Search and Rescue & First Response History: 1901-2000 – Learn how First Response and Search and Rescue first appeared in Southern Arizona with the region's Hardrock Mining Industry. When did Fire Departments and their Rescue Services, as well as local ambulance services, begin? When did the Sheriff's Departments first form and begin their services for Cochise, Santa Cruz, and Pima Counties. How did Paramedics come

on the scene with the very popular television show, Emergency! in 1972. The first and then continued use of military and hospital helicopters and medivac services, starting in 1947. Civil Defense for the Cold War of the 1950's; the Civil Air Patrol, beginning in 1941 and saving thousands of lives around the country; the advent of mountain and desert rescue, including the acclaimed Southern Arizona Rescue Association; how and when did the Border Patrol and their incalculable contributions to SAR come to the border. Do you know about how many young aviators and soldiers died and/or needed rescuing during World War -II, while training at Davis-Monthan Air Force Base.

Butch has just finished a 599-page book on this subject, which is FREE, and on-line, and digital, that this program is based on.

Instructor: Butch Farabee

Charles "Butch" Farabee Butch Farabee is retired from the National Park Service after 35 years as a ranger and superintendent in 11 national park areas, including Grand Canyon, Yosemite, Sequoia, Kings Canyon, Glacier, Death Valley, Lake Mead and Glen Canyon. He then worked for the Texas State Parks System for four years. He is a Tucson High School graduate and holds a BS in Zoology from the University of Arizona and an MS from Cal State-Fresno in Public Administration. He spent three years on the Tucson Police Department and is a graduate of the FBI Academy. He has published six books on park ranger and search and rescue and first responder-related subjects. He is also an Eagle Scout and has explored and researched Southern Arizona for much of his life. But his pride and joy are his two sons and their families, including four grandkids.

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What Climate Crisis?

Subject Area: Science/Math/Technology

Thursdays: 8 Sessions 9:00 AM - 10:30 AM

Start: Thu 2/27/25 **End:** Thu 4/17/25

Location: Palo Verde Room **Class Size:** 30

Course Description

Real data does not support the "Climate Crisis" story. We will examine elements of the crisis story and put them in context - are heat waves new and unprecedented? What about urban heat islands and corrupted sensing systems? Are tropical cyclones getting stronger and more numerous? What about wildfires, droughts, and floods? When will the Arctic be ice-free in summer? Are the polar bears O.K?

Climate is always changing. This oft-used cliché is actually true. We will briefly review the climate timeline and then focus on the last 10,000 years (Holocene). The impacts of climate on historical periods such as the Roman Climactic Optimum, Medieval Warm Period and Little Ice Age will be reviewed.

Climate is variable. What are some of the non-CO₂ drivers of climate? How do orbits, ocean oscillations, the sun and clouds impact climate?

Are solar and wind the answer?

If there is no crisis, why do we hear so much about our impending doom?

Disclaimer: Academic Freedom and Critical Thinking

This course promotes academic freedom by exploring a range of perspectives on climate change, including critical viewpoints. Attendees are encouraged to critically evaluate the content and consult multiple sources to form a well-rounded understanding of climate science and its implications. OLLI-UA continues to offer a diverse

array of offerings on this topic and supports respectful, balanced exploration of diverse ideas.

Instructor: Bob Barry

Bob has had three careers. He was a traditional Navy line officer serving in Destroyers and riverboats. After receiving an MS in Oceanography he served 16 years as an oceanography specialist, primarily involved in Anti Submarine Warfare (ASW). His third career was as a program manager for satellite systems at Ball Aerospace. He has been an OLLI study group leader for 7 years teaching about observing the ocean from space. His emphasis has been on ocean oscillations and their impact on weather and climate.

Introduction to Aviation: How Planes Fly and Don't Crash! (Central Tucson)

Subject Area: Science/Math/Technology, Travel/Entertainment

Thursdays: Single Session 3:00 PM - 4:30 PM

Start: Thu 3/6/25 **End:** Thu 3/6/25

Location: Ocotillo Room **Class Size:** 50

Course Description

This fun and entertaining presentation will start with a very brief discussion of the physics of flight and then go on to describe the parts of an aircraft, how they fly, types of aircraft, how to fly them, weather, navigation, and an intro to the air traffic control system. You will not be a certified pilot or air traffic controller after this presentation, but you will hopefully understand more about aircraft for your personal knowledge and to give you confidence in flying, both privately and commercially.

Instructor: Bill Foraker

Bill Foraker is a multi-experienced guy. He worked in Higher Ed, in industry, and is a US Navy Veteran.

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He is an experienced pilot, musician, and airshow specialist. Bill has played drums and percussion for years, he owned and flew a Piper Comanche and a 1942 USAAF/USAF T-6 for private transportation and airshows, he has worked over 50 major airshows around the US, he was the director of sponsored programs for a state university, and he was a major gift fundraiser. Bill has given many presentations on flying, airshows, EAA AirVenture Oshkosh, the story behind percussion instruments, and fundraising.

[Death by a Thousand Cuts: Countering Society's Subtle but Widespread Ageism Bias](#)

Subject Area: Health/Wellness, Social Sciences

Thursdays: 6 Sessions 11:00 AM - 12:30 PM

Start: Thu 3/13/25 **End:** Thu 4/17/25

Location: Ocotillo Room **Class Size:** 30

Course Description

Our environment is full of subtle, sometimes almost invisible, suggestions that aging is “bad.” These negative elements have been shown to result in poorer health and a shorter life—unless understood and countered. We’ll review and document the negative images (“tottering,” “memory impaired,” “old geezers” etc.) generated by the movie, television, social media, advertising and cosmetic industries. The “thousand cuts” are evident, if subtle, even within our own families, our younger neighbors and our doctors. We’ll document these biases and show how unknowingly buying into these negative images can limit seniors. We’ll explore efforts to challenge and change the industries instrumental in portraying seniors either negatively-- or not at all.

We’ll look at the many strategies/actions we can take as individuals to ensure that the positive sides

of aging (“wise,” “experienced,” “patient” etc.) are foremost in our minds. We’ll review the science that documents how holding these positive images foremost in our mind can affect everything from how steadily we walk and how well we deal with stress, to how well we remember the information we process. We’ll look at the evidence documenting how interacting with younger people (from preschoolers to middle-agers) contributes to our well-being as seniors. In total, we consider some of the sometimes-surprising actions we can take that can result in a happier, healthier and longer life.

Instructor: Marvin Goldberg

Marvin E. Goldberg is the Emeritus Bard Professor of Marketing, Penn State University where he served as Interim Dean in 1999-2000 and Chairman of the Marketing Department from 2000 to 2006. From 1971-1991 Dr. Goldberg was a Professor of Marketing at McGill University. He holds a Ph.D. in Marketing from the University of Illinois, an M.A. in Sociology from Columbia University and a B.A. from McGill University. He serves as a board member of the Tucson Committee for Foreign Relations (TCFR).

[Airshows: Behind the Flash and Noise \(Central Tucson\)](#)

Subject Area: Travel/Entertainment

Thursdays: Single Session 3:00 PM - 4:30 PM

Start: Thu 3/13/25 **End:** Thu 3/13/25

Location: Ocotillo Room **Class Size:** 65

Course Description

This presentation is about what it takes to make an airshow happen, from working with the FAA, the performers, the guests, the vendors, the contractors, and the other professionals who make a show a reality. Your presenter has worked over 75 shows for over 25 years all around the country. He has seen the good, the bad, and the tragic, and will

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provide a fun and interesting overview of the process. He will also provide an introduction to the upcoming Davis-Monthan airshow.

Instructor: Bill Foraker

Bill Foraker is an experienced warbird pilot and air show specialist. Bill owned a 1958 Piper Comanche 250 and a 1942 North American T-6. Bill has flown in air shows, airbossed and announced shows, produced shows, and run ground ops for over 75 shows around the country. He has twice worked the shows at DM and will introduce this year's show. He will not attend the DM show this year as he will be running Ground Ops at the California Capital Air Show in Sacramento.

[Mammals of the Santa Catalina Mountains](#)

Subject Area: Science/Math/Technology

Thursdays: 4 Sessions 9:00 AM - 10:30 AM

Start: Thu 3/27/25 **End:** Thu 4/17/25

Location: Ocotillo Room **Class Size:** 65

Course Description

The Santa Catalina Mountains on the north side of Tucson contain a diverse array of animal life. Join naturalist and camera trap videographer David Dean for an up close and personal (and often humorous) look into the lives of the fascinating animals who call these mountains home. In addition to seeing videos of animals the following topics will be discussed: the biodiversity of southeastern Arizona, basic mammalian biology, mammalian adaptations to a desert environment, the role played by apex predators in the health of ecosystems, and a detailed look into the biology of mountain lions and black bears.

Instructor: David Dean

David retired and relocated to Tucson in the summer of 2015 after having served for 25 years on

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the faculty of the Department of Biology at Spring Hill College in Mobile, Alabama. He is very active in two volunteer groups, the Sabino Canyon Volunteer Naturalists and the Santa Catalina Volunteer Patrol, which support the Santa Catalina Ranger District of Coronado National Forest. His hobby is capturing the wildlife of the Santa Catalina Mountains on video using motion-activated cameras.

[Financial Scam Awareness and Prevention](#)

Subject Area: DIY/Self-Help

Thursdays: Single Session 1:00 PM - 2:30 PM

Start: Thu 3/27/25 **End:** Thu 3/27/25

Location: Saguaro Room **Class Size:** 55

Course Description

According to the FBI's most recent Elder Fraud Report, Americans 60 years and older lost more than 3.4 billion dollars in 2023. That is why the first and most important step in financial planning is scam prevention. You can spend all the money you want on a family trust, a succession plan for your family business, and a college savings plan for your grandchildren, but if you aren't prepared and know what to do when a scammer calls or emails, all that hard work and money can go down the drain.

Brian will share insights, stories, and experiences from his 28 years in law enforcement plus what he has learned so far in his time working in the non-profit world. He will discuss the latest scams and explain how most scams follow the same basic pattern. Brian will share which age group is the least likely to report being victimized and reasons why that is the case. Brian will also provide recent, real-life examples of victims who fell prey to various financial scams. Brian will also discuss which traits make us more vulnerable to being scammed. Finally, he will provide resources and common-

sense advice that can be used to protect your clients, families, and friends.

Instructor: Brian Watson

Brian graduated from UCLA with a degree in Business/Economics and is licensed as a CPA in California (although currently inactive). He spent 28 years in Federal Law Enforcement investigating financial crimes as a Special Agent with IRS Criminal Investigation. Brian retired in 2023 and is now a Community Outreach Specialist for the non-profit R.O.S.E. Resources/Outreach to Safeguard the Elderly, an Arizona non-profit focused on preventing older adults from being victimized in financial scams. Brian is also an adjunct instructor at the University of Arizona where he teaches a course titled White Collar Crime.

[Most Influential Songs of the 20th Century](#)

Subject Area: Arts/Culture

Thursdays: Single Session 1:00 PM - 2:30 PM

Start: Thu 3/27/25 **End:** Thu 3/27/25

Location: Ocotillo Room **Class Size:** 65

Course Description

There is a treasure trove of wonderful songs from the 20th century that influenced our lives in different ways. We will listen to many of these great songs and discuss their impact on us and the broader world.

Instructor: Tom Lowry

Tom Lowry has played piano and studied music as a hobby for most of his life. He enjoys sharing his appreciation and understanding of all types of music.

[Thinking Like a CFO: Optimizing Personal Financial Strategy During Retirement](#)

Subject Area: DIY/Self-Help

Thursdays and Fridays: 10 Sessions 1:00 PM - 3:00 PM **Start:** Thu 2/13/25 **End:** Fri 3/14/25 - **Class meets 2 times per week**

Location: Saguaro Room **Class Size:** 55

Course Description

Unless you are a finance professional, the subject of managing your money during retirement can be anxiety-inducing, even while it's inescapable. As the executive in charge of getting maximum value out of a company's assets and investments, a Chief Financial Officer is trained to approach money matters with clear-headed reason, and with a deep understanding of how markets and financial instruments work. In this course, we'll apply a CFO mindset to the challenges of managing household finances during retirement. The goal is to equip you with critical concepts you can use to structure your thinking, to be more rigorous in your decision-making, and more confident in the choices you make. No prior financial knowledge is required for this course – the goal is to make a sophisticated grasp of this subject accessible to everyone.

Instructor: Mark Yourek

Mark Yourek is a business professional who has spent his career working with dozens of the largest corporations in the world, both in the US and abroad, in the fields of consulting, strategy, and project management. His primary research interests include economics, government, and history. He holds a BA degree in International Relations from USC, and an MBA from UCLA.

[Culture, History, Class, Race, Attitudes and Outcomes \(Central Tucson\)](#)

Subject Area: History/Current Events

Thursdays and Fridays: 16 Sessions 3:00 PM - 5:00 PM **Start:** Thu 2/13/25 **End:** Fri 4/4/25 - **Class meets 2 times per week**

Location: Saguaro Room **Class Size:** 55

Course Description

In this world, some of the touchiest issues of all are questions around the way we think of each other and treat each other; of the different opportunities and challenges each of us faces; and of class, race, advantage, disadvantage, privilege, bias and prejudice.

How much does the accident of birth still matter to life possibilities and outcomes? Does it make a difference, whether you're born to an affluent family, or to struggle? Where are we, in working our way from how things stood for hundreds of years in America, to becoming a society in which 'people are judged not by the color of their skin, but by the content of their character'? How much further can we expect to get, in striving toward that worthy goal? How might these questions intersect with broader contexts of socioeconomic class, and of values and culture? And what might the experience of recent immigrants tell us about this?

Most of us think about these things more or less all the time – but we're often reticent to ever talk about them, because they are so fraught and dangerous. In this class, we attempt a serious reckoning with American realities around these dimensions, of how the context of history informs why we are where we find ourselves today, and where we may be going next. To say the least, this

is a complex, charged subject, so we will take our time, and approach this with due care and respect.

Instructor: Mark Yourek

Mark Yourek is a business professional who has spent his career working with dozens of the largest corporations in the world, both in the US and abroad, in the fields of consulting, strategy, and project management. His primary research interests include economics, government, and history. He holds a BA degree in International Relations from USC, and an MBA from UCLA.

Fridays

[All Things Leaphorn: Tony Hillerman, The Navajo, and Dark Winds](#)

Subject Area: Arizona History/Culture, History/Current Events, Social Sciences

Fridays: 12 Sessions 9:00 AM - 10:30 AM
Start: Fri 1/31/25 **End:** Fri 4/18/25

Location: Ocotillo Room **Class Size:** 20

Course Description

Travel the Navajo Nation with Joe Leaphorn and Jim Chee and Lorraine Briddon. Tony Hillerman has given us 18 books of mystery (and incidentally Native culture) featuring Leaphorn and Chee. Let's read a few and take a look at how he weaves law and order, intrigue, and Navajo tradition. In 1987, the Navajo Tribal Council honored Hillerman with its "Special Friend of the Dineh" award, giving validation to his work about their culture. Hillerman's books have been made into movies and an award-winning TV series "Dark Winds" and we'll take a look at those too. Students will read and discuss at least 6 of the books, which are readily available at used bookstores, thrift stores, libraries,

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and as audiobooks. The instructor encourages you to buy your own copy of each book so you can take notes, write questions, dog-ear pages, and jump right into Navajo Land. Ahéhee'.

Instructor: Lorraine Briddon

A friend once said of Lorraine "She is afflicted by interests". Among them are birdwatching, nature, Norway, yoga, WWII and the Holocaust, Spanish, true crime, and most of all Native American culture and history. She is a clinical pharmacist and a Minnesota Master Naturalist and has worked for the Ute Tribe, the Tohono O'odham Tribe, and the Navajo Nation.

[Gentle Yoga for Stretching, Balance, and Strength](#)

Subject Area: Health/Wellness

Fridays: 6 Sessions 9:00 AM - 10:30 AM **Start:** Fri 1/31/25 **End:** Fri 3/7/25

Location: Saguaro Room **Class Size:** 20

Course Description

Yoga offers so many benefits including calming the nervous system and promoting overall health. This gentle yoga class geared for 55+ individuals will involve stretching muscle groups as well as work with balance and building strength by activating different muscle groups. The class sequence will include a warmup of the muscles we will be using before we move into any yoga asana or position. We will first activate the muscles and build from there. Modifications will be offered. There will be standing poses and poses done on the yoga mat or a towel. If you have a yoga mat, bring it to class. If you do not have a yoga mat, bring a towel or blanket from your home. However, you may enjoy purchasing a mat if you do not currently own one. Wearing shoes with a rubber sole is suggested if you will be using a towel and do not have a yoga mat. All levels of yoga are

welcome including beginners. You do not need to be flexible, but you should be able to get up and down from the floor. Wear comfortable clothing that does not restrict movement such as shorts or loose pants and a loose top. This class is for all levels. Students will be expected to assist with the movement of tables and chairs to make room for practice and to restore the room after class with tables and chairs back into original place.

Instructor: Bonnie Lammar

Bonnie Lammar has had several successful careers. Her retirement career was a career in yoga. She taught hatha yoga at YogaWorks and was on the schedule at other studios in Marin County, CA. To be able to teach, she completed teacher training with YogaWorks and became a 500 RYT. This means she achieved 500 hours of training. With continuing education credits, she added more hours of study. Bonnie began teaching in 2014. She also managed a YogaWorks studio. And currently Bonnie is in a yoga sutra study group.

[Appreciating Shadows](#)

Subject Area: Arts/Culture, Social Sciences

Fridays: 8 Sessions 11:00 AM - 12:30 PM **Start:** Fri 1/31/25 **End:** Fri 3/28/25 - **No Class March 7**

Location: Saguaro Room **Class Size:** 55

Course Description

This is an updated version of the Spring 2022 course "The Mystery, Science and Art of Shadows." It describes how the world of shadows extends far beyond the shadows we see around us every day. In addition to being that dark thing that follows you around, shadows are central to many cultural myths and stories, are the basis of Carl Jung's theory of personality, of "shadow wisdom," and "shadow people." They create eclipses of the sun and moon, aid in astronomical discovery, telling time, creating x-rays and sonograms, shaping the foliage of the

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rain forest, and protecting animals and humans from the heat. Shadows help us perceive shape, motion and depth in our environment and help us understand how the brain determines what we look at. And perhaps most fascinating of all is how “artistic” shadows create perceptions, meanings, emotions, and storylines in visual art. We describe shadows in (1) Paintings, ranging from the Leonardo to Vermeer to Warhol; (2) Photographs, from early photograms to modern landscape and street photography; and (3) Film, from early moving pictures to Humphrey Bogart in *The Maltese Falcon* and Marlon Brando in *The Godfather*. And there’s more! Architects have shaped the patterns of light and shadow inside and outside of buildings and, believe it or not, if you listen closely, you can even hear shadows in music! Sound interesting? We will be discussing all the above and more in this 8-week course.

Instructor: Bruce Goldstein

Bruce has taught OLLI courses *Your Amazing Mind*, *Cognition and Aging*, *The Social and Emotional Mind*, *The Mystery and Science of Shadows*, *The Art of Shadows* and *Writing for Self-Discovery*. While teaching in the psychology department at the University of Pittsburgh he received the Chancellor's Undergraduate Teaching Award for his teaching and textbook writing. He is the author of two college textbooks: *"Sensation and Perception"* and *"Cognitive Psychology"* and two books for general readers, *"The Mind: Consciousness, Prediction and the Brain"* (MIT Press) and *"Shadows: Culture, Science, and Art"* (Univ of Cambridge Press).

[Diabetes: Know Your Risk and Know Your Response](#)

Subject Area: Health/Wellness

Fridays: 3 Sessions 11:00 AM - 12:30 PM **Start:** Fri 1/31/25 **End:** Fri 2/14/25

Location: Ocotillo Room **Class Size:** 50

Course Description

Diabetes: Know your Risk and Know your Response is a three-session, discussion-based course. Diabetes is a common, serious and costly health issue. If you're at risk of developing type 2 diabetes, there's no better time to turn things around. If you have diabetes, there are things you can do to reduce your chances of having complications of the disease. Each course session will feature a brief presentation on topics such as what causes diabetes, diagnostic procedures, prevention strategies, and how to minimize the risk of complications. We will discuss how to make informed lifestyle choices concerning diet, exercise, blood glucose monitoring, and medication use. Participants are encouraged to ask questions and engage in discussions.

Instructor: Merri Pendergrass

Merri Pendergrass is an endocrinologist who has been a medical school professor for around 30 years. She received her medical degree as well as her PhD in Biopsychology at the University of Texas. She recently retired from UA, but still works half time with UA, Banner, and the VA Hospital. She supervises doctors in training as they care for patients and serves as the Clinical Chief of Endocrinology at UA. Her specialty is in diabetes, but she also helps patients manage all types of endocrine conditions, the most common ones being thyroid conditions and osteoporosis.

[Writing for Self-Discovery: Graduate Level](#)

Subject Area: Literature/Writing/Language

Fridays: 6 Sessions 11:00 AM - 12:30 PM **Start:**
Fri 1/31/25 **End:** Fri 3/7/25

Location: Palo Verde Room **Class Size:** 8

Course Description

This class is open to OLLI students who have taken and loved Bruce Goldstein's "Writing for Self Discovery" class. The class will allow you to build on the skills you developed in Bruce's class while further exploring events and themes in your past. We have found that this class – which we offered in the fall term – also builds a real sense of camaraderie among students. The class will be structured like Bruce's. Each week, you will write a paper of no more than 1,000 words and share it in advance with other class members. You will also read and comment upon classmates' papers. During class, we will discuss the papers and look at authors who provide excellent examples of writing about themselves. The class will be limited to a maximum of 8 students. We ask potential students to commit to attending at least 5 of the 6 class meetings. In other words, you may miss one class, but please don't sign up if you must miss more.

Instructors: Bill Symonds, Molly Kimball

Bill Symonds is a professional writer who spent more than 30 years working as a journalist for major publications. During his career, he mentored many writers. He has taken Bruce Goldstein's course twice and loved it. Bill will be teaching this course with Molly Kimball, who had a long career in writing in universities and the corporate world. She has taken Bruce's class 3 times.

Molly's career was as a professional writer, teaching at universities and writing for a major corporation.

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She is a lifelong learner and OLLI-UA volunteer and has taken Bruce Goldstein's class 3 times.

[1959. The Year Music Changed Forever. Jazz. Classical. Folk. Country. Pop. \(Add On Class Due to Demand\)](#)

Subject Area: Arts/Culture

Fridays: Single Session 11:00 AM - 1:00 PM
Start: Fri 4/4/25 **End:** Fri 4/4/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Dave Brubeck. Buddy Holly. Ella Fitzgerald. Bobby Darin. Miles Davis. Roy Orbison. Joan Baez. The list goes on in the year when recording and performing greatness helped propel all genres of music in magnificent and far reaching ways. Donna only had eyes for El Paso, and Kookie combed through Kansas City doing la bamba with a worried man.

Instructor: John "Nemo" Nemerovski

John Nemo is a lifelong musician and educator who immerses himself in folk, early rock, blues, jazz, and classical music. He plays guitar and provides a fascinating playlist for his music appreciation courses.

[Women and Power: A Journalling Class for Women](#)

Subject Area: DIY/Self-Help, Health/Wellness,
Literature/Writing/Language

Fridays: 6 Sessions 1:00 PM - 2:30 PM **Start:**
Fri 1/31/25 **End:** Fri 3/7/25

Location: Palo Verde Room **Class Size:** 10

Course Description

This class will help each woman who attends to examine her personal power, her relationship to power, the impact of society's power on her life, and the changes that have occurred during her lifespan. Each week participants will write (no more than one typewritten page) on a prompt provided. They will be expected to share their writing by reading to the group. The group will provide positive feedback, and encouragement. The goal of the group is to provide a format for exploring our personal power and the changing role of women in America.

Instructors: Jan Fulwiler, Bonnie Lammar

Jan Fulwiler, PhD is a retired psychologist, who has facilitated courses at the University of Wisconsin-Madison in her career and also in their senior learning program for 15 semesters, she has facilitated two courses here at Olli, last spring. She focuses on small group learning and discussion format classes because she believes that people in our age group have such rich life experiences that learning from each other is very exciting and fun.

Bonnie Lammar supports women and has spent her life to find and connect with her personal power. Most recently she has been through yoga as a teacher and studio manager. Bonnie has experience in sales, management, customer service, design, photography, beauty and wellness and has been fortunate to work with many people including

those from other locales and countries. Her current project is a photography art book with the working title "The Art of Women's Power."

[Luis Bunuel: Five Movies by the Master Surrealist](#)

Subject Area: Arts/Culture

Fridays: 1 Single Session 3:00 PM - 4:30 PM
Start: Fri 1/31/25 **End:** Fri 4/11/25

Location: Ocotillo Room **Class Size:** 50

Course Description

The class will view 5 DVDs of Luis Bunuel's: Belle du Jour, Viridiana, Diary of a Chambermaid, Tristiana and Phantom of Liberty. All are in his genre of Surrealism. The Phantom of Liberty was invented in homage to Karl Marx: "A spectre is haunting Europe - the spectre of Communism" from the beginning of the Manifesto. Belle du Jour is a film based on Josef Kessel's melodramatic book Belle du Jour. Bunuel wished to realize a serious portrait of young female bourgeois masochist in this movie. Diary of a Chambermaid is adaptation of Octave Mirabeau's novel Journal d'une Femme de Chambre but set in the 1920's to show the rise of fascism in France. Viridiana created a scandal in Spain, but the film won the Golden Palm in Cannes and was banned in Spain even though Franco reviewed it and found nothing objectionable. He refused to overturn the Minister's censorship of it in Spain. Tristiana is based on the Spanish novelist's Benito Perez Galdoz's novel Tristiana.

Instructor: Charles Peters

Chuck is an experienced study group leader.

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Sports News and Views

Subject Area: History/Current Events,
Travel/Entertainment

Fridays: 6 Sessions 3:00 PM - 4:30 PM **Start:**
Fri 1/31/25 **End:** Fri 3/7/25

Location: Palo Verde Room **Class Size:** 30

Course Description

Many of us come from different parts of the US and the rest of the world. And a lot of us follow specific sports such as soccer, tennis, football, baseball, basketball and even pickleball. So, this class is for those who have their favorites whether it be a team or individual players. The purpose of this class, using a format similar to News and Views, is to ask for topics and vote on them at the beginning of the class. We will prioritize topics and open for discussion.

Instructor: Frank Flasch

Frank is a retired technical sales engineer. He and his late wife have lived in Tucson for 20 years. He enjoys travel, playing tennis, volunteering and model railroading. He has four grandchildren and one great grandchild.

Let's Explore the World of Nectar-Feeding Birds and Bats

Subject Area: Science/Math/Technology

Fridays: Single Session 9:00 AM - 10:30 AM
Start: Fri 2/7/25 **End:** Fri 2/7/25

Location: Palo Verde Room **Class Size:** 30

Course Description

In this one-shot session we will explore the evolution and ecology of vertebrates that pollinate flowers. It will focus mainly on New World hummingbirds and nectar bats. How important are

they as pollinators in tropical and desert ecosystems? How long have they been pollinators of flowering plants? What are the behavioral and physiological consequences of being a nectar-feeder? How do these animals make a living and what are their conservation concerns? How have their food plants evolved to attract these pollinators? Finally, to what extent have Old World birds and bats evolved similar lifestyles to their New World counterparts?

This talk is based on my recent book *Birds, Bats, and Blooms: The Coevolution of Vertebrate Pollinators and Their Plants* (University of Arizona Press, 2024).

Instructor: Ted Fleming

Ted Fleming is a retired Emeritus Professor of Biology at the University of Miami. He is an ecologist with extensive knowledge about tropical and desert fruit-eating and nectar-feeding New World bats. He is the author of 11 books, and his latest one (*Birds, Bats, and Blooms*; U of Arizona Press, 2024) will be the basis for his One-Shot class.

Astronomy/Geosciences

Subject Area: Science/Math/Technology

Fridays: 6 Sessions 1:00 PM - 2:30 PM **Start:**
Fri 2/7/25 **End:** Fri 3/14/25

Location: Ocotillo Room **Class Size:** 65

Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester we will continue our feature 'Navigating the Night Sky' using the 21 brightest stars, with an in-depth look at the constellations where they are located. We will look at various types of Supernovae, and also analyze Gamma Ray Bursts. In Geosciences we examine Sand Dunes, on Earth and across our Solar System. As always, we will discuss on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences.

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OLLI-UA Spring 2025 – Central Tucson Campus

Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. And of course there will be 'Geo-feature of the Week', 'What's for Launch?', and 'Books of the Week.' Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class is neither a prerequisite nor necessary to understand and enjoy this class.

Instructor: Guy Jette

Guy retired from the U.S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics. He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent guest speaker at the University of Hawaii Institute for Astronomy on Maui.

[Non-Pharmacological Pain Management in Older Adults](#)

Subject Area: Health/Wellness

Fridays: Single Session 3:00 PM - 4:30 PM

Start: Fri 2/7/25 **End:** Fri 2/7/25

Location: Saguaro Room **Class Size:** 20

Course Description

The topic is about nonpharmacological pain management.

Instructor: Juyoung Park

Dr. Juyoung Park is Professor at the University of Arizona College of Nursing and serves as Associate

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Director of the Brain Digital Technology Laboratory. Her research programs are focused on understanding how patients exert neural control over pain-related behaviors, with the ultimate goal of reducing chronic pain and improving health outcomes for older adults through home-based, nonpharmacological pain management approaches.

[Electric Vehicle Frequently Asked Questions \(EVFAQs\) Answered](#)

Subject Area: Science/Math/Technology

Fridays: 5 Sessions 9:00 AM - 10:30 AM **Start:** Fri 3/7/25 **End:** Fri 4/4/25

Location: Palo Verde Room **Class Size:** 30

Course Description

EVFAQs is a 5-session class that addresses Frequently Asked Questions (FAQ) about owning, driving, and buying all the types of Electric Vehicles here in the desert Southwest/Tucson. The FAQs are ones that have been discussed and answered during previous OLLI-UA EV classes. It has been updated to the present. The 5-sessions will address FAQs related to:

The different EVS - What are the differences between Hybrid, Mild Hybrid, Plug-In Hybrid (PHEV), and Battery Electric Vehicles (BEV).

Batteries - How Long Do they last? Are EV Batteries Safe? What is Battery Degradation?

Tires - Do EV tires wear out sooner?

Charging - What is Level I, Level II, and Level III charging when they are done at home and not at home? What is Regen? How long does it take to Charge an EV and what is the cost?

Range - What is the range of an EV? What affects range?

OLLI-UA Spring 2025 – Central Tucson Campus

Charging Infrastructure - What is being done to improve the location, number, and reliability of chargers in the US?

Trip Planning - How does one do it?

Buying An EV - Which EV is right for me? What tools can I use to check out EVs? What things should I look for? How do I get the Federal Tax "Credit"?

Cars & Coffee Get Together - The last class session is planned to provide an opportunity to meet and chat with current and former EV class participants who currently own and drive EVs.

Instructor: Damond Osterhus

Damond has given EV Discussion Forum (EVDFC) Classes, EV Basics (EVBC) Classes and EV Frequently Asked Questions (EV FAQs) - Answered classes both in person and via Zoom at OLLI-UA since 2022. He has test driven 10 different EVs including HEV and PHEV Electric Vehicles. He's accumulated over 6,800 miles of documented testing data. Along with 85 charging experiences at Tesla NACS, and non-Tesla EV CCS Charging stations. He continues to do research on all aspects of owning and driving all types of EVs here in the desert Southwest.

[How To Pick, Raise and Enjoy Your Most Special Pet](#)

Subject Area: DIY/Self-Help, Health/Wellness

Fridays: 3 Sessions 9:00 AM - 10:30 AM **Start:** Fri 3/14/25 **End:** Fri 3/28/25

Location: Saguaro Room **Class Size:** 30

Course Description

This class will be based on my book "Laughter and Tears: A Veterinarian's Memoir and Advice" (out of print) and my 49 years of experience as a veterinarian taking care of clients' pets while raising my own special pets. From picking the 'right' dog or cat, feeding, exercising and training that pet, proper

grooming and in-home health care and what to expect and demand from our veterinarian, we'll cover it all. This class is only for those who not only want to take the best possible care of their pets, but are willing to take the extra time and effort to create an amazing adventure for this pet (as well as every human in their household).

Instructor: Kenneth Cohn

Kenneth has been practicing veterinary medicine for 49 years. In St. Louis he ran a full-service hospital where every client had his home phone number. He sold his practice 16 years ago and now considers himself semi-retired but continues to do house calls 6-7 days each week.

[Futures and Options Trading Workshop](#)

Subject Area: DIY/Self-Help

Fridays: 2 Sessions 9:00 AM - 10:30 AM **Start:** Fri 4/4/25 **End:** Fri 4/11/25

Location: Saguaro Room **Class Size:** 20

Course Description

This workshop will cover the fundamentals and benefits of futures and options trading.

Instructor: Charlie Rubin

Charlie Rubin has two engineering degrees from Columbia University, worked on Wall Street with a few stock brokerage firms, and was a CEO at one. He worked with the New York Stock Exchange, and helped start the New York Futures Exchange.

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Green Valley Campus: In-Person Tuesdays

[Good Yoga! Iyengar Style!](#)

Subject Area: DIY/Self-Help, Health/Wellness

Tuesdays: 8 Sessions 9:00 AM - 10:30 AM

Start: Tue 2/11/25 **End:** Tue 4/1/25

Location: Community Learning Center - CPAC
Rehearsal Room **Class Size:** 20

Course Description

Please just show up, be on time, be curious and willing and do your best!

Instructor: LaVelle Lourdes

LaVelle Lourdes has been teaching Yoga since 1970. She teaches Iyengar Style Yoga and has studied personally with BKS Iyengar in Pune India. She has worked extensively with all ages and most physical conditions and specializes in individuating the poses, so that all can benefit! She sincerely believes that "whatever you do in life, yoga shows you how to do it better."

[Investigating Police In-Custody Deaths](#)

Subject Area: History/Current Events

Tuesdays: 5 Sessions 9:00 AM - 10:30 AM

Start: Tue 2/11/25 **End:** Tue 3/11/25

Location: Community Learning Center - Room
210 **Class Size:** 30

Course Description

This 5-week course will be a review the facts and fiction within the public debate regarding police officer-involved fatal custodial deaths. My primary goal is to describe the process and the adjudicating factors involved in investigating custodial deaths. The class will include an explanation of the prevailing US Supreme Court rulings. It will conclude with an examination of the facts and fiction behind several of the more recent controversial shootings. I will not be showing images or videos of any incidents. The class is designed to be informative and not a forum for debating related social issues.

Instructor: David Grabelski

Dave has 45+ years of tactical and strategic intelligence experience in the law enforcement and intelligence communities at the local, federal, international, and university/college levels. In his first career, he served 21 years with the Los Angeles Police Department including assignments as a Senior Homicide Detective and Gang Unit Supervisor. His second career was as a Gangs/Drugs/Violence analyst/Instructor for the US Department of Justice / National Drug Intelligence Center. Dave recently retired as the Chair and Assistant Professor of the Mercyhurst University's Tom Ridge School of Intelligence Studies in Erie, PA. He holds advanced degrees from Pennsylvania State

University and Pepperdine University. Dave and his wife Kitty currently reside in Vail, AZ.

[Songcatchers: Field Collecting and the Preservation of American Folk Music](#)

Subject Area: Arizona History/Culture, History/Current Events

Tuesdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Tue 2/11/25 **End:** Tue 3/4/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

Imagine walking the mountain trails and rural byways of the American South, seeking out ballad singers and banjo players, collecting lyrics and recording scores of melodies and dance tunes. Traditional music survived in the churches, farmsteads and prisons of Appalachia and the southern Piedmont, and, early in the last century, teams of songcatchers collected this music and introduced it to the world. Their stories are a fascinating window on American history. In four lectures, this class will explore the histories of four teams of field collectors: Cecil Sharp and Maud Karpeles, John and Alan Lomax, Zora Neale Hurston, and Frank and Anne Warner. You know some of the music they collected, and, in this class, we'll sing some of those songs together!

Instructor: Kevin Gosner

Kevin is Associate Professor of Latin American History at the University of Arizona, where he teaches classes on Colonial Spanish America, World History, and Historical Concepts and Methods. The author of *Soldiers of the Virgin: The Moral Economy of a Colonial Maya Rebellion*, his research examines the impact of the Spanish conquest and colonial

rule on indigenous communities in southern Mexico and Guatemala. His interests also include music, popular culture, and natural history.

[A Basic Guide to the Sky](#)

Subject Area: Science/Math/Technology

Tuesdays: 3 Sessions 1:00 PM - 2:30 PM **Start:** Tue 2/11/25 **End:** Tue 2/25/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

Have you ever wished that you knew what you were seeing when you look up into the sky? Back before Edison invented the electric light bulb, most people used to know the sky "like the back of their hand." Living with the light pollution of modern cities, few people today know more than the Big Dipper and perhaps Orion. We have lost touch with the rhythm of the natural world.

In this study group, we will only talk about what you can see with your unaided eyes (no telescope), even back north where humidity and city lights limit what you can see. We will learn some basic, scout-level skills that will introduce you to the world above us. We will focus on the brightest (1st magnitude) stars and visible planets.

Instructor: Bill Reed

Bill is a retired product development engineer and adjunct professor in materials engineering. He is an amateur historian and has served as a volunteer docent with the National Park Service. He has taught OLLI classes in both Green Valley and Illinois. He enjoys the intersection of history, geography, and personal experience.

How Music Affects Our Lives

Subject Area: Arts/Culture

Tuesdays: 7 Sessions 3:00 PM - 4:30 PM

Start: Tue 2/11/25 **End:** Tue 3/25/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Music speaks to us in a variety of ways. We will watch (together) documentaries that highlight various types of music and their effect on us and on musicians followed by discussion. Dancing in class is allowed.

This is a repeat class.

Instructor: Terry Cox

Terry's first career was as a middle school teacher. Her midlife crisis career was as a labor relations consultant. In retirement, she has combined her unused music degree with her love of movies.

History of Stock Market Crashes

Subject Area: DIY/Self-Help, History/Current Events

Tuesdays: 2 Sessions 9:00 AM - 10:30 AM

Start: Tue 2/18/25 **End:** Tue 2/25/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

The dreaded stock market drop. Nobody wants to see it, but they are an inevitable part of our history... and our future. In this two-session course, we will cover notable market crashes from the Panic of 1907 through 2022, and what to keep an eye on in the future. We will discuss market crash patterns, their catalysts, and their economic impacts. Can we learn from the past to prevent them? Or are they an

unavoidable part of economic cycles? We will also discuss ways that those with stock market exposure should mentally and financially approach market volatility.

Instructors: Richard Munding, Ashlyn Tucker
Richard Munding, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a CFA Level III Candidate.

Nature of Madera Canyon

Subject Area: Science/Math/Technology

Tuesdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Tue 2/18/25 **End:** Tue 3/11/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Natural history of Madera Canyon and surrounding Santa Rita Mountains. Includes canyon geology and formation, climate, sky island biogeography, and life zones and plant communities with associated interesting plants and animals. PowerPoint presentation format with professional quality photography.

OLLI-UA Spring 2025 – Green Valley Campus

Class 1 - Overview, Class 2 - Plants, Class 3 - Animals, Class 4 - Field trip to Madera Canyon.

Instructor: Douglas W. Moore

Doug Moore is the Education Director and canyon naturalist for the Friends of Madera Canyon; he started as a docent volunteer for the Friends in 1992. Doug's educational background is in field biology/invertebrate ecology and natural science illustration; he also does freelance nature illustration, photography and interpretive graphic design.

[The Federal Reserve](#)

Subject Area: History/Current Events

Tuesdays: 2 Sessions 1:00 PM - 2:30 PM **Start:** Tue 2/18/25 **End:** Tue 2/25/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Join us for a two-session course where we discuss the Federal Reserve throughout history and today. The class covers the formation, composition, and duties of the Federal Reserve. We will discuss monetary policy and transmission mechanisms, open market operations, and the Federal Reserve's relationship to interest rates and inflation. This course will also touch on how the Federal Reserve influences the stock and bond markets, the broader economy, and you as an individual.

Instructors: Richard Mundinger, Ashlyn Tucker
Richard Mundinger, CFA, with four decades of experience, provides expert investment management to private clients at RMH. A Total Investment Return approach underpins RMH's investment philosophy. As a CFA charterholder, Richard has a network of CFA contacts across the US and globally. Richard's extensive expertise makes him a reliable financial advisor. His

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commitment to community service is demonstrated through his volunteering with the Community Foundation of Southern Arizona, where he served the Board, Investment, Finance, and Building committees.

Ashlyn Tucker, a Master of Finance graduate from the University of Arizona, works as an analyst at RMH Investment Management and is a CFA Level III Candidate.

[Introduction to Aviation: How Planes Fly and Don't Crash! \(Green Valley\)](#)

Subject Area: Science/Math/Technology, Travel/Entertainment

Tuesdays: Single Session 1:00 PM - 2:30 PM
Start: Tue 3/4/25 **End:** Tue 3/4/25

Location: Community Learning Center - Room 203 **Class Size:** 50

Course Description

This fun and entertaining presentation will start with a very brief discussion of the physics of flight and then go on to describe the parts of an aircraft, how they fly, types of aircraft, how to fly them, weather, navigation, and an intro to the air traffic control system. You will not be a certified pilot or air traffic controller after this presentation, but you will hopefully understand more about aircraft for your personal knowledge and to give you confidence in flying, both privately and commercially.

Instructor: Bill Foraker

Bill Foraker is a multi-experienced guy. He worked in Higher Ed, in industry, and is a US Navy Veteran. He is an experienced pilot, musician, and airshow specialist. Bill has played drums and percussion for years, he owned and flew a Piper Comanche and a 1942 USAAF/USAF T-6 for private transportation

and airshows, he has worked over 50 major airshows around the US, he was the director of sponsored programs for a state university, and he was a major gift fundraiser. Bill has given many presentations on flying, airshows, EAA AirVenture Oshkosh, the story behind percussion instruments, and fundraising.

Buffalo Soldiers and the Garfield Monument

Subject Area: Arizona History/Culture

Tuesdays: Single Session 9:00 AM - 10:30 AM

Start: Tue 3/11/25 **End:** Tue 3/11/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

On May 1, 1885, twelve troops of the Tenth Cavalry, an all-Black regiment, arrived in the Arizona Territory to assist in the capture of Apache leader Geronimo. Two troops were sent to Bonita Canyon in the Chiricahua Mountains to guard the waterhole nearby in case Geronimo tried to it. Over seven months, the troops built a ten-foot monument to honor slain President James A. Garfield. This is the story of those troops and that monument.

Instructor: Sharon Kennedy

Sharon Kennedy is an independent researcher and writer living in Sahuarita. Her areas of interest are African American history and frontier women. She has written three books and several magazine articles. Sharon retired from a career in law and higher education in the Midwest.

Our Nation is Divided, What Can I Do?

Subject Area: Civic

Engagement/Community/Government, History/Current Events

Tuesdays: 4 Sessions 1:00 PM - 2:30 PM

Start: Tue 3/11/25 **End:** Tue 4/1/25

Location: Community Learning Center - Room 210 **Class Size:** 20

Course Description

As I write the synopsis of this class the 60th Quadrennial election is less than 20 days away. Regardless of the outcome it is safe to say that the next President of the United States will be leading a deeply divided nation. Perhaps more deeply divided than at any time since the Civil War.

The causes of our countries' division include political differences in religious beliefs or lack thereof, socioeconomic status, race or ethnicity, gender identity, sexual orientation, age, and disability. These factors have created and continue to create barriers between people that lead to collective misunderstandings, mistrust and, in some cases, violence.

This goal class to develop an individual action plan so each of us can do our part to begin the process of repairing our divided country. After the first week's class it will require you to participate at a level that you may not have encountered in previous OLLI courses.

Instructor: Steve Nelson

Steve Nelson was born in Texas but raised in Oregon. Steve graduated from Oregon State University with a degree in Political Science in 1970. He then served for three years as a Marine Corps Officer. He has been a facilitator at the OLLI Denver University West Campus since 2016 and the OLLI

University of Arizona Green Valley Campus since 2017. He has facilitated courses in Current Events, America's Wars in the Greater Middle East. The COVID-19 Pandemic and The American Media in both locations.

[Airshows: Behind the Flash and Noise \(Green Valley\)](#)

Subject Area: Travel/Entertainment

Tuesdays: Single Session 1:00 PM - 2:30 PM

Start: Tue 3/11/25 **End:** Tue 3/11/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

This presentation is about what it takes to make an airshow happen, from working with the FAA, the performers, the guests, the vendors, the contractors, and the other professionals who make a show a reality. Your presenter has worked over 75 shows for over 25 years all around the country. He has seen the good, the bad, and the tragic, and will provide a fun and interesting overview of the process. He will also provide an introduction to the upcoming Davis-Monthan airshow.

Instructor: Bill Foraker

Bill Foraker is an experienced warbird pilot and air show specialist. Bill owned a 1958 Piper Comanche 250 and a 1942 North American T-6. Bill has flown in air shows, airbossed and announced shows, produced shows, and run ground ops for over 75 shows around the country. He has twice worked the shows at DM and will introduce this year's show. He will not attend the DM show this year as he will be running Ground Ops at the California Capital Air Show in Sacramento.

[Propaganda With the Past: Modern Governments' Abuses of Ancient History](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events

Tuesdays: 3 Sessions 1:00 PM - 2:30 PM **Start:** Tue 3/18/25 **End:** Tue 4/1/25

Location: Community Learning Center - Room 203 **Class Size:** 50

Course Description

Governments and other leaders often look to the past to influence how they and their countries are seen in the present, both by their own people and by outsiders. We will look at how several Middle Eastern Governments have used ancient history for their own ends. We will begin by examining propaganda as a concept and discussing how broadly or narrowly we want to define it. Then we will consider why they use the past in propaganda and look at how the ancient world is used by different governments in the Middle East. Possibilities include Egyptian governments evoking the Pharaonic past, Iraqi leaders rebuilding ancient sites, ISIS destroying pre-Islamic monuments, issues surrounding the Temple Mount in Jerusalem and the Shah of Iran throwing a huge party at Persepolis.

Instructor: Abby Limmer

Abby Limmer has a PhD in Middle Eastern Archaeology, and is the Assistant Director for Outreach at the Center for Middle Eastern Studies. She has taught everyone from first graders through university students to senior citizens.

[What the Heck Is Listeria and How Does It Get Into Our Food? \(Green Valley\)](#)

Subject Area: History/Current Events

Tuesdays: Single Session 11:00 AM - 12:30 PM

Start: Tue 4/1/25 **End:** Tue 4/1/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

The listeria outbreak from Boars Head Meats killed 10 people and made at least 59 people ill nationwide. Over 200,000 pounds of meat were recalled. A quick review of their USDA inspection reports shows more than a year of uncorrected disgusting violations that could have easily caused the outbreak. But wait. What about the listeria recalls for enoki mushrooms, alfalfa sprouts, pet foods, fresh guac, raw produce like green peppers and green beans, different cheeses...and the list goes on.

Outbreaks from listeria are now more common than salmonella and E. coli. Why is this happening, and what are the risks associated with eating contaminated foods for older people?

Instructor: Bette Packer

Bette inspected restaurants and food manufacturing facilities in Minneapolis, followed by several years consulting with the food industry writing required HACCP (Hazard Analysis Critical Control Point) plans for food manufacturers.

[Culture, History, Class, Race, Attitudes and Outcomes \(Green Valley\)](#)

Subject Area: History/Current Events

Tuesdays and Wednesdays: 16 Sessions 3:00

PM - 5:00 PM **Start:** Tue 2/11/25 **End:** Wed 4/2/25 - **Class meets 2 times per week**

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

In this world, some of the touchiest issues of all are questions around the way we think of each other and treat each other; of the different opportunities and challenges each of us faces; and of class, race, advantage, disadvantage, privilege, bias and prejudice.

How much does the accident of birth still matter to life possibilities and outcomes? Does it make a difference, whether you're born to an affluent family, or to struggle? Where are we, in working our way from how things stood for hundreds of years in America, to becoming a society in which 'people are judged not by the color of their skin, but by the content of their character'? How much further can we expect to get, in striving toward that worthy goal? How might these questions intersect with broader contexts of socioeconomic class, and of values and culture? And what might the experience of recent immigrants tell us about this?

Most of us think about these things more or less all the time – but we're often reticent to ever talk about them, because they are so fraught and dangerous. In this class, we attempt a serious reckoning with American realities around these dimensions, of how the context of history informs why we are where we find ourselves today, and where we may be going next. To say the least, this

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is a complex, charged subject, so we will take our time, and approach this with due care and respect.

Instructor: Mark Yourek

Mark Yourek is a business professional who has spent his career working with dozens of the largest corporations in the world, both in the US and abroad, in the fields of consulting, strategy, and project management. His primary research interests include economics, government, and history. He holds a BA degree in International Relations from USC, and an MBA from UCLA.

Wednesdays

[What Climate Crisis?](#)

Subject Area: Science/Math/Technology

Wednesdays: 8 Sessions 9:00 AM - 10:30 AM

Start: Wed 2/12/25 **End:** Wed 4/2/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Real data does not support the "Climate Crisis" story. We will examine elements of the crisis story and put them in context - are heat waves new and unprecedented? What about urban heat islands and corrupted sensing systems? Are tropical cyclones getting stronger and more numerous? What about wildfires, droughts, and floods? When will the Arctic be ice-free in summer? Are the polar bears O.K?

Climate is always changing. This oft-used cliché is actually true. We will briefly review the climate timeline and then focus on the last 10,000 years (Holocene). The impacts of climate on historical periods such as the Roman Climactic Optimum, Medieval Warm Period, and Little Ice Age will be reviewed.

Climate is variable. What are some of the non-CO₂ drivers of climate? How do orbits, ocean oscillations, the sun and clouds impact climate?

Are solar and wind the answer?

If there is no crisis, why do we hear so much about our impending doom?

Disclaimer: Academic Freedom and Critical Thinking

This course promotes academic freedom by exploring a range of perspectives on climate change, including critical viewpoints. Attendees are encouraged to critically evaluate the content and consult multiple sources to form a well-rounded understanding of climate science and its implications. OLLI-UA continues to offer a diverse array of offerings on this topic and supports respectful, balanced exploration of diverse ideas.

Instructor: Bob Barry

Bob has had three careers. He was a traditional Navy line officer serving in Destroyers and riverboats. After receiving an MS in Oceanography, he served 16 years as an oceanography specialist, primarily involved in Anti-Submarine Warfare (ASW). His third career was as a program manager for satellite systems at Ball Aerospace. He has been an OLLI study group leader for 7 years teaching about observing the ocean from space. His emphasis has been on ocean oscillations and their impact on weather and climate.

Foreign Policy Update

Subject Area: History/Current Events, Social Sciences

Wednesdays: Single Session 9:00 AM - 10:30 AM **Start:** Wed 2/12/25 **End:** Wed 2/12/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

This class will follow up on my November class about the implications of the November 2024 election for US foreign policy. I suspect we will be talking about the widening crisis in the Middle East, Russia and Ukraine, and our relationship with China. I am also confident that we will be talking about some foreign policy issues that nobody, including me, is thinking about as I write this proposal. We will also take a close look at who is running our foreign policy in the new administration.

Instructor: David Dunford

Dave Dunford was the U.S. ambassador to Oman and was the deputy ambassador to Saudi Arabia during the 1990-91 Gulf War. He is a member of the governing board of the University of Arizona's Center for Middle East Studies. He has taught courses on the Arab-Israeli conflict and the Middle East business environment at the University of Arizona and has consulted for both the government and the private sector on Middle East issues. He is the author of *From Sadat to Saddam: The Decline of American Diplomacy in the Middle East* (Potomac Books 2019).

KDrama: Why We Love It

Subject Area: Arts/Culture

Wednesdays: 4 Sessions 11:00 AM - 12:30 PM
Start: Wed 2/12/25 **End:** Wed 3/5/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Korean Drama popularity is on the rise in the US and across the world. It provides a new experience for TV viewing with exposure to new stories, settings, characters, and casts. KDrama is currently available on many streaming services including Netflix, Prime, Disney, Hulu, Paramount, and Tubi. There are also services dedicated to Korean and Asian film.

This course will explore what KDrama is all about including when it started, the different genres, common themes, and Korean stars. Historical, political, and cultural influences will be covered.

A movie and an episode of a popular series will also be presented and discussed. A great chance to learn about and experience KDrama. You'll find out why so many of us are addicted to this new and exciting form of entertainment. No special background or tool required. An inquiring mind and ability to watch the screen is all you need. There will be interactive discussion of materials and presentation throughout class.

Instructor: Margaret (Peg) Johnson

Peg is retired Banking IT professional with over 35 years experiences from analysis, coding, testing, implementation, and project and department management. Peg bred and showed Russian Blue cats for 30 years. She traveled all over the US showing her cats to regional and national wins. She held a volunteer position as a Cat Fancy Board Director for 10 years. This also allowed her to travel

to multiple cities in China as a CFA ambassador. Peg moved to Green Valley in 2011. The past years have included much travel, GVR club and class participation, ballroom dancing, and OLLI classes.

[Mental Wellbeing and Getting Old: A Narrative Thought Perspective](#)

Subject Area: Health/Wellness, Social Sciences

Wednesdays: 6 Sessions 11:00 AM - 12:30 PM

Start: Wed 2/12/25 **End:** Wed 3/19/25

Location: Community Learning Center - Room 203 **Class Size:** 30

Course Description

Did you wake up one morning and realize, “OMG, I’m old!” And nobody had prepared you for this new role in life? In this class we will explore in depth the threats to your mental wellbeing as you take on this role of being considered old.

The instructor for this course has spent a large part of his career helping people come to terms with things they don’t want to hear and now, he has also reached those “Golden Years”, so he has firsthand experience and knowledge of the “speedbumps along the road” to mental wellbeing and aging.

The trick to achieving mental wellbeing in this regard is to become aware of and acknowledge the “speedbumps” that you’ll have to go over as you age, even though most of us would like to just not think about them. For example, why is there an increasing abuse of alcohol and prescription drugs in the U.S. among those over 65? Because for many people our age, they were not mentally prepared for the threats to mental wellness that old age presents.

Thomas Jefferson expanded Francis Bacon’s quote, “knowledge is power” to include “knowledge is power, safety, and happiness”. This course will give

you the knowledge, i.e. the power to help yourself and others to achieve mental wellness as we continue to age.

Instructor: Byron Bissell

Byron has a PhD in Business (Organization Behavior), Master of Public Administration, Master of Psychiatric Social Work, extensive experience in social work, and over 30 years of higher education teaching experience.

[24 Election Postmortem: Where Do We Go From Here?](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events

Wednesdays: 3 Sessions 1:00 PM - 2:30 PM

Start: Wed 2/12/25 **End:** Wed 2/26/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

Now that the dust has settled, a look back at the ‘24 election. An analysis of political behavior - why things turned out as they did. Who were the winners and losers? But since political campaigns never end, and the midterms are right around the corner, what are the keys we should be looking at, and who will be the major players? The class will include ample discussion and a possible guest speaker or two.

Instructor: Ron Michaelson

Ron Michaelson holds a doctorate in political science and has retired from teaching at the University of Illinois - Springfield. He served in Illinois State government for 33 years, including four years as Assistant to the Governor and 29 as Executive Director of the State Board of Elections.

He is a winter resident of Green Valley (January through April).

[Learn Mah Jongg Basics](#)

Subject Area: Travel/Entertainment

Wednesdays: 8 Sessions 1:00 PM - 2:30 PM

Start: Wed 2/12/25 **End:** Wed 4/2/25

Location: Community Learning Center - Room 205 **Class Size:** 8 **Additional Costs:** \$5 for printed materials

Course Description

Mah Jongg Card can be purchased online from the National Mah Jongg League or Amazon. Please have available for the first day of class. There will also be a \$5 fee for copying materials.

Instructor: Myrna Feldman, Judy Lang

Myrna Feldman was born and raised on the East Coast with formal education in science. She has a master's degree in Radiation Biology and has taught at the high school and college level. As a former Hospital Administrator, she is glad to be retired. Myrna has been playing Mah Jongg since she was a teenager.

Judy Lang is a former Elementary School teacher and has been playing Mah Jongg for about 20 years.

[Understanding American Civil War Causation 1860; 2025](#)

Subject Area: History/Current Events, Social Sciences

Wednesdays: 6 Sessions 3:00 PM - 4:30 PM

Start: Wed 2/12/25 **End:** Wed 3/19/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

Is Civil War in 2025 possible, even inevitable? Scholars, intellectuals, and journalists have begun asking this question. If so, how do conditions and interpretations of the 21st century compare with those in the 19th when America underwent a cataclysmic internal rebellion.

This course is designed as a discussion-based class to investigate and examine the various historical interpretations of the 1861 Civil War. No event in American History has been as disruptive to the political, social, and economic system than the incidents from 1850 to 1860. Historians have debated the cause of this calamitous war for 150 years. Some claim the great Civil War was a result of Northern aggression, while others denounce it as purely Southern treason. Some say it was inevitable, while others regard it as a preventable mistake. Earlier historians argued that the conflict resulted from economic differences between North and South while more recent authors argue that the cause stemmed from opposition to Southern slavery.

The great questions continue to be debated: Was the war inevitable as Joe Biden noted or preventable as Donald Trump insisted recently? This class will examine some of these arguments in a discussion-based approach, with an emphasis on their ramifications in the 20th and 21st century.

Instructor: John Hosmer

Dr. John Hosmer received his PhD from the U of Arizona with post doctoral work at the University of Oxford in American Political Theory. He was the Arizona Governor's choice to serve on the Arizona State Board of Education and has been in the education field for over 35 years, teaching at both the college and secondary level. He served as the chair of the Charter School Subcommittee while on the State Board. Dr. Hosmer's papers and publications are centered on the field of American

political and intellectual ideas stemming from the Civil War/Reconstruction era.

[Electric Vehicle Frequently Asked Questions \(EVFAQs\) Answered](#)

Subject Area: Science/Math/Technology

Wednesdays: 5 Sessions 1:00 PM - 2:30 PM

Start: Wed 3/5/25 **End:** Wed 4/2/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

EVFAQs is a 5-session class that addresses Frequently Asked Questions (FAQ) about owning, driving, and buying all the types of Electric Vehicles here in the desert Southwest/Tucson. The FAQs are ones that have been discussed and answered during previous OLLI-UA EV classes. It has been updated to the present. The 5-sessions will address FAQs related to:

The different EVs - What are the differences between Hybrid, Mild Hybrid, Plug-In Hybrid (PHEV), and Battery Electric Vehicles (BEV).

Batteries - How Long Do they last? Are EV Batteries Safe? What is Battery Degradation?

Tires - Do EV tires wear out sooner?

Charging - What is Level I, Level II, and Level III charging when they are done at home and not at home? What is Regen? How long does it take to Charge an EV and what is the cost?

Range - What is the range of an EV? What affects range?

Charging Infrastructure - What is being done to improve the location, number, and reliability of chargers in the US?

Trip Planning - How does one do it?

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Buying An EV - Which EV is right for me? What tools can I use to check out EVs? What things should I look for? How do I get the Federal Tax "Credit"?

Cars & Coffee Get Together - The last class session is planned to provide an opportunity to meet and chat with current and former EV class participants who currently own and drive EVs.

Instructor: Damond Osterhus

Damond has given EV Discussion Forum (EVDFC) Classes, EV Basics (EVBC) Classes and EV Frequently Asked Questions (EV FAQs) - Answered classes both in person and via Zoom at OLLI-UA since 2022. He has test driven 10 different EVs including HEV and PHEV Electric Vehicles. He's accumulated over 6,800 miles of documented testing data. Along with 85 charging experiences at Tesla NACS , and non-Tesla EV CCS Charging stations. He continues to do research on all aspects of owning and driving all types of EVs here in the desert Southwest.

[Sustainability and Our Common Future \(Green Valley\)](#)

Subject Area: Science/Math/Technology

Wednesdays: Single Session 1:00 PM - 2:30 PM

Start: Wed 3/5/25 **End:** Wed 3/5/25

Location: Community Learning Center - Room 203 **Class Size:** 55

Course Description

We are at an unprecedented time in the history of our planet. For the first time ever, our actions as humans are having worldwide consequences. We are clearly at a crossroad where the actions of this generation will have a tremendous impact on all future generations. Humans are capable of great things – of tremendous advances and equally tremendous harm.

This session will showcase where we are, how we got there and our possible paths forward. It will

OLLI-UA Spring 2025 – Green Valley Campus

present some sobering facts of our impact on the environment and some real reasons for hope for a sustainable common future.

Instructor: Tim Schoonhoven

Tim is a registered professional civil engineer with 40-years of experience. His work has impacted a variety of overlapping human conditions from affordable housing to trail systems to stormwater quality. His work is all about connections and sustainability. He has a BS degree in Civil Engineering from Montana State University and a Certificate in Sustainability from MIT in Cambridge, Massachusetts. Tim has been married for 37 years to his amazing wife, Kathy. He has a great son, daughter-in-law and baby granddaughter who live in Tucson, Arizona. Tim is also a triathlete and a hospice volunteer.

[Addiction in America](#)

Subject Area: Civic

Engagement/Community/Government,
Health/Wellness, Social Sciences

Wednesdays: 4 Sessions 1:00 PM - 2:30 PM

Start: Wed 3/12/25 **End:** Wed 4/2/25

Location: Community Learning Center - Room 203 **Class Size:** 20

Course Description

June of 2025 marks the 53rd anniversary of America's War on Drugs. During that period the Federal Government spent more than a trillion dollars to eradicate illicit drug abuse.

More than one million people have died since 1999 from a drug overdose. In 2021, 106,699 drug overdose deaths occurred in the United States. The age-adjusted rate of overdose deaths increased by 14% from 2020 (28.3 per 100,000) to 2021 (32.4 per 100,000). Provisional data from CDC's National Center for Health Statistics indicate there were an

estimated 107,543 drug overdose deaths in the United States during 2023—a decrease of 3% from the 111,029 deaths estimated in 2022

Over the course of four weeks, we will discuss the issues related to the abuse of drugs in America, both illicit and legal. I will be including guest speakers as they are available with expertise in addition, recovery, law enforcement and the economics of drugs.

Instructor: Steve Nelson

Steve Nelson was born in Texas but raised in Oregon. Steve graduated from Oregon State University with a degree in Political Science in 1970. He then served for three years as a Marine Corps Officer. He has been a facilitator at the OLLI Denver University West Campus since 2016 and the OLLI University of Arizona Green Valley Campus since 2017. He has facilitated courses in Current Events, America's Wars in the Greater Middle East. The COVID-19 Pandemic and The American Media in both locations.

[Fulfilling Spain's Two-Hundred-Forty-Year Desire To Colonize California](#)

Subject Area: Arizona History/Culture

Wednesdays: Single Session 11:00 AM - 12:30 PM **Start:** Wed 3/19/25 **End:** Wed 3/19/25

Location: Community Learning Center - Room 210 **Class Size:** 30

Course Description

This year marks the 250th anniversary of the 1775 colonizing expedition to establish the first permanent Hispanic settlement at San Francisco Bay in what was then called Alta California, our current state of California.

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With the leadership by Lt. Colonel Juan Bautista de Anza, commandant of the Tubac Presidio, 240 settlers, soldiers, Indian guides and missionary padres plus 1000 head of livestock traveled from Sonora and Sinaloa over desert and mountain range in eight-months from October 1775 to June 1776 to reach their new home at San Francisco Bay. These colonists included newly recruited soldiers and their families who volunteered to leave their villages and travel to a frontier territory unknown to them.

This study session will trace Anza's rapid rise in the military to become the organizer and leader of this first entirely over-land colonizing expedition. We will follow those apprehensive yet determined colonists on their way to establish a new life for themselves and their families at San Francisco Bay.

Instructor: John Attardi

John Attardi is a returning Study Group Leader specializing in the Spanish colonial era here in Southern Arizona and California. His 10-year association as an Interpretive Guide at Historic Canoa Ranch jump-started a deep interest in the history of New Spain's borderland frontiers, our American Southwest. John's history-related affiliations include the Southwestern Mission Research Center at the University of Arizona, Old Pueblo Archaeology Center, and Tucson Corral of Westerners. He is published in *El Presidio Real*, the publication of the Tucson Presidio Museum.

Online Classes

Mondays

[Investigating Police In-Custody Deaths](#)

Subject Area: History/Current Events

Mondays: 5 Sessions 9:00 AM - 10:30 AM

Start: Mon 1/27/25 **End:** Mon 2/24/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This 5-week course will be a review the facts and fiction within the public debate regarding police officer-involved fatal custodial deaths. My primary goal is to describe the process and the adjudicating factors involved in investigating custodial deaths. The class will include an explanation of the prevailing US Supreme Court rulings. It will conclude with an examination of the facts and fiction behind several of the more recent controversial shootings. I will not be showing images or videos of any incidents. The class is designed to be informative and not a forum for debating related social issues.

Instructor: David Grabelski

Dave has 45+ years of tactical and strategic intelligence experience in the law enforcement and intelligence communities at the local, federal, international, and university/college levels. In his first career, he served 21 years with the Los Angeles Police Department including assignments as a Senior Homicide Detective and Gang Unit Supervisor. His second career was as a Gangs/Drugs/Violence analyst/Instructor for the US Department of Justice / National Drug Intelligence

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Center. Dave recently retired as the Chair and Assistant Professor of the Mercyhurst University's Tom Ridge School of Intelligence Studies in Erie, PA. He holds advanced degrees from Pennsylvania State University and Pepperdine University. Dave and his wife Kitty currently reside in Vail, AZ.

[Approaching Poetry 'On Little Cat Feet'](#)

Subject Area: Literature/Writing/Language

Mondays: 6 Sessions 11:00 AM - 12:30 PM

Start: Mon 1/27/25 **End:** Mon 3/3/25

Location: Online Zoom Offering 1 **Class Size:** 45

Course Description

Fog

By Carl Sandburg

The fog comes

on little cat feet.

It sits looking

over harbor and city

on silent haunches

and then moves on.

I chose this line from Carl Sandburg's poem as the title for the OLLI course I offer because it shows how a poem can come softly padding into your life and take you by surprise, even if you think you hate poetry. Think of how fog tends to creep in like a cat, slowly settling over a harbor or city. Our lives, whether we admit it or not, are surrounded by poetry. We breathe it like air. We live in metaphors and similes, calling our neighbor a horse's ass or saying that a certain politician looks like an orc from Mordor. In a sense, all language is metaphorical. We use it to constantly call one thing another or compare it to that thing.

OK, so maybe you don't actually hate poetry. Maybe you feel it's just not your thing or that it has no relevance to your life. Or that it's filled with "thees" and "thous" and seems written in such abstruse, highfalutin language as if it were something that needs to be decoded.

If so, please join us for this brief (6 week), painless, non-threatening, and FUN introduction to all the many delightful and surprising forms that poetry can take. We might even try writing some and still have time for some far-ranging discussion.

Instructor: Gene Twaronite

Gene Twaronite is a Tucson poet and the author of five poetry collections. His first poetry book, *Trash Picker on Mars*, was the winner of the 2017 New Mexico-Arizona Book Award. His latest poetry collection is *Death at the Mall* (Kelsay Books). He is a former Writer-in-Residence for Pima County Public Library. Follow more of Gene's writing at: genetwaronitepoet.com.

[Iconic Songwriters of Broadway and Hollywood Musicals](#)

Subject Area: Arts/Culture

Mondays: 8 Sessions 1:00 PM - 2:30 PM **Start:** Mon 1/27/25 **End:** Mon 3/17/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Musicals, be it on Broadway or in the movies, have given us much of the music which echoes our life. The songwriters are the creative geniuses that make much of it possible. This course will cover the following: Stephen Sondheim, John Kander, Frank Loesser, Hornick & Bock, Irving Berlin, Burt Bacharach, Jerry Herman, Gilbert & Sullivan, Rado & Ragni, Stephen Schwartz, Charles Strouse, Elton John, Alan Menken, and Meredith Willson. It will not

only cover their music but film clips of it being performed. Be prepared to learn much and be thoroughly entertained.

Instructor: Lee Kaufman

Lee Kaufman has taught in continuing education for Parkway School District, St. Louis Community College, Chautauqua Inst., Olli classes at Washington University, Univ. of Cincinnati, and Univ. of Utah. He is the secretary and founder of The Elgar Society, North Am. Chapter, Co-producer of "George Gershwin Alone, Monsieur Chopin, Beethoven as I knew Him." He lives in St. Louis and tutors second graders in Clayton Schools. Before retirement Lee owned his own company in the floorcovering business for 33 years.

[Separation of Church and State: Vital in 1787; Critical Today](#)

Subject Area: History/Current Events

Mondays: Single Session 9:00 AM - 10:30 AM
Start: Mon 3/3/25 **End:** Mon 3/3/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The presentation starts in 1680 with the Divine Right of Kings and shows how thinkers at that time evolved the idea of separation of church and state. We then look at how the Founding Fathers adopted this idea and included it in our Constitution. We will look at court decisions over time that supported separation. We conclude with a look at how separation has more recently been eroded by various legal actions and court decisions and how this impacts our education, health care, civil rights and the rights of women, minorities, and LGBTQ individuals.

Instructors: Jay Avner, Mike Goldman

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Jay Avner has a degree in Mechanical Engineering and an MBA. He is a retired health care executive where he negotiated provider contracts. He is active in the leadership of Congregation Beth Adam, a humanistic Jewish congregation in Cincinnati. Jay's interests include history, politics, religion, and culture.

Mike Goldman holds a degree in playwriting and has considerable experience in local political activism and campaign management.

[AI Update, Spring 2025](#)

Subject Area: Science/Math/Technology, Social Sciences

Mondays: 3 Sessions 11:00 AM - 12:30 PM

Start: Mon 3/3/25 **End:** Mon 3/17/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

This study group follows ongoing developments in AI, picking up where we left off in Summer 2024.

Instructor: Elena Berman

Elena Berman has a PhD in Linguistics and has been interested in artificial intelligence since she was a graduate student. She's broadly familiar with the topic and has been closely following recent developments in machine learning and communication.

[Introduction to Aviation: How Planes Fly and Don't Crash!](#) [\(Online\)](#)

Subject Area: Science/Math/Technology, Travel/Entertainment

Mondays: Single Session 1:00 PM - 2:30 PM

Start: Mon 3/3/25 **End:** Mon 3/3/25

Location: Online Zoom Offering 2 **Class Size:** 50

Course Description

This fun and entertaining presentation will start with a very brief discussion of the physics of flight and then go on to describe the parts of an aircraft, how they fly, types of aircraft, how to fly them, weather, navigation, and an intro to the air traffic control system. You will not be a certified pilot or air traffic controller after this presentation, but you will hopefully understand more about aircraft for your personal knowledge and to give you confidence in flying, both privately and commercially.

Instructor: Bill Foraker

Bill Foraker is a multi-experienced guy. He worked in Higher Ed, in industry, and is a US Navy Veteran. He is an experienced pilot, musician, and airshow specialist. Bill has played drums and percussion for years, he owned and flew a Piper Comanche and a 1942 USAAF/USAF T-6 for private transportation and airshows, he has worked over 50 major airshows around the US, he was the director of sponsored programs for a state university, and he was a major gift fundraiser. Bill has given many presentations on flying, airshows, EAA AirVenture Oshkosh, the story behind percussion instruments, and fundraising.

[Social Security 101: Everything You Wanted To Know](#)

Subject Area: DIY/Self-Help

Mondays: Single Session 9:00 AM - 10:30 AM
Start: Mon 3/10/25 **End:** Mon 3/10/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Bring your Social Security questions! This program is designed to help you consider your benefit options and start to make your plan for retirement!

When are you eligible to receive retirement benefits?

How does early retirement affect your benefits?

Do you qualify for disability, survivors and spouse benefits?

How do you get the most from your benefit?

What is the future of Social Security?

When should you file for Medicare?

Instructor: Jack Burns

Jack Burns is a Public Affairs Specialist in Arizona for the Social Security Administration. He has worked with The Social Security Administration for over 20 years. Prior to working as a Public Affairs Specialist, he worked training and supervising benefit services staff in Social Security offices in Phoenix and Mesa, AZ. Jack has a B.A. from The University of Connecticut and a MEd from ASU.

[Here's Looking at You: The Best of Alfred Hitchcock, Part 2](#)

Subject Area: Travel/Entertainment

Mondays: 2 Sessions 1:00 PM - 2:30 PM **Start:** Mon 3/10/25 **End:** Mon 3/17/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Alfred Hitchcock was always fascinated with voyeurism and the interplay between voyeurism, filmmaking, and film watching. In this two-week online course, a follow-up to last year's popular "Best of Hitchcock" course, we'll consider four of Hitchcock's best films and explore his obsession with people watching other people. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key themes. Expect another lively trip into the mind of a brilliant, complicated man and the strange, disturbing world he created on film. (If you didn't attend Part 1, no worries! That's not required for this course.)

Instructor: Jay Sherwin

Jay Sherwin is a writer and consultant who has been watching, studying and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he teaches courses on Hitchcock for OLLI programs nationwide.

Tuesdays

[Jazz Music: A Fox Theatre Curious Conversation](#)

Subject Area: Arizona History/Culture, Arts/Culture, History/Current Events

Tuesdays: Single Session 1:00 PM - 2:00 PM

Start: Tue 1/21/25 **End:** Tue 1/21/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Every year incredible jazz musicians perform on the Fox stage, especially as part of the Tucson Jazz Festival. It's hard to overstate the massive impact that this truly American art form has had on the world, yet it can also be challenging to "find a way into it." In response, this Curious Conversation will feature a mix of stories, music, and demos to help make the genre far more accessible and deepen a sense of connection with it— whether you're a long-time lover of jazz or find yourself currently mystified by it. With so much amazing jazz music in Tucson (especially in January), a greater appreciation of it is a direct route to greater enjoyment! Join us at the Fox or on Zoom for this special opportunity to learn from someone uniquely poised to usher that greater enjoyment in for us all.

Instructors: Jordan Wiley-Hill, Kris Dodge

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Kris Dodge is a versatile musician and Tucson arts advocate for more than 30 years, currently serving as the Executive Director of the Tucson Jazz Festival. His rich and varied musical career has taken him from symphonic accompaniment, arrangement, and conducting, to Broadway National Tours and featured performances across the country. This background, combined with his long-time experience as a music educator—for both youth and adults, musicians and non-musicians— makes him a powerful bridge for those seeking to deepen their understanding and appreciation of jazz.

[Mechanisms of Gene Expression](#)

Subject Area: Science/Math/Technology

Tuesdays: 7 Sessions 9:00 AM - 10:30 AM

Start: Tue 1/28/25 **End:** Tue 3/11/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The course will focus on DNA. We will discuss how DNA is structured, replicated, error corrected, transcribed, and translated. More specifically, we will discuss how information is stored in the sequence of the DNA and how memories are retrieved. The DNA sequence can tell us about inheritance, genetic traits, and genetic disease. The DNA sequence can also tell us who our ancestors mated with, where ethnic groups of people originated from, and where ethnic groups migrated. Environmental DNA analysis can tell us about mass genetic surveillance of plants, animals, and humans. Lastly, we will also discuss how genetic traits and diseases can be changed or corrected by gene editing. A background in the biological sciences is advantageous, but not required.

Instructor: Mark Stinski

It has been 12 years since Dr. Mark Stinski, Ph.D., retired and became an Emeritus Professor in the

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Department of Microbiology and Immunology at The University of Iowa. Dr. Stinski taught virology and molecular biology to undergraduate, graduate, and professional students. Dr. Stinski is a Fellow of the American Association for the Advancement of Science and a University of Iowa Distinguished Alumni. Dr. Stinski has been a member of Olli for 18 years and has taught courses in microbiology, virology, and genetics.

[Crypto-Jews: Discovering Jewish Lineage in Family, Tradition and DNA](#)

Subject Area: Arizona History/Culture, History/Current Events, Philosophy/Spirituality/Religion

Tuesdays: 4 Sessions 11:00 AM - 12:30 PM

Start: Tue 1/28/25 **End:** Tue 2/18/25

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

A brief exploration of Judaism in Spain and how the course of history influenced a practice of Judaism in secrecy. Today, many individuals throughout the Americas and including our Southwest, are questioning their family traditions and their DNA test outcomes as they discover their lineage to a Judaism long ago practiced in secret to avoid persecution.

Instructor: Maria R Perez

Maria R Perez, MSSW, is retired after 20+ years in social work, including working with people with disabilities. She is currently involved in creative writing, exploring film making and genealogy. As a person with a disability since toddlerhood, she continues to be an advocate for the disempowered. She enjoys learning about world cultures and religions. She is a former student and faculty of

UTEP, and of UTEP's Osher Lifelong Learning Institute in El Paso, TX.

[Terrorists Organizations in the Middle East](#)

Subject Area: History/Current Events

Tuesdays: 8 Sessions 11:00 AM - 12:30 PM

Start: Tue 1/28/25 **End:** Tue 3/18/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Did Middle Eastern terrorism start with the 9/11 attack, or did it start in 1972 with the Munich Olympic attack? Was Al-Qaeda a passing phenomenon? Did the US succeed in 'degrading and destroying' ISIS? Was Hamas October 7 attack to be expected? Did killing Ben Laden and Al-Baghdadi put an end to future terrorism from the Middle East?

These and many other questions will be examined by exploring the causes, the circumstances and the major factors in play now and then.

Instructor: Samih Baalbaki

Born and raised in Lebanon (18 different religious and ethnic legally recognized communities), Samih retired as a lawyer after spending his last 17 years based in Dubai and traveling extensively on professional assignments to over 20 Muslim countries in the Middle East, North Africa and southeast Asia. For the last 8 years, with OLLI at CCU as well as other educational institutions, Samih has taught courses on Islam, Middle Eastern politics and current affairs. Samih is a native Arabic speaker. Passionate about teaching, Samih has taught two weekly Zoom classes throughout the Covid-19 confinement.

Great Decisions 2025 Online

Subject Area: Civic

Engagement/Community/Government

Tuesdays: 9 Sessions 1:00 PM - 2:30 PM **Start:**
Tue 1/28/25 **End:** Tue 3/25/25

Location: Online Zoom Offering 1 **Class Size:** 70

Course Description

Great Decisions is America's largest discussion program on world affairs. It is organized by the Foreign Policy Association (FPA). The mission of the Foreign Policy Association today, as it has been for over 100 years, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the FPA encourages citizens to participate in the foreign policy process. The FPA publishes a Great Decisions Briefing Book and DVD each year. Purchase of Briefing Book highly recommended. It can be ordered online from the Tucson Great Decisions Association (TGDA.org) for ~\$35. An electronic version may be available from Amazon in January of 2024.

The eight 2025 topics are (not in order):

American Foreign Policy at a Crossroads.

U.S. Changing Leadership of the World Economy.

U.S.-China Relations.

International Cooperation on Climate Change.

The Future of NATO and European Security.

AI and American National Security.

India: Between China, the West, and the Global South.

After Gaza: American Policy in the Middle East.

The format for each week involves:

1. Reading the designated chapter in the Great Decision's Briefing Book

2. A presentation by a participant that has studied the topic and provides additional pertinent information and/or watching a DVD for 30 minutes
 3. Convening a Question-Answer Discussion session
- Instructors: Art Quinn, Sherry Goncharsky, Doug Syme

Art Quinn has a Ph.D. in Plant Breeding and Genetics and worked thirty years for an international seed company based in Germany. He has traveled extensively in Europe and has witnessed the results of foreign policy decisions in numerous eastern European countries. Art is a Vietnam veteran. Art has been a discussion leader for OLLI Great Decisions for a number of years, and also organizes a Great Decision course in a Minnesota retirement community during May and June of each year.

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time "teaching computers to behave for their owners." Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme graduated from Trinity College, Dublin University with a degree in Mechanical Engineering. His career included Manufacturing, Product Design and Development in Ireland and USA, and multiple roles in a small firm supplying equipment for Commercial Swimming Pools. After retiring to Green Valley he has volunteered with Food Bank, and currently is moderator of The Good Shepherd UCC in Sahuarita. He has taken multiple courses with OLLI and volunteers in Green Valley as Custodian/Audio-Visual support. Since the Covid pandemic he has acted as Tech Host for many classes.

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Documentaries to Make You Think

Subject Area: Social Sciences

Tuesdays: 12 Sessions 3:00 PM - 5:00 PM

Start: Tue 1/28/25 **End:** Tue 4/15/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The documentaries shown in this class are diverse, thought-provoking, educational, and informational. I attempt to get documentaries with English subtitles. Please sign into class by 2:45 pm. Our classes run on Tuesdays from 3:00 pm until at least 5:00 pm. Some of the documentaries will last 2 hours plus time for some discussion. Generally, the classes will run longer to allow for discussion, but please feel free to sign off whenever necessary.

NOTE: Please do not expect a 4G, surround sound experience, rather it may have more of a "drive-in theater" feel to it. It is also helpful to shut down all programs besides Zoom on your computer, iPad or iPhone to help minimize any lag. Exact Documentary Listing TBD.

This class will be offered as a hybrid, both in-person and online.

Instructor: Mallory Riegger

As a UA graduate with a BS in Accounting, Mallory has worked in Accounting, Marketing and Management roles since 1985. She has been actively volunteering since 1997 in accounting, IT, training, and leadership roles including Scouting and OLLI-UA. She has been an SGL since 2018, on the AV Committee since 2018, Zoom Support & Tech Training (2020/21), tech host (ongoing), OLLI-UA recordings editor and manage the DVD library. She was the OLLI-UA Board Treasurer 2019 - 2023 and is currently the OLLI-UA Board VP.

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Pharaohs of Ancient Egypt

Subject Area: History/Current Events

Tuesdays: 4 Sessions 3:00 PM - 4:30 PM

Start: Tue 1/28/25 **End:** Tue 2/18/25

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

This four-week series will explore the lives and legacies of Ancient Egypt's most remarkable pharaohs. From the unification of Egypt under Narmer to the grandeur of Ramses II, participants will delve into the pivotal moments that shaped Ancient Egypt's political, religious, and cultural landscapes. Each session will focus on the reigns of rulers such as Hatshepsut, Akhenaten, and Ramses II, offering insights into their enduring influence on world history. Join me to uncover the stories behind Egypt's most powerful leaders and the lasting impact of their reigns.

Instructor: Nicola Richmond

Nicola Richmond is the Vice Chancellor of Strategy, Analytics and Research at Pima Community College. She oversees strategic planning, institutional and operational effectiveness, federal and state reporting and ad hoc reporting at the institution. She has an extensive data analysis and research background that most recently focuses on higher education, but her experience also includes the analysis of magnetometer data for the moon and Mars, and the application of cellular automata models to coastal environments. She has a Ph.D. in Geology from University College London. Her doctoral research focused on the incorporation of aluminum and iron into deep Earth magnesium silicate minerals using numerical modeling approaches from quantum mechanics and solid state physics. Nic has a strong interest in cross-disciplinary research approaches, taking techniques

from the sciences and bringing them to higher education research.

Star Trek and Artificial Intelligence: Preparations for a Strange New World

Subject Area: Arts/Culture, Literature/Writing/Language, Philosophy/Spirituality/Religion

Tuesdays: 6 Sessions 3:00 PM - 4:30 PM

Start: Tue 1/28/25 **End:** Tue 3/4/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

This course explores the intersections of Artificial Intelligence and the Star Trek universe, using the iconic science fiction franchise as a springboard for discussions on modern AI, ethics, creativity, societal disruption, and governance. From Data's quest for humanity to the cosmic intelligence of V'Ger in Star Trek: The Motion Picture, participants will gain a deeper understanding of AI's potential impacts on the world and the challenges and opportunities that lie ahead.

Students would need a Paramount+ subscription. (5.99/a month)

Instructor: Ric Jahna

Ric Jahna is a professor of English at Arizona Western College, where he teaches writing, literature, and folklore. He holds an MFA in fiction writing from the University of Arizona and a Ph.D. in literature from the University of Louisiana Lafayette. He is the author of the short story collection True Kin and has published articles on literature and pop culture. His current projects explore the intersection of AI technology, creativity, and ethics. In addition to his academic work, he is

passionate about engaging students in thoughtful discussions on the role of artistic expression in a rapidly changing world.

Open To Debate

Subject Area: Civic Engagement/Community/Government, History/Current Events, Philosophy/Spirituality/Religion

Tuesdays: 8 Sessions 1:00 PM - 2:30 PM **Start:** Tue 2/4/25 **End:** Tue 3/25/25

Location: Online Zoom Offering 2 **Class Size:** 70

Course Description

In this class we will share information about current topics, beliefs, ideas, and concepts using a friendly debate format. Prior to each week's class two participants will volunteer to prepare an argument, either for or against, a chosen topic or idea. They will be given a minimum of 1 week to prepare and deliver, at the beginning of class, a 3 to 5-minute presentation that logically supports their argument. Members are welcome to submit ideas for debate subjects, but as the moderator I will choose the topics to be debated. Debate topics will vary and may include current events, politics and legislation, religion, environment, relationships, philosophical concepts, etc. The use of AI will be permitted but should align with the presenters' own beliefs. For the remainder of the class time, all participants will be invited to discuss and support their own opinions "for" or "against." Rules of engagement must be followed, including mutual respect, tolerance for other's ideas, and if debating, a commitment to prepare an intelligent, clear, and concise position or argument. If you enjoy a good debate/discussion, come join us for a class that promises to educate and stimulate!

Instructor: Judith Rockey

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Judith is recently retired and enjoys dark room photography and taking classes at OLLI.

[The Mexican Mural Movement: History, Politics, Legacy](#)

Subject Area: Arts/Culture

Tuesdays: 3 Sessions 11:00 AM - 12:30 PM

Start: Tue 2/25/25 **End:** Tue 3/11/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Begun by government commission immediately following the Mexican Revolution early in the 20th century, Muralism is an art movement in which the government commissioned artists to make art that would educate the mostly illiterate population about the country's history and present a powerful vision of its future.

Inspired by the idealism of the Revolution, artists created epic, politically charged public murals that stressed Mexico's pre-colonial history and culture and that depicted peasants, workers, and people of mixed Indian-European heritage as the heroes who would forge its future. The murals were executed in techniques including fresco, encaustic, mosaic, and relief. José Clemente Orozco, Diego Rivera, and David Alfaro Siqueiros were considered the leaders of the Mexican Muralism.

Instructor: Isabel Aaronson

Isabel Aaronson is a former art teacher, museum buff and long time member of OLLI-UA Tucson. She has led several previous art-related study groups.

[Airshows: Behind the Flash and Noise \(Online\)](#)

Subject Area: Travel/Entertainment

Tuesdays: Single Session 9:00 AM - 10:30 AM

Start: Tue 3/11/25 **End:** Tue 3/11/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

This presentation is about what it takes to make an airshow happen, from working with the FAA, the performers, the guests, the vendors, the contractors, and the other professionals who make a show a reality. Your presenter has worked over 75 shows for over 25 years all around the country. He has seen the good, the bad, and the tragic, and will provide a fun and interesting overview of the process. He will also provide an introduction to the upcoming Davis-Monthan airshow.

Instructor: Bill Foraker

Bill Foraker is an experienced warbird pilot and air show specialist. Bill owned a 1958 Piper Comanche 250 and a 1942 North American T-6. Bill has flown in air shows, airbossed and announced shows, produced shows, and run ground ops for over 75 shows around the country. He has twice worked the shows at DM and will introduce this year's show. He will not attend the DM show this year as he will be running Ground Ops at the California Capital Air Show in Sacramento.

[What the Heck Is Listeria and How Does It Get Into Our Food? \(Online\)](#)

Subject Area: Health/Wellness

Tuesdays: Single Session 11:00 AM - 12:30 PM
Start: Tue 3/18/25 **End:** Tue 3/18/25

Location: Online Zoom Offering 2 **Class Size:** 50

Course Description

The listeria outbreak from Boars Head Meats killed 10 people and made at least 59 people ill nationwide. Over 200,000 pounds of meat were recalled. A quick review of their USDA inspection reports shows more than a year of uncorrected disgusting violations that could have easily caused the outbreak. But wait. What about the listeria recalls for enoki mushrooms, alfalfa sprouts, pet foods, fresh guac, raw produce like green peppers and green beans, different cheeses...and the list goes on.

Outbreaks from listeria are now more common than salmonella and E. coli. Why is this happening, and what are the risks associated with eating contaminated foods for older people?

Instructor: Bette Packer

Bette inspected restaurants and food manufacturing facilities in Minneapolis, followed by several years consulting with the food industry writing required HACCP (Hazard Analysis Critical Control Point) plans for food manufacturers.

[Sustainability and Our Common Future \(Online\)](#)

Subject Area: Science/Math/Technology

Tuesdays: Single Session 3:00 PM - 4:30 PM
Start: Tue 3/18/25 **End:** Tue 3/18/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

We are at an unprecedented time in the history of our planet. For the first time ever, our actions as humans are having worldwide consequences. We are clearly at a crossroad where the actions of this generation will have a tremendous impact on all future generations. Humans are capable of great things – of tremendous advances and equally tremendous harm.

This session will showcase where we are, how we got there and our possible paths forward. It will present some sobering facts of our impact on the environment and some real reasons for hope for a sustainable common future.

Instructor: Tim Schoonhoven

Tim is a registered professional civil engineer with 40-years of experience. His work has impacted a variety of overlapping human conditions from affordable housing to trail systems to stormwater quality. His work is all about connections and sustainability. He has a BS degree in Civil Engineering from Montana State University and a Certificate in Sustainability from MIT in Cambridge, Massachusetts. Tim has been married for 37 years to his amazing wife, Kathy. He has a great son, daughter-in-law and baby granddaughter who live in Tucson, Arizona. Tim is also a triathlete and a hospice volunteer.

Connectivity: a la Carte

Subject Area: DIY/Self-Help

Tuesdays: 2 Sessions 11:00 AM - 12:30 PM

Start: Tue 3/25/25 **End:** Tue 4/1/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

20 years ago, most of us had a cable TV service, a landline and maybe a cell phone, but then the cost of cable went way up, the landline became little more than an aggravation, cell phones became mobile computers, social media exploded, and we started streaming movies at home. Eventually, the cost of connectivity exceeded \$300/month, much of it unused or duplicated. 5G home internet has finally created a very competitive market and has rapidly changed how consumers connect to the world. This course will examine why and how to unbundle those cable and phone services and re-connect with what you need and want, a la carte. That's called cord cutting and it can significantly lower the cost of your connections.

Instructor: Loring Green

Loring has taught a number of classes on a number of subjects over the past 20+ years.

Sea Levels in the Age of Climate Change

Subject Area: Civic

Engagement/Community/Government,
Science/Math/Technology

Tuesdays: Single Session 11:00 AM - 12:30 PM

Start: Tue 3/25/25 **End:** Tue 3/25/25

Location: Online Zoom Offering 1 **Class Size:** 70

Course Description

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This one-hour class will examine what's causing sea level rise, what's changed since climate change set in at the start of the Industrial Revolution, and how this round of higher seas is different from those in geological history. So, first the geography. Second, the "hot spots" and hot issues to watch for today. A relative term since this is mostly about Antarctica. Third, what does a given number of feet in higher seas mean in terms of impacts on coastal human settlements? Fourth, what can we do to mitigate this – as consumers, as voters, and as deployers of our unique individual skills and passions?

The learning objectives of the class are a) fact-driven greater awareness and b) greater individual mitigation efforts. We will use a PowerPoint presentation with extensive material in the Notes pages. There will be ample opportunities for class feedback and discussion. This PPT will be supplied to class members after the class.

Instructor: Julie Rodwell

J. F. Rodwell was born and educated (economics and urban planning) in the UK, emigrated to North America in her 20s and has had a long career in transportation projects and policy (freight, aviation, rail and bus transit, tribal transportation and more.) In 2023 she authored a climate change book, Green New Cities of Tomorrow which addresses why we need a green-city-building program and how to set about it and taught on this at OLLI. This new 2025 class goes into more depth about global sea level rise and why it's a driver of the need for new communities.

[Finches, Tortoises and Moai: Islands in the Pacific Ocean](#)

Subject Area: Travel/Entertainment

Tuesdays: 2 Sessions 11:00 AM - 12:30 PM

Start: Tue 4/1/25 **End:** Tue 4/8/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

The 3,000 square mile Galapagos archipelago forms the Galapagos Province of Ecuador, located 560 miles from the mainland. Rapa Nui (Easter Island) is a 63 square mile island located 2,200 miles from mainland Chile, of which it is a Special Territory.

The Galapagos are known for their rich biological diversity, including numerous bird species, giant tortoises and marine iguanas. They also are known for Charles Darwin's observations of adaptations unique to finches on individual islands, contributing to the development of his thoughts presented in his book, "On the Origin of Species by Means of Natural Selection, or the Preservation of Favoured Races in the Struggle for Life."

Rapa Nui is known for its nearly 900 giant stone Moai and the discredited contention that the island's residents committed "ecological suicide" by cutting down the island's trees. It is one of the world's most remote inhabited islands – the nearest inhabited land, Pitcairn Island, is more than 1,200 miles away.

We will explore the geography, geology, anthropology and biology of these two very different Pacific Island communities, featuring photographs from my visits.

Instructor: Lee Compton

Lee trained as a molecular biologist. He has taught and conducted research, served as Chair of the NYS Biodiversity Research Institute and led a very small

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biotechnology company. Born a Californian, he spent half his life in New York City where, as a member of Manhattan Community Board 4, he worked on rezonings leading to the creation of the High Line elevated park and Hudson Yards. He is an enthusiastic amateur photographer; in addition to photographing Virgil, his favorite local subject, and the southwest, he has photographed in Western Europe, Central and South America, Australia and Africa.

[Radical Endurance: Growing Old in an Age of Longevity](#)

Subject Area: Health/Wellness

Tuesdays: Single Session 1:00 PM - 2:30 PM

Start: Tue 4/1/25 **End:** Tue 4/1/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Why are so many of us afraid of growing old? And why has old age gotten such a bad rap? Educator Herbert Kohl says that "having experience, being able to reflect on the past and grow through it, and being able to have a second childhood and grow up again on a conscious level" are all part of the art of aging. In this online lecture and conversation, we will enjoy some inspiring true stories about interesting old people; we will quiet our fears of losing our minds, our mobility, or our independence; we will learn to resist ageism in our everyday lives, and we will assert that we have meaningful futures. Ask questions, share your stories, and get some nourishing food for thought.

Instructor: Andrea Gilats

Andrea Gilats, Ph.D., is a writer, educator, and former yoga teacher who created and led lifelong learning programs at the University of Minnesota for over thirty years, including the pioneering

series, *Encore Transitions: Preparing for Post-Career Life*. She is the author of two books published by the University of Minnesota Press, *Radical Endurance: Growing Old in an Age of Longevity* (2024), praised as “a personal guide to the transformations, hard truths, profound pleasures, and infinite possibilities of aging,” and *After Effects: A Memoir of Complicated Grief* (2022), which won an Honorable Mention from the Forward Indies 2023 Book Awards. She is also the author of *Restoring Flexibility: A Yoga-Based Practice to Increase Mobility at Any Age*, published by Ulysses Press. Learn more about her at andragilats.com.

Wednesdays

[Bird Songs, Calls, and Sounds](#) (Online)

Subject Area: Science/Math/Technology

Wednesdays: 3 Sessions 9:00 AM - 10:30 AM

Start: Wed 1/29/25 **End:** Wed 2/12/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

What’s the difference between a bird’s song and its call? Do birds learn their songs from their parents, or are they innate? What is the “dawn chorus”? Do birds have vocal cords?

Humans speak, but birds SING! In this course we’ll take a deep dive into how, when, where, and why birds make the beautiful, striking, and amusing sounds we hear and wonder about. Learn how birds use their bodies to make sounds and to communicate with one another about what matters most in their quest to survive and reproduce. Examples are from a wide variety of species, not

limited to birds found in Arizona. Lots of videos, photos, and audio clips!

To equip you to indulge your curiosity with real birds, we’ll include a few minutes for you to learn and practice using the free Merlin Bird ID app. With this easy tech tool, your phone can be your bird guide by listening to and identifying the birds around you.

The class sessions (the same material) will be offered twice: in person at Central Tucson, and online via Zoom. Choose the learning format you prefer. No field trips accompany this course but do register separately for OLLI birding Field Trips if you’d like to go birding with Laura.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 20 years. Laura and her husband Bill go birding locally and wherever they travel and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding including sparrows, beginning birding, habitat, woodpeckers, hummingbirds, and birders' tech tools. She is a Pima County Master Naturalist and a volunteer field trip leader for OLLI and for the Tucson Audubon Society.

[Our Neighboring Planets: Facts and Folklore](#)

Subject Area: Science/Math/Technology

Wednesdays: 3 Sessions 9:00 AM - 10:30 AM

Start: Wed 1/29/25 **End:** Wed 2/12/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

Even as late as the 1960's little was known about our neighboring planets. The launch of Sputnik by the former Soviet Union brought this lack of knowledge to the attention of both scientists and

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the general public. In this class I'd like to discuss the hard science, and the many stories associated with the other planets of our solar system. No knowledge of science is needed to take this class.

Instructor: Carl DeVito

Carl Devito is an emeritus professor at the University of Arizona. Lately he has been active in the conceptual aspects of astro-biology, and participated in conferences on these matters over the past few years.

[Chen Village Tai Chi](#)

Subject Area: Health/Wellness, Philosophy/Spirituality/Religion

Wednesdays: 6 Sessions 11:00 AM - 12:30 PM

Start: Wed 1/29/25 **End:** Wed 3/5/25

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind.

Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in

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the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

[Lessons from The Great Depression](#)

Subject Area: History/Current Events

Wednesdays: 2 Sessions 11:00 AM - 12:30 PM

Start: Wed 1/29/25 **End:** Wed 2/5/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

The course will cover events in the 1920's leading up to the start of The Great Depression, including ominous parallels between the 1920's and the 2020's. We will discuss political and economic conditions during the 1930's and the early years of WWII with detailed examination of the lives of a diverse group of Americans who provided first-hand accounts of their lives during this tumultuous period of American life. There will be a discussion of lessons learned with questions and comments solicited.

Instructor: Ed Linz

Ed Linz, a 1965 graduate of the U.S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was the Commanding Officer of a Ballistic Missile submarine and holds advanced degrees from Oxford University and George Mason University. He lives in Maine and Virginia and is the grateful recipient of a heart transplant in 1994.

[Reading The Economist With Non-Economists](#)

Subject Area: Arts/Culture, History/Current Events, Science/Math/Technology

Wednesdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Wed 1/29/25 **End:** Wed 4/16/25

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

Join us to discuss the news as reported in the world's most influential weekly news magazine with wide appeal. The Economist is written for the general public, not specialists.

The Economist has an international perspective, examining countries and current developments in a wide range of topics. Subjects include foreign affairs, climate, space, science, medicine and others. The magazine has something for everyone – reportage, commentary, analysis, profiles, criticism, statistics and even cartoons. Articles are typically 1-2 pages. A background in Economics is definitely not necessary.

Access to a print or digital version of The Economist is desirable, but workarounds are available to those not having a subscription. Also, there are various 3rd party discounts or short-term subscriptions offered on the internet.

Each week 3 or 4 class members volunteer to take a different article from the current issue and prepare a short summary and commentary for the class the following week. In addition, the entire class will read a major article for Group Discussion.

We avoid US politics, which is amply covered elsewhere. Join us for a spirited discussion of interesting topics.

Instructor: Charles Wright

Charles is a retired architect. During his career he was involved in a number of projects for international organizations in Europe, Africa, Asia, Latin America, and the Caribbean. Join us for stimulating discussions.

[Spanish for Beginners I](#)

Subject Area: Literature/Writing/Language

Wednesdays: 12 Sessions 1:00 PM - 2:30 PM

Start: Wed 1/29/25 **End:** Wed 4/16/25

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

This course is for individuals who have little to no prior experience with the Spanish language. It is designed as an introductory course to provide a basic understanding of the structure of the language and an opportunity to learn and practice vocabulary and simple phrases, narratives and conversations. Classroom exercises will include speaking, reading and writing. The emphasis throughout the course will be on proper pronunciation as well as building a solid practical vocabulary. Lessons will include the Spanish alphabet, counting from zero to 1000, and naming the days of the week, months and seasons. Topics such as identifying gender, the use of personal pronouns, and definite/indefinite articles will be covered. The lessons in this class will focus on the simple patterns used to form the present indicative tense. Learning will include the conjugation of regular -ar, -er and -ir verbs as well as some often-used irregular verbs. Although this class is geared toward beginners, anyone who wants to review the basics and sharpen their skills is welcome to join.

The book that will be used to structure the lessons is Barron's "Spanish the Easy Way" 4th Edition. ISBN# 0-7641-1974-5. It can be purchased at Amazon or eBay, as well as other online book outlets. Various Bookman locations in Tucson often

have this book in stock. Make sure to check the ISBN# to ensure that it is the 4th Edition.

Instructor: Camellia Watters

Camellia (“Millie”) has been an OLLI member since 2020. She has taken beginning, intermediate and advanced levels of Spanish at OLLI. She has also done tech hosting for all three levels. Prior to joining OLLI, she volunteered as a tutor in the California Adult Literacy Program, where she taught individuals and groups of native Spanish speakers to read English. Camellia started as an SGL for the Spanish for Beginners class in the fall of 2024.

[To Self-Publish or Not to Self-Publish: That is the Question](#)

Subject Area: Literature/Writing/Language

Wednesdays: 2 Sessions 9:00 AM - 10:30 AM

Start: Wed 2/12/25 **End:** Wed 2/19/25

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Are you considering self-publishing your book or story, but don’t know how to go about it? Then this course is for you. Self-published author, Elaine A. Powers, will guide authors through the steps of preparing a book for self-publishing, the self-publishing process, and the subsequent marketing.

Instructor: Elaine Powers

Biologist and author Elaine A. Powers has published over twenty-five science-based books through her Lyric Power Publishing, LLC, including rhyming picture books and adventure tales. She was featured on AZPM’s Arizona Illustrated and in the Arizona Daily Star. She served as the Pima County Library System’s Writer-in-Residence. She is involved in conservation efforts as a member of the IUCN. Several of her books are translated into other languages, including the endangered Chamoru of

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Guam. Elaine teaches an enrichment program for the Marana USD and gives talks at many schools. She has a YouTube channel featuring her characters and scientific tidbits.

[American Education: Why We Lost World Leadership, How Can We Reclaim It?](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events

Wednesdays: 5 Sessions 11:00 AM - 12:30 PM

Start: Wed 3/12/25 **End:** Wed 4/9/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

For decades, the United States was the world leader in education. We pioneered universal public schools, were the first to send most students to high school and after World War II ushered in widespread post-secondary education. Our leadership created the foundation for “the American Century.” But in recent years, we have slipped behind many advanced countries in student test scores and attainment. Our prized post-secondary system has become mired in massive student debt and boasts the highest college drop-out rate in the world. All this means we are no longer preparing many students to lead successful lives as adults.

This class will look at what went wrong, and how we might reclaim our leadership. We will begin by looking at how the US achieved world leadership. The second session will examine how we began slipping in the 1980s and the subsequent national efforts to restore our leadership, including No Child Left Behind, which mandated testing. In the third class, we will look at why a Pathways approach to

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career success offers a far more promising approach to preparing all students.

The fourth class will look at the crisis in teaching, including the shortage of teachers. OLLI students who have been teachers will be invited to contribute. Finally, the fifth class will examine the challenges facing our colleges and universities.

This will be offered as a hybrid class. I expect to invite some outside experts to speak as well. Class participation will be strongly encouraged.

Instructor: William (Bill) Symonds

Bill Symonds has previously taught the “Understanding Journalism” course at OLLI. Now his American Education course will draw on his second career as national advocate for education reform. Starting in 2007, Bill spent 7 years at Harvard, where he founded and led the Pathways to Prosperity Project, and was invited to speak in many states about its seminal Pathways to Prosperity report. In 2014, he moved to Arizona as Director of the Global Pathways Institute, based at ASU. Bill believes that to prepare all children for success, we need to offer multiple pathways to careers, rather than just four-year college.

TMA Docents’ Art Talks

Subject Area: Arts/Culture

Wednesdays: 6 Sessions 1:00 PM - 2:30 PM

Start: Wed 3/12/25 **End:** Wed 4/16/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

These beautiful Art Talks by Docents from Tucson Museum of Art will once again be presented covering a wide range of art topics. We delight in offering new and interesting talks.

Instructor: Dick Woodward

Dick Woodward is a 10+ year OLLI-UA member and a SGL who has led classes in literature, drama and the visual arts. He prides himself as an engineer who uses OLLI to round out his liberal arts education in his dotage. He looks forward to sharing his enthusiasm for lifelong learning.

Advanced Cutting the Cable/Satellite TV Cord: Tailoring Your Streaming Plan (March 19)

Subject Area: Science/Math/Technology

Wednesdays: Single Session 11:00 AM - 12:30 PM **Start:** Wed 3/19/25 **End:** Wed 3/19/25

Location: Online Zoom Offering 3 **Class Size:** 10

Course Description

This Zoom class is intended for participants who are already familiar and experienced with internet-based TV streaming. All others should first attend OLLI’s basic streaming introduction classroom-based course, “Cutting the TV Cord: Pros and Cons and Best Options.”

This advanced Zoom class will help experienced TV streamers explore and define the best options and actions needed to achieve a streaming set-up tailored to their preferences, needs, and budget preferences. Prior to this class, each participant is requested to complete a quick online questionnaire about their current streaming situation and objectives. Information from questionnaires enables the instructor to plan the Zoom discussion around participants’ priorities.

Enrollment strictly limited to 10 participants.

Instructor: Bill Jackson

Bill Jackson, a University of Minnesota alum, has a background in sociology/psychology undergrad and industrial relations graduate studies (Carlson

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School). He is a retired business consultant and leads numerous classes and presentations on TV cord-cutting and related topics.

[Advanced Cutting the Cable/Satellite TV Cord: Tailoring Your Streaming Plan \(April 2\)](#)

Subject Area: Science/Math/Technology

Wednesdays: Single Session 11:00 AM - 12:30 PM **Start:** Wed 4/2/25 **End:** Wed 4/2/25

Location: Online Zoom Offering 3 **Class Size:** 10

Course Description

This Zoom class is intended for participants who are already familiar and experienced with internet-based TV streaming. All others should first attend OLLI's basic streaming introduction classroom-based course, "Cutting the TV Cord: Pros and Cons and Best Options."

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[Advanced Cutting the Cable/Satellite TV Cord: Tailoring Your Streaming Plan \(April 16\)](#)

Subject Area: Science/Math/Technology

Wednesdays: Single Session 11:00 AM - 12:30 PM **Start:** Wed 4/16/25 **End:** Wed 4/16/25

Location: Online Zoom Offering 2 **Class Size:** 10

Course Description

This Zoom class is intended for participants who are already familiar and experienced with internet-based TV streaming. All others should first attend OLLI's basic streaming introduction classroom-based course, "Cutting the TV Cord: Pros and Cons and Best Options."

This advanced Zoom class will help experienced TV streamers explore and define the best options and actions needed to achieve a streaming set-up tailored to their preferences, needs, and budget preferences. Prior to this class, each participant is requested to complete a quick online questionnaire about their current streaming situation and objectives. Information from questionnaires enables the instructor to plan the Zoom discussion around participants' priorities.

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Thursdays

[All Things Jewish](#)

Subject Area: Philosophy/Spirituality/Religion

Thursdays: 9 Sessions 9:00 AM - 10:30 AM

Start: Thu 1/30/25 **End:** Thu 4/3/25 - **No Class February 20**

Location: Online Zoom Offering 1 **Class Size:** 20

Course Description

In this interactive discussion group, our discussions are based on hot topics that covers all aspects of Judaism and Jewish life — from food to history to beliefs and practices.

Our discussion group is geared toward all backgrounds and levels of knowledge. Each week you will receive articles to start the conversations.

Agreements for those wishing to be in this class:

Honor Confidentiality

All zoom cameras must be on during class.

Each of your contributions is succinct and no more than 2 minutes.

Bring Jewish Jokes...When words fail us there is always humor!

We will cover:

Jewish Humor 101: Bring Jokes Bring Jokes Bring Jokes; Judaism and the Mystical: Angels and Dybbuks; Judaism and Conversations about God: Wisdom from Chabad, Kabbalists, Maimonides, Spinoza, Einstein, and more; We, The People: Origins, Denominations and Photos of Shtetl Life; Jewish Creativity: Comments from Rothko, Judy Chicago, David Brooks and more; Judaism and the Afterlife: Reincarnation?; Brave Hearts: Photo story of the Lutz Ghetto and the Partisans; Passover Practices around the World; and more.

Instructor: Adrienne O'Hare

Adrienne O'Hare was born in Brooklyn. She has a master's degree in Group Dynamics and post graduate certificates in Women's Studies and Art Therapy. She is an Art Therapist and a Spiritual Director in private practice. She has been a docent first at the U of A, Mini Time Machine, and the Tucson Museum of Art since 2016. As an Art Essayist, she seeks to portray the beauty and strength of the human spirit. Her first novel, Sheol County Blues, was well received, and her paintings were in a dozen or so art exhibits in Tucson and Philadelphia.

[100 D-Days: The Air War Against the Rising Sun](#)

Subject Area: History/Current Events

Thursdays: 5 Sessions 11:00 AM - 1:00 PM

Start: Thu 1/23/25 **End:** Thu 2/20/25

Location: Online Zoom Offering 4 **Class Size:** 300

Course Description

100 D-Days follows the rise and fall of the Japanese Empire from its invasion of Manchuria and China in the 1930s to its ultimate defeat under the weight of American bombs. We look at the vastness of the Asia Pacific combat theater, the development of the largest fleet ever seen – before or since – and explore how the perfection of the aircraft carrier and aviation in general were the central fact of the war in the Theater.

Learn about the breathtaking early victories by the Japanese Army and Navy in Southeast Asia and the Pacific and the role of aircraft in this remarkable string of naval and military success. And follow the turn of the tide as the weight of American industry asserted itself against the Japanese invaders. Using extensive video clips, animated maps and images,

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we will cover the first naval engagements where neither side saw the enemy except from the air. Finally, we will trace the development of the B29, the most expensive weapons system in history, and how firebombing - conventional and atomic - brought victory and changed the face of warfare.

Instructor: Buck Beasom

Buck Beasom has a two-track career that includes 40 years of professional experience as a VP of Finance and applications developer with a parallel 30-year career as a teacher of Business Courses and History. A long-time student of World War II he has developed multi-media courses on the Air War in Europe and the Air War in the Asia/Pacific theater. He teaches for OLLI Chapters across the country.

[Atlas of the Heart: The Language of Human Experience](#)

Subject Area: DIY/Self-Help, Health/Wellness, Philosophy/Spirituality/Religion

Thursdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 1 **Class Size:** 30

Course Description

The New York Times bestselling author Brene Brown writes “If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and be stewards of the stories that we hear. This is the framework for meaningful connection.” Brown shows her readers ways to understand their stories through naming their experiences. The more a person can give meaning to the words s/he uses, the more one is able to connect and hold sacred space for connection to hear another’s story.

Utilizing Brene Brown’s Atlas of the Heart: Mapping Meaningful Connection and the Language of Human Experience, we will delve into several of the

eighty-seven segments Brown breaks open in her latest work. Brown explores emotions and experiences as varied as anxiety and awe, hopelessness and joy, shame and self-compassion, love and lovelessness, trust and betrayal.

An introductory email prior to the class will list all eighty-seven emotions and experiences as well as ways to choose the topics we will discuss.

Please join us for these twelve classes to help rediscover our hearts, to remember the impact of our words, and to re-experience the value of connection within and between our spirits.

Bring your knowledge, experiences, insights, and wisdom to share in our discussions. While reading the book is not required, it could be helpful in furthering participants’ understanding of this transformation.

Please know that this discussion group is not intended to replace your own psychological therapeutic work.

Instructor: Mary Ellen Klawiter

Mary Ellen lived her first fifty years in Philadelphia Pennsylvania where she worked as an Educator, a Director of Religious Education, and a Hospice Chaplain. Her undergraduate work was in history and theology, and her graduate theological studies spanned both Religious Education and Clinical Pastoral Education.

Mary Ellen moved to Sahuarita in February of 2010. While living in the Tucson area, she returned to school and received an M.S. in Mental Health Counseling. She counseled at risk teens, preteens, and older adult struggling with losses in life. Since joining OLLI, Mary Ellen has offered at least one in person or online discussion class each semester.

Mary Ellen completed an intensive Transformational Coaching Course in July of 2024 and is working toward her coaching certification. She moved back to the Philadelphia area to be closer to her young

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grandson, son, and daughter-in-law in August of 2024.

[Reading and Discussing The New Yorker](#)

Subject Area: Arts/Culture, Health/Wellness, History/Current Events, Social Sciences

Thursdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 2 **Class Size:** 45

Course Description

The New Yorker magazine is a rich resource for current, historic, cultural, and scientific information. To get the most out of this resource each week we discuss five current articles. The class chooses an article for next week's group discussion, then four different class members volunteer to provide an introduction into other articles. Each class starts with a group discussion. Then the volunteers' introductions are used to provide the base for the four additional weekly discussions. All members are encouraged to make presentations and participate in discussions.

Instructors: Ronald Peterson, John Nemo

Ron Peterson has been a UA OLLI-UA member since 2012 following a career as a broker and investment banker in Washington, DC. He served as a VP at Paine Webber and Prudential Securities and headed a financial futures unit for Merrill Lynch. He is the author of "Solomon's Wishes," a book on investment strategies and tactics and two other books, won two investment contests and lectured on markets for banks and individual investors. He holds two masters' degrees and four graduate certificates.

John Nemo is a member of our tech host and presentation team here in Reading and Discussing The New Yorker.

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[Spanish for Beginners 2](#)

Subject Area: Literature/Writing/Language

Thursdays: 12 Sessions 11:00 AM - 12:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 3 **Class Size:** 30

Course Description

This course is the continuation of Spanish For Beginners 1. The lessons will begin with Work Unit #8 in the book "Spanish the Easy Way" (this book is also used in the course Spanish For Beginners 1).

It is recommended, but not required, that students will have completed the OLLI Class "Spanish For Beginners 1" and/or have a good understanding of the conjugation and use of regular -ar, -er, and -ir verbs in the Present Indicative Tense.

Lessons for this class will include the conjugation of irregular verbs of the Present Indicative Tense, the use of the verbs Ser and Estar, descriptive & limiting adjectives, formation and use of direct commands, and other grammar topics.

At the completion of this class, students should be ready to move on to master the Preterite Indicative (past) Tense.

Some review of the topics covered in Spanish For Beginners 1 will be incorporated into the lessons for this class.

Students who are interested in strengthening their fluency at a foundational level might consider taking Spanish For Beginners 1 and 2 concurrently.

The book that will be used to structure the lessons is Barron's "Spanish the Easy Way" 4th Edition. ISBN# 0-7641-1974-5. It can be purchased at Amazon or eBay, as well as other online book outlets. Various Bookmans locations in Tucson often have this book in stock. Make sure to check the ISBN# to ensure that it is the 4th Edition.

Instructor: Camellia Watters

Camellia (“Millie”) has been an OLLI member since 2020. She has taken beginning, intermediate and advanced levels of Spanish at OLLI. She has also done tech hosting for all three levels. Prior to joining OLLI, she volunteered as a tutor in the California Adult Literacy Program, where she taught individuals and groups of native Spanish speakers to read English. She started as SGL (Study Group Leader) at OLLI in the fall 2024 session with the Spanish For Beginners Class.

[Celebrating the Musical Connections Between Travel, Adventure, and Romance](#)

Subject Area: Arts/Culture,
Travel/Entertainment

Thursdays: 8 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 3/20/25

Location: Online Zoom Offering 3 **Class Size:**
300

Course Description

Join us for an 8-week musical odyssey that not only celebrates the profound ability of music to whisk us away on global adventures without leaving our seats, but also delves into the rich history of various modes of transportation such as planes, trains, boats, automobiles, and more.

Explore timeless classics with over 100 tracks and videos from “Bing to Beyoncé” spanning the Great American Songbook (including Broadway, Film, Jazz, and Standards), Rock, Folk, Country, Soul (including R&B and Motown), and Hip Hop.

From literal travels to metaphorical journeys, this series promises to inspire, educate, and entertain, leaving you with lasting tunes of travel, adventure, and romance.

Each session offers a dual exploration: uncovering the stories behind these tracks and providing an historical overview of how our fascination and love of travel is so intricately connected with music.

Instructor: Michael Agron

Michael returns to our OLLI for his sixth seminar series. He grew up in LA, the heart of the recording & entertainment industry. He loved music so much he wanted to become a recording engineer. Fate had different plans, and he ended up with a successful career in hi-tech, including founding a webinar marketing agency. He has been fortunate enough to fulfill his musical and entertainment passions by offering his varied and unique popular seminars fourteen times to members of the Sacramento Renaissance Society at Cal State University Sacramento and to numerous OLLI organizations across the country.

[Online Film Discussion](#)

Subject Area: Arts/Culture

Thursdays: 12 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 1 **Class Size:**
300

Course Description

Each week we’ll watch a favorite movie available on Netflix or Prime. I’ll choose and present the first film. In the eleven weeks that follow, class members will have an opportunity to choose and present a favorite old film or a new film of interest. The presenter should have seen their suggested film.

The class will vote on which film to watch for the following week. If no one volunteers, I will choose the film to discuss and may or may not introduce the film. If there are more than 6 suggested films, I’ll decide which to include. Those not chosen can be resubmitted. Class members are welcome to

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attend the discussion whether they have seen the film. This is a chance to revisit old favorites or share new ones. There may be a charge to watch some of the films.

Instructor: Trudy Hill

Trudy Hill has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

Wisdom in the Real World

Subject Area: History/Current Events, Science/Math/Technology, Social Sciences

Thursdays: 12 Sessions 1:00 PM - 2:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

Wisdom in the Real World is an opportunity to discover generational similarities and differences as they relate to issues affecting our society. OLLI learners will be joined by University of Arizona undergraduate students, coming together to discuss current societal issues, learn from the other's perspective, and collaborate to design generational friendly solutions. This will be supported through a wisdom framework. Theoretically, wisdom is a concept until it is put into action. Action puts wisdom to work, and can be operationalized using 3 components:

Reflectivity - Thoughts, values, understanding about life experiences through self-awareness.

Cognitive Process - Using practical knowledge, good judgment, reasoning, and experience to address some issue/situation.

Compassion - Having compassion/empathy for others and being able to see situations through another's perspective.

Students will be assigned to small groups to create and develop novel solutions to today's most pressing issues that affect all generations (e.g. climate change, healthcare, economics, discrimination, AI, etc.). At the end of the course, each group will have the opportunity to present their solution at a forum in the Arizona Psychology department.

*Please Note:

Attendance of all or most of the classes is preferred as you will be meeting in groups with your U of A undergrad classmates.

This class is a small pilot study looking at the efficacy of intergenerational collaborative learning. You will be asked to participate in an informal study that is optional (not a requirement of the class).

Instructor: Trish Chilton

Trish Chilton is a graduate student in the Psychology Department at the University of Arizona. She has a background in Gerontology, and specifically is part of the Social Psychology track with a minor in Neuropsychology. Trish's research interests include aging and wellbeing, wisdom, and intergenerational relationships. She is originally from North Carolina, and is the mother of four children ages 16-28.

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[Dream Group Class](#)

Subject Area: Social Sciences

Thursdays: 12 Sessions 3:00 PM - 4:30 PM

Start: Thu 1/30/25 **End:** Thu 4/17/25

Location: Online Zoom Offering 1 **Class Size:** 20

Course Description

Learn how to access the valuable information in your dreams! Attendees share texts of their nighttime dreams and are invited to contribute their associations and insights on others' dreams. Various techniques of interpretation will be demonstrated, such as "If it were my dream." The group format opens multiple perspectives and layers of meaning. "Aha's" of recognition follow as we unpack the dream. In this process we learn to listen to our intuition, increase compassion for others, discover deeper aspects of ourselves and receive guidance.

Instructor: Helen Landerman

Dr. Landerman has been curious about the meaning of her dreams and writing them down for decades. She has continuously participated in dream groups and facilitates dream groups. Because dreams speak a language of visual symbols, her Harvard Ph.D. in Romance Languages and Literatures has enabled her fascination with metaphors and archetypes. She has 15 years of experience teaching at the college level. She is certified by Jeremy Taylor's Marin Institute for Projective Dream Work and is a long-time member of the International Association for the Study of Dreams and of the Southern Arizona Friends of Jung.

[Judicial Supremacy and the Supreme Court](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events, Social Sciences

Thursdays: 3 Sessions 3:00 PM - 4:30 PM

Start: Thu 2/6/25 **End:** Thu 2/20/25

Location: Online Zoom Offering 2 **Class Size:** 300

Course Description

In 1803 the appointed US Supreme Court justices claimed the power to make judgements binding elected officials based on judicial review, and their authority to apply constitutional mandates as the supreme law of the land. The current challenges to judicial activist policy making by the court and proposed reforms are only the latest of many such power struggles between the court, Congress, the President and the states. University of Cincinnati Professor emeritus Howard Tolley will provide a historical overview of how those struggles have evolved as the balance of power has shifted.

Instructor: Howard Tolley

Prior to retirement in 2011, Howard Tolley served as a Professor of Political Science and Adjunct Professor of Law at the University of Cincinnati where for 27 years he taught undergraduate and graduate public law courses on the U.S. legal system, Supreme Court, civil liberties, and international human rights. As a professional neutral, he also served as a labor law fact finder and arbitrator. He offers Supreme Court classes for OLLI in Ohio, Florida, Oklahoma, and Arizona where he spends the winter.

[The Great Life](#)

Subject Area: DIY/Self-Help

Thursdays: 2 Sessions 3:00 PM - 4:30 PM

Start: Thu 2/27/25 **End:** Thu 3/6/25

Location: Online Zoom Offering 2 **Class Size:** 30

Course Description

What does it mean to live a great life? We will explore this question in great detail during our two-part seminar discussion. Besides learning from one another, we will also look at the research findings of Dr. Shamas. Please be ready to participate in a seminar-style discussion.

The qualities we expect from all participants are openness to ideas, courtesy, respect, and humility. Please also be open to the moderator's feedback, which may include time limits on individual comments to keep the discussion on-track and allow everyone a chance to share their ideas, observations and impressions.

Instructor: Victor Shamas

Victor Shamas, PhD is a retired University of Arizona psychologist, lecturer, retreat facilitator, and author of four books: *Deep Creativity*, *The Way of Play*, *The Chanter's Guide*, and *Repose: The Potent Pause*. His research is featured in the TEDx talk, "The Art of Creative Inspiration." Besides being the co-founder and director of two non-profit groups, Global Chant and PlayHaven, Victor has produced over 250 videos (e.g. "The Beatles: Six Creative Secrets Revealed in Get Back") and writes a blog on topics related to creativity and inspiration. He is the proud and loving husband of Maria Shamas.

Fridays

[Intellectual and Cultural History of the West Part 2](#)

Subject Area: Arts/Culture, History/Current Events, Philosophy/Spirituality/Religion

Fridays: 12 Sessions 9:00 AM - 10:30 AM

Start: Fri 1/31/25 **End:** Fri 4/18/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This is part of a 4-part course on the intellectual and cultural history of the West. This part covers the period from the fall of the Roman Empire to the Reformation or what is roughly called the Middle Ages. We will look at thinkers from Boethius and St Augustine through St Thomas and Luther, and how the ideas of this period shaped future modern Western thought. This is a critical period for the West, which came close to losing a distinct identity, and was sustained by unique intellectual and cultural trends such as Christianity and the Church, chivalry, monasticism, Roman ideals of self-governing and the preservation of Greek culture.

Instructor: Robert MacArthur

Robert Macarthur worked for 32 years at UA in the College of Agriculture as an IT guy. He has a PhD in Cultural and Intellectual History from UA.

[Christian Group Contemplative Practice](#)

Subject Area: Philosophy/Spirituality/Religion

Fridays: 5 Sessions 11:00 AM - 12:30 PM **Start:** Fri 1/31/25 **End:** Fri 3/28/25 - **Class meets every other week**

Location: Online Zoom Offering 2 **Class Size:** 10

Course Description

This class will offer the opportunity for participants to learn about and, more importantly, experience the basics of Christian contemplation in a small group setting. Through the rhythm of sharing, listening, and silence, group members will deepen their awareness of the Divine Presence in themselves, one another, and the world.

People of all Christian traditions and spiritual orientations are welcome! This class is not an attempt to proselytize nor push a particular spiritual agenda, but rather to allow each person to cultivate their personal relationship with God as they alone understand the God to be.

Everyone's spiritual journey is sacred and personal. Respect and compassion for each person's dignity, freedom, and spiritual orientation is essential.

Instructor: Al Dell'Angelo

Al is a retired school counselor with graduate degrees in counseling and theology. His lifelong interests include guitar, music, photography, film, computers and spirituality. Al is a fan of Teilhard de Chardin, S.J., Bob Dylan, The Beatles, progressive rock, jazz, Ansel Adams, Quentin Tarantino, Jerry Seinfeld, Thomas Merton and Steven Colbert to name a few. He has attended over 200 rock/folk/jazz concerts. Spiritually eclectic, Al describes himself as a Catholic/Taoist/Quaker and is pursuing a graduate certificate in Spiritual

Direction. He is a lifelong resident of Pennsylvania in suburban Philadelphia.

[Gentle Energizing Movement and Relaxation](#)

Subject Area: Health/Wellness, Philosophy/Spirituality/Religion

Fridays: 6 Sessions 11:00 AM - 12:30 PM **Start:** Fri 1/31/25 **End:** Fri 3/7/25

Location: Online Zoom Offering 3 **Class Size:** 300

Course Description

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

Instructor: Randall Krause

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an

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Experienced Yoga Teacher and a Continuing Yoga Education Provider.

[News and Views with Sherry and Doug](#)

Subject Area: Civic

Engagement/Community/Government,
History/Current Events

Fridays: 12 Sessions 11:00 AM - 12:30 PM

Start: Fri 1/31/25 **End:** Fri 4/18/25

Location: Online Zoom Offering 1 **Class Size:**
300

Course Description

Every week we pick and vote on topics to discuss. We like to discuss news from many different angles. So all civil opinions/views are welcome.

News and Views Guidelines:

- 1 - We begin the class by soliciting topics from the students for possible discussion. Sometimes topics can be combined.
- 2 - A list of all of the topics is created in order of suggestion.
- 3 - A vote is taken for each suggested topic. Students can vote for as many topics as they wish to discuss.
- 4 - The voting results will be immediately shown.
- 5 - Topics are discussed by vote total (most to least) and in the event of a tie, either in order of suggestion or by SGL or group decision.
- 6 - The person who suggested a topic will be given 1-2 minutes to present their topic, either in advance of the vote if the topic is not clear, or when the topic is up for discussion.
- 7 - Important: We ask that everyone please keep your comments succinct - less than three minutes. Don't ramble and please refrain from repeating

yourself or others. We want everyone to be able to speak.

8 - Everyone will get a chance to speak before someone is called on again for a given topic.

Instructors: Sherry Goncharsky, Doug Syme

Sherry Goncharsky worked at IBM as a programmer and systems engineer after studying computer science at the University of Illinois. As a retirement job, she spent time “teaching computers to behave for their owners.” Soon after joining OLLI, the pandemic hit and she became an active part of the tech hosting community and is also part of the AV Committee. Her hobbies include reading and crocheting.

Doug Syme was born and raised in Dublin. He graduated 1972 in Mechanical Engineering from Trinity College, Dublin University. He was recruited in 1983 to establish manufacturing of a Weighing and Batching System in New Jersey after the system was bought from the company for which he was working in Ireland. He is a Naturalized Citizen of the United States. Doug lived and worked in NJ for 8 years, and lived in PA for 25 years. He worked in small firm providing Equipment and Services to Commercial Swimming Pools. Doug retired in 2016 and moved to Green Valley. He has served on the board of Esperanza Estates HOA. He is a World Rugby Licensed Educator and teaches Rugby Refereeing. He volunteers with Sahuarita Food Bank. He also enjoys Choral Singing and participates in a number of Choirs in the area. He is an active student and Tech Host with OLLI.

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[Archaeology in Sabino Canyon, Saguaro National Park and Ironwood Forest National Monument](#)

Subject Area: Arizona History/Culture, Social Sciences

Fridays: 3 Sessions 3:00 PM - 4:30 PM **Start:** Fri 1/31/25 **End:** Fri 2/14/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

This class provides a brief overview of the archaeology of Arizona, then focuses on illustration and discussion of some of the many archaeological resources in four of southern Arizona's gem regions: Sabino Canyon, Saguaro National Park's East and West units, and Ironwood Forest National Monument.

Instructor: Allen Dart

Al Dart, an OLLI study group leader since 2012, is the volunteer executive director of Tucson's nonprofit Old Pueblo Archaeology Center. He worked as a professional archaeologist in Arizona and New Mexico since 1975 for federal and state governments, private companies, and nonprofit organizations. Al has received awards from Arizona Humanities (Outstanding Supporter), the Arizona Archaeological Society (Professional Archaeologist of the Year), the Arizona Archaeological and Historical Society (Victor R. Stoner Award), the Arizona Governor's Archaeology Advisory Commission (Award in Public Archaeology), and other honors for his efforts to bring archaeology and history to the public.

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[Colors of Your Rainbow](#)

Subject Area: Arts/Culture

Fridays: Single Session 3:00 PM - 4:30 PM

Start: Fri 1/31/25 **End:** Fri 1/31/25

Location: Online Zoom Offering 2 **Class Size:** 70

Course Description

Ever wonder about the effect different colors have on people? Let's get together for one session to discuss all of the colors in our world and how they affect us, reflect our emotions, and drive our daily adventures. I invite members with vivid imaginations to join me as we slide down our individual rainbows to discover what we all have in common.

Instructor: Frankie Harris

Frankie is a retired teacher from South Carolina. She joined the University of Arizona's OLLI program when Covid caused her local OLLI at Coastal Carolina University in Conway, South Carolina to close. She has been an active member from the very beginning of her enrollment. She has taken numerous classes and she's even led several SIGs. The wide variety of classes offered, and the warm, welcoming people that she has met are what keeps her returning each year.

[Astronomy/Geosciences](#)

Subject Area: Science/Math/Technology

Fridays: 6 Sessions 1:00 PM - 2:30 PM **Start:** Fri 2/7/25 **End:** Fri 3/14/25

Location: Online Zoom Offering 1 **Class Size:** 300

Course Description

Our exploration of the Earth, Solar System, and Universe continues. This semester we will continue our feature 'Navigating the Night Sky' using the 21

brightest stars, with an in-depth look at the constellations where they are located. We will look at various types of Supernovae, and also analyze Gamma Ray Bursts. In Geosciences we examine Sand Dunes, on Earth and across our Solar System. As always, we will discuss on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. And of course there will be 'Geo-feature of the Week', 'What's for Launch?', and 'Books of the Week.' Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class is neither a prerequisite nor necessary to understand and enjoy this class.

Instructor: Guy Jette

Guy retired from the U.S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics. He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent guest speaker at the University of Hawaii Institute for Astronomy on Maui.

Banned Book Club

Subject Area: Literature/Writing/Language

Fridays: 3 Sessions 3:00 PM - 4:30 PM **Start:** Fri 2/21/25 **End:** Fri 3/7/25

Location: Online Zoom Offering 1 **Class Size:** 70
Additional Costs: Possible cost of the book.

Course Description

Once again, I would enjoy discussing a book that has been banned from public schools and libraries. This would be the fourth meeting of the Banned Book Club. The book for discussion this session will be *Out of Darkness* by Ashley Hope Pérez. It is a historical fiction for young adults set in 1937 Texas. Since the book is divided into three sections, we'll meet for three classes. Members would be encouraged to purchase the book in order to engage in lively discussions of the various themes presented by me.

Instructor: Frankie Harris

Frankie is a retired teacher from South Carolina. She joined the University of Arizona's OLLI program when Covid caused her local OLLI at Coastal Carolina University in Conway, South Carolina to close. She has been an active member from the very beginning of her enrollment. She has taken numerous classes and she's even led several SIGs. The wide variety of classes offered, and the warm, welcoming people that she has met are what keeps her returning each year.

Shared Online Classes

Mondays

[History of Sculpture: Part 2](#)

Subject Area: Arts/Culture

Mondays: 5 Sessions 9:15 AM - 10:45 AM

Start: Mon 1/13/25 **End:** Mon 2/10/25 - **Shared From OLLI at Rochester Institute of Technology**

Location: Online Zoom Offering **Class Size:** 300

Course Description

This class will begin with the High Renaissance sculpture, Baroque, Classical all the way through Modern and Contemporary Sculpture. We will consider why sculpture was made, its purpose, and who paid for it, as well as the influence of culture on this important evolution. Participation in Part 1 of this course (Fall 2024) is not a pre-requisite.

Audio/Visual, Lecture

Instructor: Nancy McAfee

Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director including 10 years teaching AP Art History. She has an AB from Cornell and an MA in art history from Case Western Reserve University.

Tuesdays

[Let's Keep Knitting](#)

Subject Area: Crafts/Cooking

Tuesdays: 10 Sessions 4:00 PM - 5:30 PM

Start: Tue 1/7/25 **End:** Tue 3/11/25 - **Shared from OLLI at Chico State CA**

Location: Online Zoom Offering **Class Size:** 300

Course Description

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 3:00 PM Arizona time.

Instructor: Gale Ulvang

Gale Ulvang, a lifelong knitter, has made a hobby out of collecting odd bits of information and techniques she can use to improve her knitting projects. She promotes using internet resources to find patterns and expand skills and loves sharing that knowledge with others. She learned the Fibonacci sequence as a scheme for striping in hats and scarves and was inspired to learn more about how it can improve artistic composition.

[Franz Schubert: The Last Two Years](#)

Subject Area: Arts/Culture

Tuesdays: 10 Sessions 7:30 AM - 9:00 AM

Start: Tue 1/14/25 **End:** Tue 3/18/25 - Shared
From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering **Class Size:** 300

Course Description

[NEW COURSE] When Franz Schubert died at age 31 he had completed well over 1,000 works. But very few of his instrumental compositions had received even a single performance during his lifetime. Many were only discovered decades after his death. This class looks primarily at music he wrote in his last two years. This is one of the greatest bodies of work written over a similar interval by any composer, even though his health was rapidly failing. We will watch and discuss videos of solo piano works, trios, a quartet, a quintet, symphonies, choral music, and some of his last songs. Course Website:

thoughtlab.photography. Audio/Visual, Lecture

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 6:30 AM Arizona time.

Instructor: Richard Mallory

Richard Mallory has been an Osher at RIT member since 2012 and has led 31 previous courses on a variety of subjects.

[The US and the Middle East: 1914 to September 11, 2001](#)

Subject Area: History/Current Events

Tuesdays: 10 Sessions 7:30 AM - 9:00 AM

Start: Tue 1/14/25 **End:** Tue 3/18/25 - Shared
From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering **Class Size:** 300

Course Description

This course will examine, chronologically, the economic, political, social, and cultural aspects of the US relations with the nations of the Middle East since 1914. US interests in the Middle East prior to WWI were missionary, educational, and commercial. The US became directly involved in the Middle East after WWII when the region became the most strategically important area in the world. We will discuss Truman and the creation of Israel; Arab nationalism; the energy crisis of the 1970s; the First Palestinian Intifada; the Gulf War; and Osama bin Laden, 9/11, and its aftermath. Audio/Visual, Discussion, Lecture

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 6:30 AM Arizona time.

Instructor: Marie Levin

Marie Levin had a career in clinical laboratory science. She has led history courses at Osher at RIT for 20 years including the history of Mesopotamia, Egypt, Russia, India, Rome, and Greece.

[The Adirondacks: New York's Great Wilderness Park](#)

Subject Area: History/Current Events,
Science/Math/Technology

Tuesdays: 10 Sessions 9:15 AM - 10:45 AM
Start: Tue 1/14/25 **End:** Tue 3/18/25 - **Shared**
From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering **Class Size:** 300

Course Description

The largest park in the nation outside of Alaska is the Adirondack Park in New York which is comprised of 6 million acres (9,375 square miles—the size of Vermont), nearly half of which is protected by state constitution to remain “forever wild” forest preserve. Although the mountains are formed from ancient rocks more than 1 billion years old, geologically, the mountains are relatively young and were created during recent periods of glaciation. We'll discuss the park's long geologic history and its fascinating culture and past including the conflicts that led to its creation. Discussion, Lecture

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 8:15 AM Arizona time.

Instructor: Timothy McDonnell

Tim McDonnell has been a proud OLLI at RIT member since 2005, and he has led many courses during this time. Tim is the Coordinator of the NY Geographic Alliance, and at Osher, he serves as the chair of the Summer Seminar Committee.

Wednesdays

[The Future of Health, Medicine, and Biotechnology: Part 6](#)

Subject Area: Science/Math/Technology

Wednesdays: 10 Sessions 11:30 AM - 1:00 PM
Start: Wed 1/15/25 **End:** Wed 3/19/25 - **Shared**
From OLLI at Rochester Institute of Technology

Location: Online Zoom Offering **Class Size:** 300

Course Description

We will continue to explore the new developments in medicine and biotechnology and how they impact our health and well being. Participation in previous parts of this course is not a pre-requisite. Audio/Visual, Discussion, Lecture

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 10:30 AM Arizona time.

Instructor: Alex Marcus

Alex Marcus is a retired physician who has been leading courses at Osher at RIT for over 20 years on subjects relating to medicine and neuroscience. He has training and experience in internal medicine, neurology, and psychiatry.

[Australian Art 1770-1960: Some Topics](#)

Subject Area: Arts/Culture, History/Current Events

Wednesdays: 4 Sessions 11:00 AM - 12:30 PM
Start: Wed 2/19/25 **End:** Wed 3/12/25 - **Shared from OLLI at Chico State CA**

Location: Online Zoom Offering **Class Size:** 300

Course Description

We will look at the Australian continent's artistic history since its colonization by the British in 1788. Topics include expeditionary artists, Australian Impressionism, women artists 1880-1960, Australian and Californian aesthetic connections, Australian photography, and what Robert Hughes called "the last great art movement of the 20th century": Aboriginal art.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 10:00 AM Arizona time.

Instructor: Erika Esau

Erika Esau was born and raised in California, but lived and worked in Australia and Europe as well. She received a PhD in art history from Bryn Mawr College, Pennsylvania. She taught modern art history at Lawrence University in Wisconsin and at the Australian National University, Canberra, Australia. She also worked at the Los Angeles County Museum of Art as a librarian in the Rifkind Collection of German Expressionist Studies. She is the author of books and articles on Californian, Australian, and German art.

[Chico State Faculty Lecture Series](#)

Subject Area: History/Current Events, Literature/Writing/Language, Philosophy/Spirituality/Religion, Science/Math/Technology, Social Sciences

Wednesdays: 6 Sessions 2:00 PM - 3:30 PM
Start: Wed 2/5/25 **End:** Wed 3/12/25 - **Shared from OLLI at Chico State CA**

Location: Online Zoom Offering **Class Size:** 300

Course Description

Chico State's tradition of academic excellence goes back more than 130 years. With over 850 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in their backyard!

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 1:00 PM Arizona time.

Instructor: Sandra Flake

Sandra Flake retired from the English Department at Chico State, where she enjoyed teaching general education courses "American Indian Literature" and "Literature for Life" for several years, following a long career in academic administration (provost at Chico State and the University of West Florida, academic dean at the University of Northern Colorado and the University of Wisconsin-La Crosse). She earned her doctorate in English, with a focus on fiction, at the University of Wisconsin-Milwaukee and taught literature and composition there and, subsequently, at the University of Minnesota, where she also directed a learning center.

Five Spanish Artists

Subject Area: Arts/Culture

Wednesdays: 5 Sessions 2:00 PM - 3:30 PM

Start: Wed 2/12/25 **End:** Wed 3/12/25 - Shared
from OLLI at Chico State CA

Location: Online Zoom Offering **Class Size:** 300

Course Description

Through lectures, videos, and discussions, we will consider five Spanish artists – Velázquez, Goya, Sorolla, Picasso, and Dalí – who had major impacts on the movements of realism, impressionism, cubism, and surrealism. Participants will receive emails with something to read, something to watch, and a discussion preparation exercise in advance of each class meeting.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 1:00 PM Arizona time.

Instructor: Dolores Mitchell

Dolores Mitchell received a BA in studio art and a PhD in art history from UCLA in 1970 and taught "Renaissance to 20th Century Art History" at Chico State for 30 years. She co-founded Chico's Avenue 9 Gallery, where she exhibited her art until the gallery closed in 2015. Dolores now focuses her energies on painting.

Imprisoned Without Trial: Japanese Incarceration in WWII

Subject Area: History/Current Events

Wednesdays: 2 Sessions 10:30 AM - 12:00 PM

Start: Wed 4/16/25 **End:** Wed 4/23/25 - Shared
From OLLI at Arizona State University

Location: Online Zoom Offering **Class Size:** 300

Course Description

This course covers the history of Japanese incarceration during WWII, discussing how anti-Asian sentiment led to imprisonment and how such events can inform current societal issues.

Instructor: Denny Kato

Born and raised in Cincinnati, Ohio, Denny Kato is third generation Japanese American, or Sansei. He graduated from Walnut Hills High School, received a BA from the University of Cincinnati in 1971, and served in the US Army as a 1LT in military intelligence. After retirement from restaurant management, what started out for Denny as curiosity about his family history, grew into thoroughly researching how people of Japanese descent were forced from their homes during World War II and placed in internment camps.

Thursdays

[By Hook or By Crook: True Stories of Disabled Pirates](#)

Subject Area: History/Current Events

Thursdays: 2 Sessions 10:30 AM - 12:00 PM

Start: Thu 4/17/25 **End:** Thu 4/24/25 - **Shared From OLLI at Arizona State University**

Location: Online Zoom Offering **Class Size:** 300

Course Description

Dr. Powell explores the realities of disability among pirates during the Golden Age, including historical attitudes toward disability.

Instructor: Dr. Manushag Powell

Manushag “Nush” Powell, a literary historian and public scholar most recently at Purdue University, is a professor and chair of the Department of English. Powell studies 18th-century British literature and culture, including publishing, women’s periodicals and piracy narratives. She is author or editor of four books and of the Wondrium “The Real History of Pirates” course. Her essay on pirates and hook prosthetics recently appeared in the Digital Defoe journal.

Fridays

[Gun Wars: History and Policy of Gun Control and Gun Violence in America](#)

Subject Area: Civic

Engagement/Community/Government, History/Current Events

Fridays: 3 Sessions 1:00 PM - 2:30 PM **Start:** Fri 1/17/25 **End:** Fri 1/31/25 - **Shared From OLLI at Arizona State University**

Location: Online Zoom Offering **Class Size:** 300

Course Description

This three-lecture series explores America’s relationship with guns and gun violence from colonial times to the present. Topics include the rise of a uniquely American gun culture, the influence of the gun lobby, and the social and political challenges surrounding gun accessibility and crime statistics, with international comparisons.

Instructor: Dr. Jared Day

Jared Day, PhD, received his doctorate in History from Carnegie Mellon University in 1995. He has taught US and World History classes there for 16 years. He currently teaches at Three Rivers Community College in Norwich, CT and has taught for the Osher Program at University of Pittsburgh since 2008.

Field Trips

Mondays

[Field Trip to Tumacacori National Historic Park](#)

Subject Area: Arizona History/Culture

Mondays: Single Session 10:00 AM - 12:00 PM

Start: Mon 2/10/25 **End:** Mon 2/10/25

Location: Tumacacori Visitor Center **Class**

Size: 12 **Additional Costs:** The cost of entrance fee and tour is \$50 per person.

Course Description

Tumacacori National Historical Park features abandoned ruins of three ancient Spanish colonial missions on 45 acres. It is off of I-19 and is in Tubac. The mission San Jose de Tumacacori first was listed in 1691 as an outlying vista by Father Kino and is one the oldest in Arizona. Tumacacori contributed a herd of cattle to the Anza expedition and Father Font, a member of Anza's colony, stayed here while Anza marshaled his forces at Tubac. The park protects a very special place in southern AZ for understanding the state's vibrant and cultural landscapes. Tumacacori Mission private tour will be led by an individual who was a former park ranger and has worked in historic preservation and public interpretation. Additional registration, waivers and payment must be made to Borderlandia. <https://www.borderlandia.org> in Tumacacori. Borderlandia is a binational organization committed to building public understanding of the borderlands. Park in the long parking lot directly in front of the park along Frontage Road. We will also gather for lunch in Tubac after the tour, and details will be emailed to confirmed registrants.

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The cost of entrance fee and tour is \$50 per person.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

[A Historical Tour of a Tucson Gem: The Fox Theatre](#)

Subject Area: Arizona History/Culture, Arts/Culture, History/Current Events

Mondays: Single Session 10:00 AM - 12:00 PM

Start: Mon 3/17/25 **End:** Mon 3/17/25

Location: Fox Tucson Theatre **Class Size:** 20

Additional Costs: Donation (\$5-\$20) to sustain Fox education programming like this.

Course Description

Get up close and personal with Tucson's Crown Jewel—the stunning, highly unique, Southwestern Art Deco Fox Theatre. Whether in lounges or lobbies, the stage or dressing rooms, each space opens an experiential window into history. We'll explore Tucson's past, spectacular feats of construction and restoration, the history of showbiz in the US, and the marvels of a top-notch working theatre. You'll learn about the remarkable Mighty Wurlitzer Theatre Organ that has been restored to the Fox, and you may even meet a resident ghost or two... The Fox is a nonprofit theatre, and we ask for a small donation (\$5-\$20) from attendees to help support its education and outreach work. Also, please note that the Fox is a historic building and unfortunately does not have elevators. So, this tour will involve traversing many stairs.

Instructor: Jordan Wiley-Hill

Jordan Wiley-Hill is a professional storyteller, educator, and program developer. He manages the

education and outreach activities for the historic Fox Tucson Theatre. A dynamic presenter, he draws heavily on his background in performance art and education, alongside a deep passion for the topics he shares.

Tuesdays

[Field Trip to Seven Cups Fine Chinese Teas and Teahouse](#)

Subject Area: Arts/Culture, Crafts/Cooking

Tuesdays: Single Session 9:15 AM - 11:00 AM

Start: Tue 1/21/25 **End:** Tue 1/21/25

Location: Seven Cups Tea House **Class Size:** 13

Additional Costs: Cover charge of \$18 plus tax and gratuity. Cost of dried teas are extra.

Course Description

Seven Cups Teahouse, an authentic traditional Chinese tea house, was established in 2004. Taste of China, their tea tasting event, will treat your senses. Owner, Zhuping Hodge presents a unique selection of high-quality teas featuring different tea origins and processing methods. You'll get an opportunity to ask questions, taste and purchase packaged loose-leaf Chinese teas: green, wulong, white, black, puer, yellow, scented, and caffeine-free herbal teas as well as Chinese teaware and accessories (glass, porcelain, yixing clay, ceramic, and wood). In addition, after the group tea tasting, you may want to sit down with three friends and explore the many types of loose-leaf Chinese teas, which can be served either hot or iced (one pot per person) with light snacks. Price varies depending on choice of tidbits. There is free parking adjacent to the building. Cover charge of \$18.00 plus tax and gratuity. Cost of dried teas are extra.

Instructor: Ann Tai

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Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

[Sonoran Desert Stroll](#)

Subject Area: Arizona History/Culture, Health/Wellness, Science/Math/Technology

Tuesdays: Single Session 9:00 AM - 11:00 AM

Start: Tue 3/11/25 **End:** Tue 3/11/25

Location: Feliz Paseos Park **Class Size:** 30

Course Description

Join a Pima County Conservation Lands and Resources naturalist for a guided walk in Feliz Paseos Park.

Explore the paved and natural surface, Americans with Disabilities Act (ADA) accessible trails of Feliz Paseos Park on the eastern edge of the Tucson Mountains. This casual nature walk for all abilities is especially good for introducing the mysteries of the Sonoran Desert. Distances will vary based on interest and ability.

For more information:

<https://www.pima.gov/1238/Feliz-Paseos-Park>

Directions: Feliz Paseos Park, 1600 N. Camino de Oeste 85745

From Tucson, take Speedway Blvd west. At the intersection with Silverbell Road, Speedway Blvd becomes Gates Pass Road. Continue west on Gates Pass Road for about 3.5 miles to Camino de Oeste. Turn right, north, on Camino de Oeste; the park entrance is well marked on the right. Groups meet at the main ramada by the parking lot. There are restrooms and water at this park.

Instructor: Jared Suydam

Jared is the Environmental Education Program Coordinator with Pima County Conservation Lands

and Resources. He specializes in the natural and cultural history of the Sonoran Desert bioregion with particular emphasis on the political and social ecology of the Arizona borderlands. With over a decade exploring the Sonoran Desert, he loves sharing with and guiding desert dwellers and visitors alike, using place-based and experiential education methods, through the unique and often misunderstood features of Sonoran Desert biogeography.

Wednesdays

[On Stage Aida Opera Encore Presentation at Cinemark Cinema](#)

Subject Area: Arts/Culture

Wednesdays: Single Session 1:00 PM - 5:00 PM

Start: Wed 1/29/25 **End:** Wed 1/29/25

Location: Park Place Cinemark **Class Size:** 11

Additional Costs: Senior online tickets cost \$25.

Course Description

We will meet at Cinemark Century Park Place Cinema on Broadway to watch the opera, Aida. This encore cinema transmission is part of the New York Metropolitan Opera's award-winning Live in HD series; bringing opera to movie theaters across the globe. English text captioning is available. Aida is a tragic opera in four acts by Giuseppe Verdi. Soprano Angel Blue makes her long-awaited Met role debut as the Ethiopian princess torn between love and country. Music Director Yannick Nézet-Séguin takes the podium for Michael Mayer's spectacular new staging, which brings audiences inside the towering pyramids and gilded tombs of ancient Egypt with intricate projections and dazzling animations. Here's

the link to the opera's Synopsis:

<https://www.metopera.org/discover/synopses/aida>

Don't miss the chance to experience thrilling, streamed opera with special cast interviews, and behind-the-scenes features from the comfort of a reclining seat, stadium seating, high-definition video, and popcorn. Order tickets online <https://www.cinemark.com/movies/the-metropolitan-opera-aida-2025-encore> or on the day of this encore presentation at the cinema. Senior online tickets cost \$25. Ann Tai's seat number is F8. Run time is 3 hours 40 minutes with an intermission.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

Thursdays

[Tour of Fire Central Downtown](#)

Subject Area: Arizona History/Culture, Civic Engagement/Community/Government, History/Current Events

Thursdays: Single Session 3:00 PM - 5:00 PM

Start: Thu 2/13/25 **End:** Thu 2/13/25

Location: Tucson Fire Department Headquarters **Class Size:** 30

Course Description

Part of Barrio Viejo was lost when the convention center was built. Let's walk around the downtown fire station and talk about the how Fire Central was built with the neighbors. When we finish the outside walk we can tour the inside museum, office, and working fire station.

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OLLI-UA Spring 2025 – Field Trips

Instructor: Jim Critchley

Jim has spent over 40 years in prehospital Emergency Service. His career began in 1982 and with Tucson Fire Department in 1988, and he left in 2018. The last 5 years he was Fire Chief of Pendleton, Oregon. Jim has an AAS from Pima, BS from ASU, and an MBA from the U of A. He was born in Douglas, AZ and has been in Tucson since 1962. He is married to Karen and has three adult children.

[A Journey into the Life, Art and Creativity of Ted DeGrazia](#)

Subject Area: Arts/Culture

Thursdays: Single Session 11:00 AM - 1:00 PM

Start: Thu 2/27/25 **End:** Thu 2/27/25

Location: DeGrazia Gallery in the Sun **Class**

Size: 20 **Additional Costs:** \$10 for museum entry

Course Description

Please join us on a journey into the life, artistry and beautiful native surroundings of Tucson's internationally known artist Ted DeGrazia. We will be guided on our journey by Lance Labor, the director of DeGrazia's Gallery in the Sun Museum. The museum showcases the colorful paintings, sculptures, textiles and creative imagination of this celebrated artist. The tour will include a 30-minute documentary about the artist and an hour's guided tour of the gallery. Guests may also tour the beautiful grounds and picnic tables are available if you would like to bring a bag lunch. Museum entry is \$10 per person. Additional directions will be sent to those participating in this tour.

Instructor: Sherry Weiss

Sherry earned her Bachelor of Arts in Education from the University of Arizona and taught high school theatre classes in a Tucson public and private school. Seeking another challenge, she returned to

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school and earned a master's in educational leadership and added administrative responsibilities to a part-time teaching position. Retiring after 30+ years in education, she became involved with a variety of volunteer opportunities. After eight years of retirement, she helped create and co-owned a successful culinary and cultural tour of downtown Tucson. Now retired, she enjoys family, golf, reading, traveling and taking a myriad of OLLI courses!

Fridays

[Field Trip to Richard Caris](#)

[Mirror Lab at the University of Arizona](#)

Subject Area: Science/Math/Technology

Fridays: Single Session 12:45 PM - 2:00 PM

Start: Fri 1/24/25 **End:** Fri 1/24/25

Location: Steward Observatory Building **Class**

Size: 14 **Additional Costs:** Cost of the tour is \$20.00 per person. Ann Tai has paid for tickets so she will need reimbursement of \$20 cash, per person, at the start of the tour.

Course Description

How do astronomers study galaxies far, far away? Telescopes, of course. In this tour we will learn how UA developed and use the latest technology to craft mirrors for these telescopes. Check-in is in the lobby of the Steward Observatory Building, (933 Cherry Ave., 85721 - Tucson, Arizona) 15 minutes prior to the start of your tour which is 12:45 PM. The tour is predominantly a standing and walking tour. Participants **MUST** be able to ascend and descend several flights of stairs and stand for periods of time. Participants must wear flat closed-toe shoes and may only bring ID, keys, and a cell phone to be

OLLI-UA Spring 2025 – Field Trips

placed in one's pocket. No bags of any kind are permitted on tour. Sneakers and comfortable attire are recommended. When you enter the Steward Observatory lobby from Cherry Ave, please note restrooms are on your right. Special Note: No bags or items that cannot fit in a pocket.

Parking (self-pay): Cherry Avenue Garage (closest) or South Stadium Garage, see UA Parking Map. Download the app Passport UA so you can conveniently pay by phone and exit without any delays or hassle. The app will ask you for the model of your car and License Plate #. The cost is \$3.00 per hour.

Cost of the tour is \$20.00 per person. Ann Tai has paid for tickets so she will need reimbursement of \$20 cash, per person, at the start of the tour.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 202

[Birding: Waterfowl and More at Reid Park](#)

Subject Area: Science/Math/Technology

Fridays: Single Session 8:00 AM - 10:00 AM

Start: Fri 1/31/25 **End:** Fri 1/31/25

Location: Reid Park **Class Size:** 30

Course Description

Join OLLI friends for some guided bird-watching! This single session field trip is to Reid Park, an easy-to-find birding “hotspot” in Tucson with free parking, smooth and level walking trails, two ponds, and a natural environment that attracts a variety of birds. Winter is an especially good time of year to see migrating ducks! Bring binoculars if you have them. Drive your own car, park for free by Ramada

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#7, and be there by 8:00 am sharp (they don't call them early birds for nothing). Wear sturdy flat shoes and a hat, and plan to walk around slowly for about 2 hours. Beginning birders welcome. If this Field Trip is oversubscribed, Laura will add a second session on Monday, February 3.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 20 years. Laura and her husband Bill go birding locally and wherever they travel and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding including sparrows, beginning birding, habitat, woodpeckers, hummingbirds, and birders' tech tools. She is a Pima County Master Naturalist and a volunteer field trip leader for OLLI and for the Tucson Audubon Society.

[Birding Sweetwater Wetlands Park in the Spring](#)

Subject Area: Science/Math/Technology

Fridays: Single Session 8:00 AM - 10:00 AM

Start: Fri 2/21/25 **End:** Fri 2/21/25

Location: Sweetwater Wetlands Park **Class Size:** 30

Course Description

Join OLLI friends for some guided bird-watching! This single session field trip is to Sweetwater Wetlands Park, probably the “birdiest” place in Tucson! The park has free parking, mostly smooth and level packed dirt trails, and a mix of ponds, marshes, and desert upland areas that attract a variety of species. Bring binoculars if you have them. Drive your own car, park for free, and meet by the rest rooms at 8:00 am sharp (they don't call them early birds for nothing). Wear sturdy flat shoes and a hat, and plan to walk around slowly for about 2 hours. Beginning birders welcome. If this Field

OLLI-UA Spring 2025 – Field Trips

Trip is oversubscribed, Laura will add a second session on Monday, February 24.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 20 years. Laura and her husband Bill go birding locally and wherever they travel and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding including sparrows, beginning birding, habitat, woodpeckers, hummingbirds, and birders' tech tools. She is a Pima County Master Naturalist and a volunteer field trip leader for OLLI and for the Tucson Audubon Society.

[Birding With the Merlin Bird ID App: Fort Lowell Park](#)

Subject Area: Science/Math/Technology

Fridays: Single Session 8:00 AM - 10:00 AM

Start: Fri 3/7/25 **End:** Fri 3/7/25

Location: Fort Lowell Park **Class Size:** 30

Course Description

Join OLLI friends for some guided bird-watching while you learn the Merlin app! This single session field trip is to Fort Lowell Park, an easy-to-find birding “hotspot” in Tucson with free parking, smooth and level walking trails, a pond, and habitats that attract a variety of birds. Before the outing you'll get instructions for downloading Merlin Bird ID, a terrific free phone app. While we are birding, you'll learn, ask questions, and practice using the app's features. Bring binoculars if you have them and charge up your phone before the outing. Drive your own car and be there by 8:00 am sharp (they don't call them early birds for nothing). Wear sturdy flat shoes and a hat, and plan to walk around slowly for about 2 hours. Beginning birders welcome. If this Field Trip is oversubscribed, Laura

will add a second session one week later, on Friday, March 14.

Instructor: Laura Couchman

Laura Couchman is a dedicated amateur birder, spotting and identifying birds for 20 years. Laura and her husband Bill go birding locally and wherever they travel and have lived in Tucson since 2014. Laura has been an SGL for previous OLLI classes about birds and birding including sparrows, beginning birding, habitat, woodpeckers, hummingbirds, and birders' tech tools. She is a Pima County Master Naturalist and a volunteer field trip leader for OLLI and for the Tucson Audubon Society.

[Field trip to Odaiko Sonora for Taiko Drumming](#)

Subject Area: Arts/Culture

Fridays: Single Session 10:00 AM - 11:30 AM

Start: Fri 3/7/25 **End:** Fri 3/7/25

Location: Rhythm Industry Performance Center (RiPFactory) **Class Size:** 18 **Additional Costs:** On the day of the event, bring \$20 in cash for entry and participation fee.

Course Description

Odaiko Sonora is Tucson's Taiko, or Japanese ensemble drumming group. Serving southern AZ since May 2002, Odaiko Sonora is dedicated to increasing familiarity with and understanding of taiko in our community. They serve 100,000 people each year through classes and master workshops, performances, school residencies, team building workshops and by producing concerts that include internationally acclaimed taiko artists. Their building is Rhythm Industry Performance Factory. We will tour the workshop, learn how drums are made and try pounding on some drums. Website: <https://tucsontaiko.org/about/>

Phone: 520.626.9039

Email: ollimail@arizona.edu

Website: olli.arizona.edu

OLLI-UA Spring 2025 – Field Trips

Video of Taiko drummers:

<https://youtu.be/vh6nbJ4X7dl>

Wear comfortable clothing and socks as we will be taking our street shoes off. Parking is available in a fenced lot off the building and on the street. On the day of the event, bring \$20 in cash for entry and participation fee.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

[Arts Express Theatre Production of Fiddler on the Roof](#)

Subject Area: Arts/Culture

Fridays: Single Session 7:00 PM - 9:30 PM

Start: Fri 3/14/25 **End:** Fri 3/14/25

Location: Arts Express Theatre **Class Size:** 10

Additional Costs: Members are responsible for the cost of their show ticket plus fees.

Course Description

With over 39 years of service in Southern Arizona, Arts Express Theatre of Tucson is dedicated to building a better community through the arts! Through arts education and musical theatre, programming is provided for people of all ages! The mission of Arts Express Theatre is to build character, strengthen community and celebrate culture through the power of Musical Theatre.

Fiddler on the Roof is an iconic, nine-time Tony Award-winning musical masterpiece that has captured hearts of audiences around the world for over 50 years! No other musical has so successfully woven music, dance, poignancy, and humor into such a truly unforgettable show. As Tevye, a poor

dairyman tries to hold onto traditions and his five daughters, he learns that life is "as shaky as a fiddler on the roof." Dream with "Matchmaker, Matchmaker;" laugh out loud with "If I Were a Rich Man," and tear up with "Sunrise, Sunset." Let's celebrate life together. L'Chaim!

Proscenium Reserved Table seating 2-4 people per table. Ann Tai's table is B8. Cash Bar. Purchase your own group discounted ticket using a link to be emailed later. Or, if you can't wait, go ahead and purchase your own ticket as soon as possible. For more information: www.arts-express.org

The theatre is in Park Place Mall, on Broadway between Craycroft and Wilmot. There is ample mall parking. Members are responsible for the cost of their show ticket plus fees. The link to the tickets will be emailed to you.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022

Sundays

[U of A Campus Arboretum Tour](#)

Subject Area: Arizona History/Culture, Science/Math/Technology

Sundays: Single Session 9:30 AM - 11:00 AM

Start: Sun 2/9/25 **End:** Sun 2/9/25

Location: Arizona Memorial Fountain, University of AZ (West of Old Main) **Class Size:** 11

Additional Costs: The tour is free. You will need to cover the cost of your meal at the optional lunch following the tour.

Course Description

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OLLI-UA Spring 2025 – Field Trips

The University of Arizona's beloved and iconic Old Main encapsulates the larger campus history of landscape evolution and innovation. Since the campus grounds have been used as a living laboratory, over time plant selection, design preferences, and landscape management practices have evolved increasingly toward a model of sustainability for urban deserts. Tours start at the University of Arizona Memorial Fountain, west of Old Main at 9:30 am and last 60-90 minutes.

Campus visitor parking (such as the one at Tyndall Garage) is available at a cost of \$2 per hour. Campus Visitor Parking is an eight-minute walk away. We meet at the garden west of Old Main.

IMPORTANT: You will be sent a separate link to register through the U of A. Optional Dutch treat lunch at a Main Gate Square restaurant. Details will be emailed.

Instructor: Ann Tai

Ann Tai is a volunteer on the Social Activities Committee and previously on the Membership and Outreach Committee 2020-2022. A transplant from Michigan, she has organized numerous Field Trips and OLLI Dines Out events since Fall 2022.

Special Interest Groups (SIGs)

What are Special Interest Groups?

Special Interest Groups (SIGs) are ongoing groups that meet and socialize regularly around a topic. It's easy to join, and you can do so at any time. You register just like you do for a class. There is a menu for special interest groups on the [Browse Classes](#) menu of the website, or you can register on the links below. Want to start a special interest group at OLLI? It can be online or in-person. Let us know your ideas: email us at ollimail@arizona.edu

In-Person SIGs

[Creative Fun](#)

One Saturday per Month: 10:00 AM - 2:00 PM

**Location: Central Tucson Campus and Online
OLLI-UA In-Person Special Interest Group for all members**

SIG Description

This Special Interest Group is designed to help our students learn/do/complete interesting creative projects while enjoying a social atmosphere. We are offering this class as a hybrid – online and in person. All OLLI-UA members, friends and family are welcome to join and experience the fun and creativity that OLLI can offer.

Our group will offer a variety of creative opportunities, including scrapbooking & card making, painting, needlework, beading, and much more in a casual, social setting. Bring your suggestions, unfinished projects to finish, learn new

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activities, and/or provide your knowledge to the group.

We have scheduled to meet at least one Saturday per month from 10am-2pm. We can order lunch to be delivered or bring your own.

We anticipate eventually doing a larger scale project, such as a quilt for donation to charity. The possibilities are endless! Future dates for group sessions vary and are determined by the group.

[Community Service Special Interest Group](#)

Location: Varies

OLLI-UA In-Person Special Interest Group for all members

SIG Description

This is an ongoing, self-managed offering; join at any time.

Group Lead: Connie Lowy

Volunteer in the Community

OLLI Programs have a long tradition of giving back to the communities they serve. Join this group if you are interested in being part of a team dedicated to various community service initiatives. It is a great way to meet fellow members and give back to the community we live in. If you're interested in volunteering, join this SIG today! New volunteer opportunities will be added as they become available. Past projects have included helping at the Tucson Community Food Bank and the Tucson Festival of Books.

Online SIGs

[Fun with Games](#)

Every Sunday: 3:00 PM - 4:00 PM

Location: Online Zoom Offering

OLLI-UA Online Special Interest Group for all members

SIG Description

What a great way to start your week! If you enjoy playing different games that will exercise your brain, as well as allow you to laugh and have fun with friends, please join your local members and members from other states each Sunday at 3 PM (Arizona time). I have a large collection of trivia and board games that I have adapted to use in the online zoom setting. All you need to bring each Sunday is a desire to have fun. If you are interested in joining in the fun, sign up today!

Spend an hour in the virtual lounge playing popular board games that have been adapted to online.

Two games will be played each session: one with teams competing and one with individual scoring.

Just show up: we provide the online games! This is a friendly competition with lots of fun & laughter to be shared!

Hosts: Frankie Harris & Susan Williams